



The City Bridge Trust Committee

Date: WEDNESDAY, 28 JANUARY 2015
Time: 1.45 pm
Venue: COMMITTEE ROOMS, 2ND FLOOR, WEST WING, GUILDHALL

Members: Jeremy Mayhew (Chairman)
Alderman Alison Gowman (Deputy Chairman)
Deputy Billy Dove
Deputy Ken Ayers
Simon Duckworth
Stuart Fraser
Marianne Fredericks
Deputy Stanley Ginsburg
Deputy the Revd Stephen Haines
Vivienne Littlechild
Edward Lord
Wendy Mead
Alderman Matthew Richardson
Ian Seaton
The Rt Hon the Lord Mayor, Alderman Alan Yarrow (Ex-Officio Member)

Enquiries: Philippa Sewell
tel. no.: 020 7332 1426
philippa.sewell@cityoflondon.gov.uk

Lunch will be served in the Guildhall Club at 1pm
NB: Part of this meeting could be the subject of audio video recording

John Barradell
Town Clerk and Chief Executive

AGENDA

- b) Katherine Low Settlement - Recommended Grant £99,000 (Pages 1 - 10)
- c) Kurdish & Middle Eastern Women's Organisation Ltd - Recommended Grant £67,400 (Pages 11 - 20)
- d) Bridge Renewal Trust - Recommended Grant £72,900 (Pages 21 - 28)
- e) Chiswick House and Gardens Trust - Recommended Grant £89,100 (Pages 29 - 38)
- f) Lift People - Recommended Grant £50,000 (Pages 39 - 48)
- g) London Sustainability Exchange - Recommended Grant £66,600 (Pages 49 - 56)
- h) Barons Court Project - Recommended Grant £32,600 (Pages 57 - 64)
- i) Helen Bamber Foundation - Recommended Grant £150,000 (Pages 65 - 74)
- j) Middle Eastern Women and Society Organisation - Recommended Grant £28,800 (Pages 75 - 84)
- k) SANE - Recommended Grant £99,000 (Pages 85 - 94)
- l) South London YMCA - Recommended Grant £98,700 (Pages 95 - 104)
- m) Vietnamese Mental Health Services - Recommended Grant £90,500 (Pages 105 - 112)
- n) Caxton Youth Organisation - Recommended Grant £90,000 (Pages 113 - 120)
- o) City YMCA London - Recommended Grant £100,000 (Pages 121 - 130)
- p) Deafax - Recommended Grant £46,500 (Pages 131 - 138)
- q) Graeae Theatre Company - Recommended Grant £138,650 (Pages 139 - 148)
- r) Leonard Cheshire Disability - Recommended Grant £147,000 (Pages 149 - 156)
- s) Triangle Arts Trust - Recommended Grant £100,000 (Pages 157 - 164)
- t) Praxis Community Projects - Recommended Grant £182,000 (Pages 165 - 174)
- u) Age Exchange - Recommended Grant £48,000 (Pages 175 - 184)
- v) Royal Air Force Museum - Recommended Grant £87,600 (Pages 185 - 194)
- w) Women's Health and Family Services (WHFS) - Recommended Grant £114,000 (Pages 195 - 204)
- x) Age UK Lewisham & Southwark - Recommended Grant £138,000 (Pages 205 - 214)

- y) Children England - Recommended Grant £104,000 (Pages 215 - 224)
- z) North London Action for the Homeless - Recommended Grant £59,000 (Pages 225 - 234)
- aa) Nucleus Community Action Ltd - Recommended Grant £150,000 (Pages 235 - 244)
- bb) Shelter National Campaign for Homeless People Limited - Recommended Grant £179,000 (Pages 245 - 252)
- cc) Wandsworth Citizens Advice Bureaux - Recommended Grant £130,000 (Pages 253 - 262)
- dd) Westminster Citizens Advice Bureau - Recommended Grant £107,300 (Pages 263 - 272)
- ee) Hibiscus Initiatives - Recommended Grant £122,000 (Pages 273 - 282)
- ff) Mentoring and Befriending Foundation (MBF) - Recommended Grant £116,300 (Pages 283 - 292)

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Katherine Low Settlement	
If your organisation is part of a larger organisation, what is its name? n/a	
In which London Borough is your organisation based? Wandsworth	
Contact person: Mr Aaron Barbour	Position: Director
Website: http://www.klsettlement.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1081248
When was your organisation established? 17/05/1924	

Grant Request

Under which of City Bridge Trust's programmes are you applying? English for Speakers of Other Languages
Which of the programme outcome(s) does your application aim to achieve? More people with improved English language skills More people participating in the wider community
Please describe the purpose of your funding request in one sentence. To provide ESOL classes for local residents so that they can improve their English across the four skills.
When will the funding be required? 06/01/2015
How much funding are you requesting? Year 1: £33,956 Year 2: £33,956 Year 3: £33,956 Total: £101,868

Aims of your organisation:

Katherine Low Settlement is a multi-purpose charity that has been serving the communities of Wandsworth since 1924. We are dedicated to tackling poverty and building stronger communities. We are driven by our vision and mission and led by our values.

Our vision is for a society where people fight poverty, tackle injustice, and realise their potential together.

Our principle mission is to:

- * Relieve and prevent poverty, disadvantage and discrimination.
- * Foster community cohesion.
- * Promote social inclusion and reduce isolation, increasing health and well-being of those on the margins of the local community.
- * Consider the needs of all people.

Main activities of your organisation:

We run a range of our own community projects to support children and their families, older people, newly-arrived communities, and in the future with unemployed people. We also invite other charities and community groups to operate out of our premises - so together we can meet the diverse needs of the local communities of Wandsworth. Each week we work with 32 charities & groups supporting more than 500 people.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	19	9	139

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	n/a

Summary of grant request

Need

KLS has provided ESOL classes since 1999, with 36 people currently on our ESOL waiting list. Our 2013 'Community Wise' research (statistical analysis & 430+ interviews) demonstrates a significant unmet demand for ESOL. So that that people can progress into employment with new opportunities (e.g. Nine Elms) coming to Wandsworth.

Delivery

- * 4 x 2.5 hour ESOL classes
- * Delivered across 3 terms, over three years
- * For 40 students living in areas of deprivation in Wandsworth -- principally members of BAME groups, prioritising newly-arrived refugees.
- * 5 hours ESOL tuition a week for each learner
- * Mix of entry-level and level-1, accredited and non-accredited learning
- * Supported by a crèche for learners with children

Achievements & CBT Outcomes

- * 40 students from refugee communities to progress their English across speaking, listening, reading and writing.
- * 80% of learners will achieve a nationally recognised certificate (OCN) making them more employable and better able to access further training/learning.
- * Increase their confidence and be able to use new English skills in the community.
- * Better able to help their children with homework.
- * Better connected through new friendships.
- * Better knowledge and ability to use local services.
- * Participate more in the organisations they belong to (work, children's schools, faith organisations, community centres, etc.)

Why Us

KLS and English for Action are in a unique position to offer community learning:

- * Safe community learning space -- reaches people who feel uncomfortable at college
- * Holistic working -- we provide other services that students can access, particularly to support them overcome barriers to their learning
- * Pre-established trusting relationships with families and 'hard-to-reach' communities -- improves retention and communication
- * Childcare -- we have the facilities, and is now not available at many colleges
- * Easy to access -- no complex enrolment processes etc.
- * Building communities -- our classes give access to our community centre, IT suite, and a place for people to meet and share experiences
- * Volunteers -- we add value by working with volunteers for practising English and supporting our crèche
- * Experienced staff with relevant languages -- we have Somali, Tigrinya, French speakers (amongst others) to interpret if necessary

Reaching good practice

We have been co-producing services for 90 years. We value the learners' input and interaction. The courses will be taught in a very participative and engaging manner, which require the learners to help shape the content of the course. Learners will also help organise trips and workshops to gain skills and ensure the activities are relevant to them. We are a multi-purpose charity tackling poverty and building stronger communities in a highly diverse area, many of whom we work with. KLS welcomes people of all backgrounds, deliberately encouraging different people and communities to meet and build relationships (incl. age, gender, ethnicity, wealth) through our own 3 service areas, and with our 32 charity partners who use our Community Centre to provide their own services to over 500 people each week.

KLS has a long tradition of volunteering -- we were founded in 1924 by a dedicated group

of volunteers. Today volunteers are our lifeblood, without whom we simply would not be able to exist, let alone provide the breadth of work that we do. Our 130+ volunteers are supported throughout a formal selection process, into training, allocated a line manager, with regular supervision, volunteer awards evenings and good references. KLS conducted a green audit in 2013 and was awarded an accredited Greening Business certificate. We have planned a schedule of works in 2014/15 to continue reducing KLS' carbon footprint.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

n/a

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

We propose to deliver 4 (2.5 hours) ESOL classes each week, with 40 adult students (5 hours/student) in Wandsworth. Qualified ESOL teachers will teach across 3 terms, over 3 years. The sessions will be for entry-level and level-1 learners, with accredited and non-accredited opportunities. A crèche will be available.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

40 students from newly-arrived refugee communities will to progress their English across speaking, listening, reading and writing.

80% of learners will achieve a nationally recognised certificate (OCN -- entry level or level 1) making them more employable and better able to access further training/learning.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

By making further funding applications to charitable trusts and foundations.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

40

In which Greater London borough(s) or areas of London will your beneficiaries live?

Wandsworth (100%)

What age group(s) will benefit?

25-44

45-64

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Other ethnic group (including Arab)

If Other ethnic group, please give details: **e.g. Somali, Afghan, Iran, Iraq**

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Costs	14,820	14,820	14,820	44,460
Project Costs	14,966	14,966	14,966	44,898
KLS standard overheads	4,170	4,170	4,170	12,510
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	33,956	33,956	33,956	101,868

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
n/a	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
n/a	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Costs	14,820	14,820	14,820	44,460
Project Costs	14,966	14,966	14,966	44,898
KLS standard overheads	4,170	4,170	4,170	12,510
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	33,956	33,956	33,956	101,868

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended: 31	Month: March	Year: 2014
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Income received from:	£
Voluntary income	71,844
Activities for generating funds	6,446
Investment income	2,711
Income from charitable activities	360,783
Other sources	
Total Income:	441,784

Expenditure:	£
Charitable activities	401,757
Governance costs	3,000
Cost of generating funds	
Other	
Total Expenditure:	404,757
Net (deficit)/surplus:	37,027
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	37,027

Asset position at year end	£
Fixed assets	1,755,646
Investments	
Net current assets	271,987
Long-term liabilities	
*Total Assets (A):	2,026,733

Reserves at year end	£
Endowment funds	
Restricted funds	111,513
Unrestricted funds	1,915,220
*Total Reserves (B):	2,026,733

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
c.15%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	60,336	60,336	62,461
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
BBC Children in Need	21,682	15,638	43,125
Big Lottery Fund	80,508	41,158	61,838
Henry Smith's Charity	55,400	0	0
Sir Walter St John's Charity	9,333	32,400	29,724
Lloyds TSB Foundation	18,000	6,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Aaron Patrick Barbour**

Role within **Director**
Organisation:

APPENDIX A
(Revised project costings)

ESOL programme at Katherine Low Settlement
Annual Budget - Revised

07-Nov-14

	Unit cost / cost per hour (£)	No of hours / week	No of classes / week	No of sessions (total -	Total (£)
Term 1-3 (12 wks each)					
Staff Costs					
ESOL teacher	25.00	2.50	4.00	36.00	9,000
Student recruitment & Set-Up	15.00	7.00	5.00	1.00	525
Ongoing prep & admin by teacher	15.00	2.00	4.00	36.00	4,320
Project management sub-total	21.99	5.00	-	36.00	3,958 17,803
Project costs					
Creche	24.00	2.50	4.00	36.00	8,640
Volunteer expenses	5.00	1.00	4.00	36.00	720
Marketing materials	150.00	-	-	1.00	150
Teaching materials	2.00	-	4.00	36.00	288
Refreshments	2.00	-	4.00	36.00	288
Accreditation costs sub-total	60.00	-	-	-	1,800 11,886
KLS standard overheads at 14%					
Property (11%)					3,266
Office (2%)					594
Corporate (1%)					297
sub-total					4,156
TOTAL					33,846
Annual cost (£) per learner (av.)					846.14
Annual cost (£) per learner per hour (av.)					188.03

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Kurdish & Middle Eastern Women's Organisation Ltd	
If your organisation is part of a larger organisation, what is its name? N/A	
In which London Borough is your organisation based? Islington	
Contact person: Ms Gulala Bakir	Position: Co-ordinator
Website: http://www.kmewo.com	
Legal status of organisation: Registered Charitable Incorporated	Charity, Charitable Incorporated Company or company number: 1137055
When was your organisation established? 03/01/1999	

Grant Request

Under which of City Bridge Trust's programmes are you applying? English for Speakers of Other Languages
Which of the programme outcome(s) does your application aim to achieve? More people with improved English language skills More people participating in the wider community
Please describe the purpose of your funding request in one sentence. To pay the salary of the Organisation's Director over three years
When will the funding be required? 01/01/2015
How much funding are you requesting? Year 1: £33,336 Year 2: £34,002 Year 3: £34,682 Total: £102,020

Aims of your organisation:

To relieve the distress and suffering of Kurdish and Middle Eastern women and children in necessitous circumstances resident in the UK and in such parts of the world as the Trustees may from time to time determine

To promote the human rights of Kurdish and Middle Eastern women through providing information, research and organising conferences and seminars on human rights issues.

To promote equality of opportunities of women particularly those within the Kurdish and Middle Eastern communities resident in the UK and elsewhere by providing information and educating the general public on such matters.

Main activities of your organisation:

(1) The provision of advice and support to victims of domestic violence, which includes helping the women to find safe accommodation, police protection, legal and non-molestation orders and/or injunctions and referrals to professional bodies, such as MARAC.

(2) Run ESOL classes (at Entry Level, 1, 2 and 3), Literacy, Confidence Building, ICT and Employability training. These are all part of a three-year "Learning for Living" project funded by Big Lottery.

(3) Female genital mutilation workshops and one to one advice for men and women

(4) Training workshops and one to one advice on the changes to the welfare benefit system

(5) Networking and sharing information with peer organisations on issues relating to violence against women and girls, safeguarding of vulnerable adults and children

(6) Campaign and lobby the Government on issues relating to violence against women.

(7) Recruit and train volunteers to help them secure paid employment

(8) Run awareness seminars on relevant topics, e.g. health, parenting and integration.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	5	7	15

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Tenancy at will

Summary of grant request

The grant will be used to pay the salary of KMEWO's Director over three years from January 2015.

The beneficiaries of our services are/were victims of domestic and honour based violence, early and forced marriages, female genital mutilation and other forms of human rights abuses. Most are also refugees and asylum seekers, having fled their countries of origin because of state and political persecution and recent political uprisings in the Middle East and North Africa. Often they speak little or know English language and are unfamiliar with the British traditions and culture. They tend to live in the poorer areas, with poor housing conditions, low performing schools, high level of crimes and other forms of anti-social behaviour, all of which are barriers to them securing employment and contributing to the community.

Our projects are delivered by a combination of paid staffs (full and part-time), sessional tutors/trainers and volunteers. The Director supervises the delivery of all the projects, to ensure that they are delivered to the satisfaction of our funders and service users, and within budget.

The project will help the women and girls escape from the threat and actual experience of domestic and honour based violence and to overcome the barriers to gainful employment, integration within the mainstream community and achieving their potential. In essence they will be able to escape their isolation and impoverishment, and instead enjoy a better quality of life for themselves and their families.

KMEWO is capable of delivering these projects for the following reasons;

We were established specifically to help women and girls from the Middle Eastern area and have been doing so, quite successfully, for over fifteen years. Our trustees are from within the community and are fully conversant with the issues we are seeking to address. Over the last fifteen years we have helped dozens of women rebuild their lives away from violent partners and male relatives.

In July 2007 we received a three year grant of £151,000 from the Big Lottery Fund for a project to help 600 Kurdish and Middle Eastern women achieve training and education standards to NVQ Level 2. We exceeded that target and was highly commended by Big Lottery.

In 2006 we received a three year grant of £150,000 from Nationwide Foundation to deliver one of their Investor's project. In a post project evaluation carried by Rocket Science, they wrote; "KMEWO has the skills, knowledge and experience to provide a consistent, high quality, practical service to its clients, which is customized to their many and varied need". "It has exceeded all of its outputs, demonstrating an intensity of support and service demand that should prove very persuasive to potential future funders". As a result of our success Nationwide invited us to work with two other organisations to develop a DVD and Manual on HBV, Forced marriages and FGM, which is currently being used as training materials by a number of organisations.

In 2012/13 KMEWO organised 24 health related seminars, attended by 601 women and girls

Between 2011/13 we recruited and trained 63 volunteers, 18 subsequently secured employment and 24 went to do further studies.

Our current advice sessions for DV cases is attracting 8/10 clients per week. Our monthly FGM workshops are attracting an average of 15 women.

The Learning for Living project is in its second year and covers ESOL (Entry 1,2 and 3), Literacy, ICT, confidence building and employability. Last year 292 women attended the various training sessions and current average weekly attendance is 108. Most have made significant progress in their studies, evidenced by those seeking employment, attending further studies and engaging in community activities.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Advice Quality Standard (AQS)

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

117 ESOL classes (Levels 1, 2 and 3) over three years attracting a minimum of 360 women and girls

60 Literacy classes (Entry 1 and 2) over three years attracting a minimum of 60 women and girls

30 Confidence building classes over three years attracting a minimum of 108 women and girls

60 ICT, Word, Excel and Employability classes over three years attracting a minimum of 250 women and girls.

10 workshops over twelve months on FGM attracting a minimum 170 women and girls plus volunteer's champions

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

The women will have a better understanding of the work, social and educational environment, thus enabling them to make informed choices.

Improved ability of the Kurdish and Middle Eastern and North Africa women to access information, mainstream support and to navigate a range of service provision, including; health, education and welfare system.

By the completion of the project Kurdish and Middle Eastern women will have improved their confidence and employability skills

More survivors of domestic violence claiming their welfare benefit entitlements and will be able to compete successfully within the job market and improve their academic abilities.

Women and men from the Kurdish & Middle Eastern communities will be aware of the revulsion felt by the wider community about female genital mutilation along with the fact that the practice is illegal in this Country.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

It is our intention to continue our activities beyond the three year period and will try and identify possible sources of funding towards and end of year two/the beginning of year three.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

2,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

Islington (50%)

Southwark (15%)

Haringey (10%)

London-wide (25%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

Other ethnic group (including Arab)

If Other ethnic group, please give details: **Kurdish, Middle Eastern & North African**

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Director's salary & National Insurance	33,336	34,002	34,682	102,020
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	33,336	34,002	34,682	102,020

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Henry Smith - Appl. not yet submitted	33,336	34,002	34,682	102,020
Tudor Trust - Application unsuccessful	33,336	34,002	34,682	102,020
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Director's salary & Employer's NI	33,336	34,002	34,682	102,020
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	33,336	34,002	34,682	102,020

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	85,833
Activities for generating funds	0
Investment income	0
Income from charitable activities	0
Other sources	40
Total Income:	85,873

Expenditure:	£
Charitable activities	114,187
Governance costs	1,614
Cost of generating funds	0
Other	0
Total Expenditure:	115,801
Net (deficit)/surplus:	-29,928
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	75,128

Asset position at year end	£
Fixed assets	2,356
Investments	0
Net current assets	73,352
Long-term liabilities	0
*Total Assets (A):	75,128

Reserves at year end	£
Restricted funds	63,551
Endowment Funds	0
Unrestricted funds	11,577
*Total Reserves (B):	75,128

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
11-20%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	6,250	10,000	10,000
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Henry Smith Charity	33,200	33,800	34,500
Big Lottery Fund	0	42,033	77,515
Esmee Fairbairn	20,000	0	0
Lloyds TSB Foundation	15,000	10,000	0
Awards for All	8,569	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Gulala Bakir**

Role within **Director**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Bridge Renewal Trust	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Haringey	
Contact person: Mr. Geoffrey Ocen	Position: Chief Executive
Website: http://www.bridgerenewaltrust.org.uk/	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1131941
When was your organisation established? 30/09/2009	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving London's Environment
Which of the programme outcome(s) does your application aim to achieve? More people reporting improved wellbeing through greater use of open spaces and through growing and greening initiatives More young people understanding the benefit of growing local food and its nutritional value
Please describe the purpose of your funding request in one sentence. Growing, cookery and wellbeing family sessions based at the Bridge Community Hut.
When will the funding be required? 01/07/2014
How much funding are you requesting? Year 1: £24,539 Year 2: £23,925 Year 3: £24,363 Total: £72,827

Aims of your organisation:

Bridge Renewal Trust is based in South Tottenham in London. We seek to deliver practical ways that people can live healthier lives -- thus playing our part in working towards reducing health inequalities. We do this by:

- Supporting people holistically to have the confidence, motivation, skills and knowledge to make their own healthy life choices -- and to be able to pass this on in their families and in the community
- Ensuring people can access the right mix for them of the medical and healthy living support to get and stay well
- Building sustainability into all our work by operating as a social business
- Working collaboratively and in partnerships to increase the availability of accessible services and support that will enhance the health and wellbeing of local people

Main activities of your organisation:

Bridge Renewal Trust has four current areas of activity -

Whole Health: affordable therapeutic services that complement medical and social care services available at the Laurels. Currently we provide Foot Care Plus (chiroprody service targeted at older people) and are developing a back pain clinic offering a range of therapeutic interventions.

Community Champions: develops and supports local people to lead health improvements - in their own lives and those of their families and communities. Offers training, accreditation and field experience for volunteers. Provides: health guides, weight management, healthy eating, keeping active, staying safe at home, patient support, men's health and smoking cessation. Community Champions can reach people not accessing health services and who suffer from the worst health, eg men, people who do not speak English.

Bridge to Work: supports local people back into the workplace through Work Club and volunteering opportunities.

Community space: we manage two community buildings, providing high quality, affordable space for projects in the local area.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	1	9	30

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	7 years

Summary of grant request

The need

Haringey Council figures show 88% of the Tottenham population live in areas the top 20% most deprived nationally. 15% of these live in the top 5% most deprived. Because of this, health outcomes are poor. Key drivers of health and wellbeing for individuals include exercise, good nutrition, access to green spaces and social interaction.

Bridge Community Hut has an area of open space adjacent to the Hut which is currently not used, and an under-used kitchen. Meanwhile many local families have no access to gardening, nor to training to learn about healthy cooking.

Delivery

We will employ a worker to plan and run a series of after school and weekend 3 hour sessions for families and young people at Bridge Community Hut, based around three areas: gardening, cookery, and wellbeing; 3 programmes of 20 sessions each per year. Gardening sessions (families and children) will include planning, planting, maintaining and using the garden. Cookery sessions -- specifically for children and young people - will focus on simple recipes based on crops grown in the garden. The 'Grow your own wellbeing' family sessions will use plants grown in the Hut garden to introduce simple pleasures to increase individual wellbeing.

Project aims

Our project aims to raise awareness and promote engagement with growing plants in an outdoor garden space as a way to meet our charity's aims of providing practical ways that people can live happier, healthier lives.

The right organisation

The Bridge Renewal Trust aims to deliver practical ways that people can live healthier, happier lives -- thus playing our part in working towards reducing health inequalities. We do this by:

- Being friendly, approachable, person centred and not lecturing or judging
- Understanding that each person is different
- Working with people to make their own informed choices
- Understanding that good health is about the whole person
- Understanding that it is very difficult to sustain healthy lifestyle change in isolation
- Assuming the people of South Tottenham and Haringey deserve the very best and highest quality health care and healthy living services
- Building in long term affordability

We have a track record of supporting young people around healthy cooking.

The Trust's outcome

This project will help meet the Trust's outcome of improving London's environment by working with the local community to transform an under-used and inaccessible area of green space into a thriving community garden. This will lead to more Londoners gaining greater knowledge and understanding of the 'green' environment and biodiversity (through planning and planting), experiencing improved wellbeing through greater use of open spaces and growing and greening initiatives (through nurturing the plants, enjoying the outdoor space and through the 'grow your own wellbeing' sessions), and will help more young people to understand the benefit of growing local food and its nutritional value (through harvesting, cooking and eating food from the garden).

Good practice

We will involve project beneficiaries in management and running of the project via consultation/continuous feedback during delivery of services, and involvement in evaluation. Our management committee is made up of people from the local community. Diversity: the volunteers involved in developing and steering the project are representative of the local community.

Bridge Renewal Trust values and supports our volunteers: we use an apprentice model to make sure individual volunteers' own needs and aspirations are the chief consideration in the role they undertake.

We are starting to reduce our carbon footprint by staged implementation of our Environmental Policy, reducing energy use and waste through systematic mindfulness, eg reusing office paper, lowering thermostats and considering travel-free meeting options where appropriate.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

n/a

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

60 x 3 hour Gardening activity sessions for children and families (20 per year for 3 years)

60 x 3 hour Cookery sessions for children and young people (20 per year for 3 years)

60 x 3 hour Grow your own wellbeing sessions for families (20 per year for 3 years)

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

45 families (15 for each year of the project) will have increased knowledge and skills around planning, planting and nurturing a garden and improved wellbeing as a result of participating in gardening activity sessions

60 children and young people (20 for each year of the project) will have increased knowledge and skills around planning, preparing and cooking healthy food through participating in cookery activity sessions

45 families (15 for each year of the project) will have improved wellbeing through nurturing the plants, enjoying the outdoor space and through taking part in the 'grow your own wellbeing' sessions

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We plan to continue the project within our social business model by working to attract groups to participate who can afford to pay a rate for the sessions that will cross-subsidise sessions for those who cannot afford to pay the full cost recovery rate.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

80

In which Greater London borough(s) or areas of London will your beneficiaries live?

Haringey (100%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Co-ordinator salary & Emp NI	13,600	13,736	13,873	41,209
Training and recruitment	500	100	100	700
Volunteers' training (provided by Social Kitchen) & expenses	2,100	2,100	2,100	6,300
Office admin and publicity costs	1,400	1,350	1,350	4,100
Project equipment and materials	1,960	1,660	1,660	5,280
Talks and demonstrations	150	150	150	450
Evaluation	300	300	600	1,200
Premises costs	3,502	3,502	3,502	10,506
Management costs	1,027	1,027	1,027	3,081

TOTAL:	24,539	23,925	24,363	72,827
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Co-ordinator salary & Emp NI	13,600	13,736	13,873	41,209
Training and recruitment	500	100	100	700
Volunteers' training (provided by Social Kitchen) & expenses	2,100	2,100	2,100	6,300
Office admin and publicity costs	1,400	1,350	1,350	4,100
Project equipment and materials	1,960	1,660	1,660	5,280
Talks and demonstrations	150	150	150	450
Evaluation	300	300	600	1,200
Premises costs	3,502	3,502	3,502	10,506
Management costs	1,027	1,027	1,027	3,081

TOTAL:	24,539	23,925	24,363	72,827
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	285,000
Activities for generating funds	
Investment income	202
Income from charitable activities	95,295
Other sources	1,612
Total Income:	382,109

Expenditure:	£
Charitable activities	412,308
Governance costs	24,008
Cost of generating funds	
Other	
Total Expenditure:	436,316
Net (deficit)/surplus:	(54,207)
Other Recognised Gains/(Losses):	
Net Movement in Funds:	(54,207)

Asset position at year end	£
Fixed assets	136,586
Investments	
Net current assets	178,394
Long-term liabilities	
*Total Assets (A):	314,960

Reserves at year end	£
Endowment funds	
Restricted funds	17,595
Unrestricted funds	297,365
*Total Reserves (B):	314,960

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
75%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	285,000	285,000	285,000
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	25,000

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
N/A	0	0	0
	0	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Geoffrey Ocen**

Role within **Chief Executive**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Chiswick House and Gardens Trust	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Hounslow	
Contact person: Mrs Jane Booth	Position: Fundraising Manager
Website: http://www.chgt.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1109239
When was your organisation established? 01/03/2005	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving London's Environment
Which of the programme outcome(s) does your application aim to achieve? More people reporting improved wellbeing through greater use of open spaces and through growing and greening initiatives More young people understanding the benefit of growing local food and its nutritional value
Please describe the purpose of your funding request in one sentence. To support the Kitchen Garden Project over three years to secure its future and benefit the community.
When will the funding be required? 01/12/2014
How much funding are you requesting? Year 1: £38,843 Year 2: £50,319 Year 3: £50,319 Total: £139,481

Aims of your organisation:

Chiswick House and Gardens Trust ("CHGT") is a registered charity which was jointly created by English Heritage and the London Borough of Hounslow in 2005 to provide long term, care and governance of the grade 1 listed Chiswick House and its 65 acre grounds. The Trust has responsibility for all aspects of running the gardens and is currently negotiating with English Heritage the basis on which it will take over management of the House in 2016.

Currently, the Trust's key aims are to: respond to the needs of the site and its stakeholders and visitors; provide a high standard of care for the grounds; promote the House & Gardens to the broadest possible audience; offer increased opportunities for enjoyment, learning, volunteering and training; provide good management of the site; and, fundraise for the site and increase revenue streams in order to develop the estate for the benefit of the public.

Main activities of your organisation:**1. Gardens**

Managing the 65 acre grounds, including all kinds of horticulture and landscaping and care of the the facilities and buildings within the public park for the benefit of the public. Running the walled Kitchen Garden (parts of which date from 1682!) as a social and therapeutic volunteer-led community resource to benefit some of Hounslow and West London's most disadvantaged residents.

2. Security

Providing a warden security service in the Grounds to keep them safe for all users during the park's opening hours (7am til dusk each day).

3. Marketing and public programme

This includes discharging the Trust's obligation to promote the house and gardens as widely as possible and our marketing mangager does this through the Trust's website, social media, leaflets and advertising, the annual Camelia festival (showcasing the Trust's world-famous Camelia collection in the conservatory), film nights and other public events.

4. Property and infrastructure

Managing properties and collecting rent from two buildings in the grounds.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
6	6	15	150

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	96 years

Summary of grant request

THE NEED FOR THE PROJECT

The Kitchen Garden Project was established in 2005 by a group of local residents who wanted to use the unique and historic Kitchen Garden in the grounds of Chiswick House to benefit the community and in particular those people with special needs. Since that time the project has developed into a thriving social and therapeutic gardening project. Our last comprehensive audit of the project showed that between 2010 and 2013 12,254 people of all ages, backgrounds and abilities benefited from their involvement in the Kitchen Garden. We need funding to continue this work.

HOW THE WORK WILL BE DELIVERED

The kitchen garden project is delivered by William Rallison, the full time kitchen gardener and by Louise Randall part-time volunteer manager.

The core pool of committed volunteers attend sessions on Tuesdays and Thursdays between 10am and 4pm and undertake work including planting and pruning fruit trees, growing vegetables, herbs and flowers, weeding, watering, digging, composting and picking produce, teaching adults and children about gardening and growing food and assisting those who are less able to garden. Regular volunteers also man the garden on open days, selling produce and talking to the public about the garden and their work.

The kitchen garden is a sheltered and controlled environment so close attention can be given to volunteers who are particularly vulnerable. Physical or mental health difficulties are not a barrier to regular volunteering and volunteers come to us from a range of sources including health related organisations, local volunteer centres and mental health charities.

THE AIMS OF THE PROJECT

The aim of the project is to use the unique historic kitchen garden for the benefit of the local community with a focus on the most disadvantaged. It is our aim to continue to involve volunteers with depression and other mental health problems, those with visual, hearing and other physical impairments, the learning disabled, unemployed and retired people.

WHY CHGT IS THE RIGHT ORGANISATION TO DELIVER THIS WORK

The Kitchen Garden Project has been running in its current form since 2009 so it has a proven track record. All the volunteers work in the historic walled kitchen garden, parts of which date back to 1682, in the grounds of grade 1 listed Chiswick House. The historic, sheltered environment makes it a unique and perfect setting for this work.

MEETING THE CITY BRIDGE TRUST'S PROGRAMME OUTCOMES FOR IMPROVING LONDON'S ENVIRONMENT

We believe the project meets all three of the programme outcomes. Everyone who works in or visits the garden does so with the express intention of increasing their knowledge and understanding of the 'green' environment and biodiversity. We know that the project has a huge impact on the lives of those involved - this comment from a volunteer struggling with mental health problems - 'There's always something to do and just being involved and having your hands in the soil is incredibly therapeutic...it has brought me alive again'. Our 40 school sessions each year provide young people with the opportunity to increase their understanding of the benefits of growing food and nutrition.

MEETING THE TRUST'S PRINCIPLES OF GOOD PRACTICE

The project was conceived and launched by local residents and everyone involved except William and Louise are volunteers and come from Hounslow or West/South London. The volunteers are a very diverse group and represent all levels of ability and background. We are currently a very small charity with extremely limited resources as we grow our carbon footprint will become a higher priority for the Trust but please see Detailed Proposal for more information.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

N/A - CHGT is a very small charity which was only recently established and as such is still developing its business/affairs.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

8,736 volunteer hours (24 volunteers per week doing a seven hour day) in the garden each financial year

1,200 pupils and 200 teachers from schools in West London, plus 8 specially trained volunteers taking part in school sessions - 40 sessions each financial year

7 special educational needs young people with 2 'helpers' working in the garden every Tuesday during term time - 40 sessions each financial year

1,200 members of the public on six kitchen garden open days (based on previous years) each financial year

£3,000 of produce sales (based on previous years) on open days and around the grounds each financial year

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Improved mental and physical health of volunteers as evidenced by repeat volunteering, anecdotal evidence and enthusiasm. We will monitor volunteer numbers and take care to supervise and support volunteers in their work so we can assess how the programme is working for them.

Obtaining employment/interviewing better as evidenced by monitoring previously unemployed volunteers' employment status and levels of confidence.

Supporting pupils curricula as evidenced by pupils enthusiasm, oversubscription for schools sessions and feedback forms received.

Training teachers to talk about plants, food and nutrition back in classrooms - information from school feedback forms.

Public attendance and enjoyment of the garden - high visitor numbers and produce sales (£3,000 plus) at Kitchen garden open days.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

The Trust's principle aim is to run the house and gardens as a self-supporting estate. We are establishing an events business and fundraising department and on top of the rental income the trust receives we anticipate being able to continue the Kitchen Garden project indefinitely - it is one of our core activities.

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Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

2,657

In which Greater London borough(s) or areas of London will your beneficiaries live?

Several SW London (90%)

London-wide (10%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

162

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff	49,319	49,319	49,319	147,957
Costs including equipment, seeds, plants etc.	5,000	5,000	5,000	15,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	54,319	54,319	54,319	162,957

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
HLF	11,476	0	0	11,476
Pumpkin party (based on previous years)	4,000	4,000	4,000	12,000
	0	0	0	0
	0	0	0	0
TOTAL:	15,476	4,000	4,000	23,476

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
The Garfield Weston Foundation	38,843	50,319	50,319	139,481
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	38,843	50,319	50,319	139,481

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff	33,843	45,319	45,319	124,481
Costs	5,000	5,000	5,000	15,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	38,843	50,319	50,319	139,481

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	498,840
Activities for generating funds	343,526
Investment income	3,574
Income from charitable activities	0
Other sources	0
Total Income:	845,940

Expenditure:	£
Charitable activities	505,264
Governance costs	13,854
Cost of generating funds	314,061
Other	0
Total Expenditure:	833,179
Net (deficit)/surplus:	12,761
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	12,761

Asset position at year end	£
Fixed assets	22,092
Investments	1,000
Net current assets	575,233
Long-term liabilities	0
*Total Assets (A):	598,325

Reserves at year end	£
Restricted funds	88,394
Endowment Funds	0
Unrestricted funds	509,931
*Total Reserves (B):	598,325

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
41-50%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Clare O'Brien started as the new Director of Chiswick House and Gardens Trust in December 2013. In April 2014, Jane Booth started work part time as head of fundraising. Nikki Thomas joined the Trust full time in June as head of the events business. Both new positions were created with the intention of building the Trust's revenue.

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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	274,253	243,855	245,975
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Heritage Lottery Fund	0	85,283	28,324
Local Food Fund	35,346	71,927	17,865
Historic and Botanical Gardens Bursary	0	6,500	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jane Booth**

Role within **Fundraising Manager**
Organisation:

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Chiswick House and Gardens Trust

Revised Budget & Annual Request

<i>Item</i>	<i>2014/15</i>	<i>2015/16</i>	<i>2016/17</i>
Salary of William Rallison, Kitchen Gardener (accounting for inflationary increases, 2%)	£24,720	£25,214	£25,718
National Insurance (13.8%)	£3,411	£3,479	£3,549
Project Costs including seeds, tools and learning materials	£5,000	£5,000	£5,000
TOTAL	£33,131	£33,693	£34,267
Income from Pumpkin Party & Produce Sales	(£4,000)	(£4,000)	(£4,000)
GRAND TOTALS	£29,131	£29,693	£30,267

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Lift People	
If your organisation is part of a larger organisation, what is its name? No	
In which London Borough is your organisation based? Brent	
Contact person: Ms Atara Fridler	Position: CEO
Website: http://www.liftpeople.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1121266
When was your organisation established? 01/09/2001	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving London's Environment
Which of the programme outcome(s) does your application aim to achieve? More people reporting improved wellbeing through greater use of open spaces and through growing and greening initiatives More Londoners with a greater knowledge and understanding of the 'green' environment and biodiversity
Please describe the purpose of your funding request in one sentence. To offer green training and volunteering, develop a safe and inspiring community green space, and help local people to increase their understanding of bio-diversity issues.
When will the funding be required? 01/07/2014
How much funding are you requesting? Year 1: £20,000 Year 2: £20,000 Year 3: £0 Total: £40,000

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Aims of your organisation:

Lift started as a small, local self-help group for homeless people, then became a charitable company, then developed a social enterprise and started to work across London, gaining and gained an excellent reputation for its research and user involvement work.

We are now a user-focused organisation that works with homeless and disadvantaged people in Brent and beyond, with the aim of empowering them to improve their lives and realise their potential.

An ethos of inclusion is at the heart of what we do: we promote inclusiveness and the empowerment of homeless and disadvantaged people and lead by example.

Our vision is of a society where all people have a decent home, a worthwhile job and are empowered and valued members of their communities.

We work to achieve this vision by working with our service users and others in the community to create enterprising, high quality and collaborative housing, involvement and employment solutions.

Main activities of your organisation:

- **Employment support** - We believe that gaining reliable remunerated employment is fundamental to personal wellbeing and independence for our service users. We aim to increase significantly the number of people we assist in gaining and sustaining productive employment.
- **Engagement and Involvement** - We believe that real engagement and empowerment create positive changes in individuals and that this can be used to achieve greater changes in their lives.
- **Housing Plus** - There is clear evidence that homelessness is on the rise and that more and more people are finding it hard to find and/or sustain a home. We believe that a stable home is a basic right and it is crucial for enabling individuals to start making other changes in their lives, including finding and holding a job and positively engaging in the community. We are delivering housing service provide advice and supporting to access the private rented sector.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
9	3	12	30

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	one year

Summary of grant request

Need

Near Lift's office in Harlesden is a small public park that has been badly neglected because of safety issues. Drug crime, vandalism, and prostitution have all been problems in the garden. Residents have pointed out the vicious cycle that keeps them from enjoying this space -- they do not use the garden because it is unsafe, and it is unsafe because it is neglected and criminal activities can take place there unnoticed. In 2012 Lift organised a consultation for local people; almost 50 of them volunteered to help regenerate the garden and the Friends of Harlesden Town Garden was formed.

With the Friends group, we will create a safe green space where local people can get training and volunteering opportunities. Ultimately, our aim is to support local community members, including those at risk of homelessness, to make positive changes in their lives while helping to create a park fit for use by people all across the neighbourhood.

Delivery

A dedicated Volunteer and Activities Co-ordinator will manage the project and support local volunteers to participate in the project. The Co-ordinator will ensure that volunteers from disadvantaged backgrounds will play a key role in improving the green space and managing and delivering activities and will also support them to gain transferable skills.

Aims

Our vision is to lead community action to reclaim the space so it can be put to better use by local people, and to do so in a way that will lead to new and exciting volunteering and engagement opportunities. Community members who have lacked access to local green space and have been concerned about anti-social behaviour will feel safer, more connected to other local people, and better able to engage in outdoor activities near their home. Overall, residents in a deprived area will feel there is an outdoor space that belongs

Right organisation

Lift has strong relationships with local groups and a strong track record in community engagement, as well as commitment to developing community involvement -- all of which mean we are well placed to lead the transformation of this unloved space.

Programme outcomes

Lift is supporting local people to become involved in the design of the garden and in planning and managing it to meet the needs of people who live nearby. We will provide hands on educational activities -- both practical and theoretical -- to improve and maintain the park and we will support engagement with the space by providing activities local people have asked for. Unlike public parks managed and administered by local authorities, this will be a public space that local people not only helped design and use, but also one that local people will help to grow and operate on a day-to-day basis.

Good Practice

The project is both managed and run by local residents. Local volunteers, including a trainee group, are instrumental in further developing the park and in contributing to the day-to-day running of the space. Lift's training and support is aimed at helping local people to gain the skills to manage the green space. The project is aimed at involving people who have historically been less likely to become involved with a green community project -- people who have been homeless, who are dealing with substance abuse issues, who have mental health support needs, or who have been excluded for other reasons. Lift has a sub group on its board to ensure best practice in supporting our volunteers. We recycle and offer cycle to work schemes to our staff.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

The project will take place on land owned by the local council. The permission is in place to run training activities on site and we have already worked closely with council in developing and designing the community gardening area with them.

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Lift was accepted to the West London Framework of supporting people, which required us to undertake similar work around reviewing policies and procedures. Lift's board discussed adoption of quality mark such as Investors in People but it felt that through internal work (e.g. board committee "effective organisation" overseeing HR & Quality Assurance) and work around being accepted to framework (such as Supporting People) -- we have already a robust approach to this area.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Recruit, support and work with 50 volunteers over two years; Volunteers will form part of the Gardening Club -- which will include training and group volunteering activities. Access to further support will be through one-on-one meetings with employment advisers, through peer support networks, and through partnership work with community groups.

With volunteers, create a programme of activities that will include gardening training events (practical activities in the park and theoretical activities in the office), weekly/fortnightly Green Gym gardening maintenance days, and workshops and events.

Liaise with others in the community to develop additional complimentary activities (e.g. the providers of sports coaching, football, basketball, netball etc to ensure the smooth running of these activities).

Monitor the use by the local community to ascertain what attracts the people and see if there are further services that could be provided. Also determine if there are any problems, and liaise with the Friends, Brent Council, Community Police and other stakeholders or interested parties to provide solutions.

Monitor progress of volunteers through questionnaires and one-on-one interviews held at the beginning, mid-point, and end of the first year. Feedback on skills gained will also be provided by Employment Advisers working with volunteers from our client group.

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What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

We will lead community action to reclaim a neglected space so it can be put to better use by local people, and do so in a way that will lead to new and exciting volunteering and engagement opportunities.

Disadvantaged people will -- through volunteering and training activities -- build their skills, confidence, well-being and employability.

Community members who have lacked access to local green space and have been concerned about anti-social behaviour will feel safer, more connected to other local people, and better able to engage in outdoor activities near their home.

Residents in a deprived area will feel there is an outdoor space that belongs to them -- where they can garden, meet with neighbours, exercise, learn about nature, or just enjoy being in a quiet green space.

The park -- and community involvement with management of the space and activities in it -- will substantially improve the quality of life and wellbeing of local community members and volunteers.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Our aim is to build local capacity and interest to help volunteers stay involved through a friends group. The friends group will look after the green space, hold events there, and continue to support wider community involvement. At this point, the group will be sustainable with a lower level of funding.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

2,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

Brent (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff cost	17,500	17,500	0	35,000
training facilitation	7,500	7,500	0	15,000
direct costs (marketing, vol. expenses, etc)	5,000	5,000	0	10,000
contribution to office costs	2,000	2,000	0	4,000
contribution to governance and management	750	750	0	1,500
contingency	250	250	0	500
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	33,000	33,000	0	66,000

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
People's Health Trust (via Friends group)	3,595	3,595	0	7,190
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	3,595	3,595	0	7,190

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
staff costs - coordinator	17,500	17,500	0	35,000
contribution to office costs	2,500	2,500	0	5,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	20,000	20,000	0	40,000

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	283,260
Activities for generating funds	0
Investment income	206
Income from charitable activities	221,113
Other sources	0
Total Income:	504,579

Expenditure:	£
Charitable activities	447,213
Governance costs	13,981
Cost of generating funds	12,286
Other	0
Total Expenditure:	473,480
Net (deficit)/surplus:	31,099
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	6,728
Investments	0
Net current assets	170,204
Long-term liabilities	7,950
*Total Assets (A):	168,982

Reserves at year end	£
Restricted funds	120,870
Endowment Funds	0
Unrestricted funds	48,112
*Total Reserves (B):	168,982

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

in 13-14, we have seen a 20% growth in our income and improve our unrestricted reserves - which now stand on approx. £100K (equivalent of 2 months of operational spending). The increased income translated to increase capacity in Employment enabling us to work with more people supporting more of them into work.

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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	15,248	32,950	175,500
London Councils	0	0	0
Health Authorities	50,000	50,000	50,000
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Oak Foundation	115,767	109,326	50,760
Crisis PRS	0	50,000	37,500
The Monument Trust	50,000	50,000	50,000
Homeless Transition Fund	0	0	69,000
Big Lottery	9,997	39,975	39,975

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Atara Fridler**

Role within **Chief Executive**

Organisation:

UPDATED
BUDGET.

Lift People	Yr 1	Yr 2	Yr 3	Total	% inflation
staff costs	17500	17675			1%
training facitination	3,595	3630.95			
Direct cots (marketing & vol. expenses etc)	3,000	3030			
contribution to office costs	3500	3535			
contribution to governance & management costs	1000	1010			
Total Project Costs	28595	28880.95			
Amount requested fom CBT	25000	25000			
Income raised (people health trust)	3595	3595			
Income to be secured		300			
Total Request / Secured	28595	28895			
Shortfall	0	14.05			

Breakdown Direct Costs: 20 volunteers per annum - annual volutneer évent - £400 (dinner); quaterly v £150x 4 - £600; Marketing - leaflets design & printing £1,000); additional garden equipment, seeds, et

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: London Sustainability Exchange	
If your organisation is part of a larger organisation, what is its name? N/a	
In which London Borough is your organisation based? Southwark	
Contact person: Mr Leo Oliveira	Position: Team Administrator
Website: http://www.lsx.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1122130
When was your organisation established? 11/11/2001	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving London's Environment
Which of the programme outcome(s) does your application aim to achieve? More Londoners with a greater knowledge and understanding of the 'green' environment and biodiversity More people reporting improved wellbeing through greater use of open spaces and through growing and greening initiatives
Please describe the purpose of your funding request in one sentence. BREATHE will engage six "communities of interest" in need to plan and deliver their own activities to improve their local environment for the first time.
When will the funding be required? 01/05/2015
How much funding are you requesting? Year 1: £43,623 Year 2: £45,988 Year 3: £0 Total: £89,612

Aims of your organisation:

LSx (www.lsx.org.uk) is a think and do tank that aims to create collaborations that address the complex barriers to a sustainable London. Our projects provide action-based research to develop, and in turn share the lessons from our work across London, and most importantly influence London's policies for a sustainable future. We know that information alone doesn't necessarily lead to change; as a consequence we offer the benefits of living a sustainable lifestyle working with a myriad of communities and organisations. In all our programmes we identify the impact of our work through a clear monitoring and evaluation framework.

As a result of working with LSx you will have

- Strong and resilient communities
- Recognition within our 4,500 strong learner network
- Action research with identifiable impact
- Evidence based recommendations for policy makers & communities alike

Main activities of your organisation:

Challenges like climate change, obesity, community cohesion, and inequalities can't be solved by just regulating individual behaviour. LSx is at the forefront of developing new approaches that actively empower Londoners, so that they can drive forward the solutions.

Our energy and resilience programme empowers healthy and sustainable lifestyles, enabling this to be a social norm; often identifying the key individuals, who in turn influence their friends and neighbours.

Our green entrepreneur programme flips the waste paradigm: working with community groups to recast waste as a valuable resource and bring the reuse market closer to a 'tipping point.' Our aim is that communities have a 'social norm' of reuse.

Our air quality programme supports communities to establish the hard facts about air quality in their area, use this information to inform their travel behaviours, and in turn influence others through their social networks to develop more sustainable travel behaviours.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	7	10	30

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	2 years

Summary of grant request

BACKGROUND

With recent support from CBT, LSx has supported 189 volunteers representing 18 community groups to enable Londoners to adopt new habits, ease fuel poverty and save 270 tonnes of carbon emissions and 3,200 m³ of water. Although these groups were already active, the support from LSx enabled them to make faster progress.

AIMS OF "BREATHE"

We are asking the Trust for funding to support BREATHE, a new initiative to engage and support six groups that have high potential to engage Londoners in areas of high need, but which are currently not actively greening their local environment.

As a result of "BREATHE" 6 communities of interest not previously actively "green" will be:

- 1) motivated to engage through fun activities THEY plan and design eg. growing food, sharing a picnic using leftovers, measuring air pollution in parks
- 2) equipped to influence the behaviours of at least 1500 people from their community
- 3) able to design, secure funding for and deliver their own initiatives and
- 4) vibrantly connected to other groups in London

Achieving these goals will deliver "environmental education" in an engaging way for Londoners. It will help meet the Trust's goal of more Londoners having a greater understanding of the "green" environment, focusing on groups who have previously missed out.

NEED

Londoners from disadvantaged communities are often missing out on and put off by green messaging. Our action research has shown that talking about fuel bills can alienate people who have little to spare: 'please don't remind me that I have nothing' is a common refrain.

Key needs we will address:

- Little understanding of environmental issues and lack of resilience to climate change. 25% of London neighbourhoods are highly vulnerable to overheating and there are several pockets of high risk of flooding from surface water. Now is the time to prepare neighbourhoods for extreme weather. For example, increasing access to cool places of refuge in parks and other open spaces.
- Lack of a "social norm" of growing food, using food leftovers, walking and cycling, fixing up and reusing everything that can be, therefore high costs for local residents in terms of health and well-being, household finances and dealing with waste.
- To tap into social networks. We know these communities will only listen if activities are engaging, and their peers are encouraging them.

DELIVERY

Our model has proven to be replicable and effective. It works with a social network to create new "social norms", using friends and neighbours as communicators and influencers.

Our step by step approach is to: 1) Identify 6 areas of high need (where people have access to fewer open spaces, or air pollution or vulnerability to extreme weather) AND high potential (where there are strong social networks and trusted intermediaries) 2) Co-design environmental education activities with trusted intermediaries, working with groups to secure additional funding to support their own work where required 3) Support rollout of environmental activities that play on motivational hooks for that community 4) Through a network of communities across London, share learning and connecting groups to new funders or pro bono help (including groups supported in our previous CBT funded project).

WHY LSX?

LSx has over ten years' experience of delivering sustainable development in London. We have made a significant difference across social and environmental issues, changing behaviour through our social marketing techniques and influencing decision making locally and London-wide. Our approach draws on our experience of behaviour change theory and practice, in particular maximising the use of 'social gravity'. We are champions of environmental good practice.

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Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

6 communities of high need (in terms of a poor quality/at risk local environment) and high potential (in terms of strong social networks) are identified through desk research and their participation is secured through face to face meetings. We will make use of extensive community connections across London.

Co-design and Action Plan with each of the 6 communities. Our successful and fun Action Plan Workshop will be run with all 6 communities using games to identify high impact actions eg food growing, citizen science activities to measure air pollution. Champions from each community will receive training.

Action Plan for each of 6 communities is carried out, led by trained champions. Activities tap into what the community finds is fun and aspirational and exploit the social networks.

Monitoring and evaluation training, making use of our new toolkit, to measure impact and support readiness for joining in with new environmental initiatives such as the Community Energy Strategy.

Network of London groups to sign-post and share techniques for engaging disengaged Londoners in greening their local environment. 3 events including action focused surgery events; project webpage; 10 LSx bulletins. Groups who benefitted from LSx's previous project funded by the Trust can join.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

2000 participants have increased understanding and green "know-how" that benefits them in their daily lives, helps improve the local environment and increases their preparedness for climate change.

Community members who participate report improved well-being as a result of the activities they have taken part in with their friends and neighbours.

Individuals from each of the communities will be better informed about and able to take advantage of new funding opportunities because they can measure their impacts.

Communities in different parts of London are enabled to work together, access key information policies and ideas, and create a broader collaborative change.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

BREATHE will be continued by the six community groups, taken forward by the skills they have developed to get their members more engaged in their local green environment. We will support them to demonstrate their impact effectively to potential funders.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

2,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
LSx salary costs (including NI and Pension)	19,257	19,835	0	39,092
LSx support costs	8,666	8,926	0	17,592
Community group costs-staff time, venue and activity costs, volunteer support	12,000	12,000	0	24,000
Materials to support delivery (eg goody bags)	1,000	1,000	0	2,000
Event costs (venues , contributors and refreshments)	1,500	3,000	0	4,500
IT costs (webpages and bulletin)	500	528	0	1,000
Travel and subsistence	500	528	0	1,028
	0	0	0	0
	0	0	0	0
TOTAL:	43,623	45,988	0	89,612

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
LSx salary costs (Including NI and Pension)	19,257	19,835	0	39,092
LSx support costs	8,666	8,926	0	17,592
Community group costs for staff time, venue and activity cost	12,000	12,000	0	24,000
Materials to support delivery (eg goody bags)	1,000	1,000	0	2,000
Event costs (venues , contributors and refreshmentsBreakfast event costs	1,500	3,000	0	4,500
IT costs (webpages and bulletin)	500	500	0	1,000
Travel and subsistence	500	528	0	1,028
	0	0	0	0
	0	0	0	0
TOTAL:	43,623	45,988	0	89,612

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	5,965
Activities for generating funds	
321,736 Investment income	
Income from charitable activities	268,518
Other sources	
Total Income:	274,483

Expenditure:	£
Charitable activities	321,736
Governance costs	
Cost of generating funds	14,008
Other	
Total Expenditure:	335,744
Net (deficit)/surplus:	(61,261)
Other Recognised Gains/(Losses):	
Net Movement in Funds:	(61,261)

Asset position at year end	£
Fixed assets	5,027
Investments	
Net current assets	207,164
Long-term liabilities	
*Total Assets (A):	212,191

Reserves at year end	£
Endowment funds	
Restricted funds	(813,000)
Unrestricted funds	213,004
*Total Reserves (B):	212,191

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

38%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	4,174	0	0
London Local Authorities	0	39,706	63,377
London Councils	234,096	89,380	0
Health Authorities	0	0	0
Central Government departments	28,304	46,151	79,215
Other statutory bodies	78,968	157,810	76,356

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	576,032	128,624	75,166
	0	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Gail Freeman**

Role within **Development and fundraising**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Barons Court Project	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Hammersmith & Fulham	
Contact person: Ms Olga Zakharenko	Position: Financial Controller
Website: http://www.baronscourtproject.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 296034
When was your organisation established? 01/08/1985	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health		
Which of the programme outcome(s) does your application aim to achieve? More people from BME communities accessing appropriate mental health services, resulting in them receiving the right care and treatment More homeless and transient people having access to mental health services and reporting improved well-being		
Please describe the purpose of your funding request in one sentence. Funding for one full-time project worker to support and improve the provision of Barons Court Project's drop-in and support services.		
When will the funding be required? 17/12/2014		
How much funding are you requesting?		
Year 1: £28,958	Year 2: £0	Year 3: £0
Total: £28,958		

Summary of grant request

1) Need for the project

Barons Court Project is the only service of its type in the borough that offers direct access specifically to people who have a mental illness and are street homeless. Our mental health drop-in centre has been running for almost thirty years and is well connected with local health and social services, as well as providing care for a significant number of 'hard to reach' clients who, for various reasons, have limited access to statutory services.

Demand for the Project's services is consistently high, in particular in the wake of recent welfare reform. A number of factors have made it difficult for the Project to meet this demand. Specifically, due to statutory funding cuts (September 2013) the project worker team has been reduced from four to three and it has therefore been necessary to reduce the number of days on which we run an open-access drop-in. We have also had to limit the amount of individual support we can provide to our service users. Having an additional member of staff would allow us to provide the level and consistency of service required by our service users.

Barons Court Project's members come from a wide range of cultural backgrounds and we strive to make sure our services match this diversity in all of our working practices. In particular, our BME social and cultural group, Green Palm Club, is a thriving part of our services. We would like to continue to improve our ability to respond to the cultural needs of our clientele especially as the demographics change. Our fourth project worker would therefore be given specific responsibility for overseeing this and for improving our links with other local organisations working towards similar goals.

Our diversity of services allow us to support service users with varying needs and capacities and to provide the sort of support they are unable to access through other means. A fourth project worker would allow us to continue to develop and improve this service.

2) Expected achievements and meeting the 'Improving Londoners' Mental Health' outcomes.

The project worker will contribute towards achieving five main objectives:

- To enable service users to manage on-going mental health difficulties more successfully
- To enable service users to live independently
- To increase service users' self-confidence
- To link street-homeless people with mainstream services, outreach teams and housing providers
- To increase and improve opportunities for people from local BME communities to access our services

3) Meeting the Trust's principles.

- Our service users are involved in planning all of the activities the Project runs. They do this through a monthly community meeting when the next month's activities are planned. We also have two service user representatives with seats on our management committee.
- We welcome service users from a wide range of backgrounds. In particular, our women's group and BME group allow us to respond to the specific needs of our diverse client group.
- Our volunteers play a key role in our operation and are supported through regular supervision and financial reimbursement.
- We are an environmentally conscious organisation, taking steps to reduce waste and our carbon footprint.

Please see attachments for more details on all of the above.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

200

In which Greater London borough(s) or areas of London will your beneficiaries live?

Hammersmith & Fulham (100%)

What age group(s) will benefit?

25-44

45-64

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Worker Cost	28,958	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	28,958	0	0	0

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Worker Cost	28,958	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	28,958	0	0	0

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	0
Activities for generating funds	306 0
Investment income	2933 0
Income from charitable activities	231,435
Other sources	3,239
Total Income:	234,674 0

Expenditure:	£
Charitable activities	231,658
Governance costs	2,225
Cost of generating funds	2,150
Other	0
Total Expenditure:	236,033
Net (deficit)/surplus:	-1,359
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Pinholes

Asset position at year end	£
Fixed assets	18,362
Investments	0
Net current assets	184,056
Long-term liabilities	0
*Total Assets (A):	216,544

Reserves at year end	£
Restricted funds	92,651
Endowment Funds	0
Unrestricted funds	109,767
*Total Reserves (B):	202,418

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
71-80%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

We have received reduction in funding from H&F Council and Clinical Commissioning Group (CCG). Council Grant (3SIF&Mental Health grant) in the year to 31 March 2013 - £82,500.00 was reduced to £35,000 in 2014 and expected to be £70,000 in the year 31 March 2015. The CCG grant in the year to 31 March 2013 was £59,270 reduced to £58,500 in the year 2014.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	137,305	114,205	66,705
Health Authorities	59,270	59,270	58,500
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Garfield Weston Foundation	5,000	5,000	0
The Eleonor Barton Trust	2,000	2,000	2,000
CLSA Chairman Charitable Trust	0	12,163	0
The Hilden Charitable Trust	5,000	0	2,000
The Evan Cornish Foundation	0	4,500	4,500

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Olga Zakharenko**

Role within **Financial Controller**
Organisation:

BARONS COURT PROJECT		Notes
FUNDING BID TO THE TRANSITION FUND		
<i>Project worker cost</i>	<i>Year 1</i>	
	£	
Point 24 (2013/2014)	21,067.00	
Point 24 (2013/2014)		
LW (2013/2014)	3,299.00	
	24,366.00	
Estimated cost of living increase - year 1 - 0%	730.98	
Estimated cost of living increase - year 2 - 0%	-	
Gross pay	25,096.98	
Employers NI (10.00%)	2,509.70	
Employers Staff Pensions contribution (3.5%)	878.39	
Total payroll cost	28,485.07	
Other costs: -		
Recruitment	600.00	New post will need to be advertised
Training	750.00	5 x 1 Day courses inc Safeguarding and core training
Staff management	405.95	9 Supervision sessions of 1.5 Hours at PM Costs
Team Away Day Cost	50.00	
DBS	55.00	
Staff Travel for Outreach	60.00	
Stationery	50.00	
Publicity Materials for BME Comm	200.00	Out reach leaflets and promotional materials for BME Community
Materials	500.00	
Food Costs for Life skills, Green Palm and Womens Group	500.00	
IT support for Computer room	122.00	Two hours of IT support from our external provider
Utilities to run showers and project	300.00	Contribution to Utilities Costs
Fundraising Costs PM Hours	500.00	16 hours of fundraising costs for PM equivalent to two weeks costs
	4,092.95	
TOTAL COSTS	32,578.02	

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Helen Bamber Foundation	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Camden	
Contact person: Ms Emily Collins Gareth Holmes	Position: Fundraising & Communications Officer
Website: http://helenbamber.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1149652
When was your organisation established? 01/06/2005	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More refugee and asylum seekers experiencing trauma, grief and loss accessing mental health services resulting in improved mental health More survivors of trafficking accessing quality specialist support to improve their safety, health and well-being and to beginning to reintegrate into society
Please describe the purpose of your funding request in one sentence. Provide specialist integrated care to improve and sustain the mental health, safety and wellbeing of refugees and asylum seekers who have experienced trauma (including trafficking).
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £50,000 Year 2: £50,000 Year 3: £50,000 Total: £150,000

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Aims of your organisation:

Helen Bamber Foundation (HBF) is a human rights charity based in London. We help those who have experienced extreme human cruelty -- such as torture or trafficking - to re-build their lives. Our aims are to improve the mental and physical health of the 1500 clients we see each year and reduce further trauma by improving their access to protection and care, and increasing their ability to reintegrate into society. We also aim to ensure decision makers take clinical vulnerabilities and needs into consideration when determining claims for asylum, welfare and housing.

Many of our clients have no one else to turn to. They are considered 'foreign' and are too mentally ill to advocate for themselves, facing an environment in which their stories are doubted and disbelieved. When people are left without protection and assistance after suffering violations, they become increasingly vulnerable, no matter where they are. This is where HBF's specialist clinical work begins.

Main activities of your organisation:

HBF works to deal with the long term physical and psychological impact of extreme interpersonal violence. Our pioneering Model of Integrated Care includes specialist programmes of therapeutic care for individuals, families and groups, detailed medical assessments, co-ordination of external healthcare services, provision of expert Medico-legal Reports, a Creative Arts, Skills and Activities Programme and welfare & housing advice to prevent social deprivation.

We adjust the care we give in accordance with changing circumstances and challenges clients face. We help our clients gradually establish a therapeutic relationship of trust, which can eventually enable them to form safe, restorative and stabilising relationships in the wider community. This is an intricate process, essential for survivors' safety, well-being, ability to re-build and move forward with their lives and ability to integrate into broader society.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
12	4	8	70

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	9 years.

Summary of grant request

Human rights abuses are happening in 150 countries, 30% of the individuals requesting international protection in the UK are estimated to have experienced torture or serious harm, 29m people are estimated to be living under conditions of slavery worldwide and state torture continues in 141 countries. Last year we received 893 referrals and worked with 1,555 clients, 54% of them female, aged between 5 and 70, from over 90 countries. 99% were BME, and 5% were LGBT. However, these statistics do not show the trials that people face in the UK: distressing legal procedures, socio-economic deprivation and danger, detention or imprisonment, and the hidden injuries of trauma, isolation and loss. All of our clients come to us with debilitating physical and psychological injuries in need of immediate attention.

We aim for sustained recovery from these injuries; psychological recovery is a long-term and ongoing process. We maintain a consistent, safe environment for people who may not have another 'safe place' to go. We work to increase clients' ability to recall, articulate and come to terms with their experiences, and navigate the complexities of everyday life. The overall aim for each individual is the luxury of a 'normal' life, free from fear, anxiety, and pain.

HBF has developed a formidable track record in the treatment of enduring trauma and securing legal redress. Our specialist team of 15.8 (FTE) staff and 70+ volunteers have an international reputation in providing therapeutic care, medical consultation, legal protection and practical support to survivors of human rights violations. This depth of care is not available to this breadth of client group anywhere else in the UK; for most people we are the first organisation they have found who can help them, and for the majority we are their last chance for recovery and protection from further trauma.

We respond rapidly to any situations of adversity; clients may be homeless, without welfare, food, a GP and legal representation. Through combining clinical and legal disciplines, medico-legal evidence is provided to ensure that the services our clients are entitled to are activated or reinstated. HBF will assist on all fronts. It is time consuming, but necessary in order to stabilise the individual to a psychological place suited for therapy.

In the last year we have seen a huge increase in referrals. We have been struggling to keep up with demand, whilst maintaining the depth and longevity of care our clients need. We are making a number of changes to deal with referrals more quickly and 'triage' clients to make our services more efficient. We will be using new symptom-management groups and 'stabilisation' therapy methods, as well as the introduction of cutting-edge therapies to provide fast, targeted care to those with immediate critical needs. This is where we need City Bridge Trust; we would like a grant towards our new Head of Therapies' remit.

Dr. Katy Robjant, our new Head of Therapies, is a Consultant Clinical Psychologist, and the only qualified UK trainer of Narrative Exposure Therapy. She is published on the topic of Complex Trauma and brings a wealth of clinical experience to the Foundation. She will oversee the changes mentioned above, to respond to the increase in demand for our services, reduce our waiting list and continue to meet our responsibilities to our extremely vulnerable clients. We already conduct client surveys and informal focus groups to involve our clients in the development of our services, but Dr. Robjant will pilot time bound treatment groups, and more vigorously monitor our quantitative impact. She will also help establish HBF as a training and research centre, at the cutting-edge of trauma-focussed therapies.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Individual specialist psychotherapy sessions for refugee or asylum seekers who have experienced trauma (8,000 per year)

Group therapy and psychoeducation sessions for refugee or asylum seekers who have experienced trauma, and their families (150 per year)

Medico-legal reports for use in asylum cases where trauma has occurred (130 per year)

Narrative Exposure Therapy training sessions for clinicians (3 UK sessions, 25 UK trainees per year. 2 international sessions, 16 international trainees per year)

A 'HBF Handbook' to further refine our clients' therapy pathways and provide evidence-based best practice guidance for external dissemination.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Asylum seekers or refugees who have experienced trauma are better able to function in daily life with a reduction in trauma symptoms and improvement in clinical trauma scores.

Asylum seekers or refugees who have experienced trauma become more able to form and maintain healthy relationships with others, especially within family units.

Asylum seekers or refugees who have experienced trauma are better-able to make a case for international protection, through their legal representative.

Decision makers have better knowledge of the clinical vulnerabilities & treatment needs of asylum seekers or refugees who have experienced trauma.

Clinicians and volunteers have an increased ability to treat asylum seekers or refugees who have experienced trauma with effective, evidence-based approaches.

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Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We plan to continue it for as long as we are needed and our number of referrals is increasing. Our fundraising strategy & team focus on securing larger, multi-year grants as a sustainable base for the continuation of our work and our reserves can be used should we be unable to raise the funds elsewhere.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,500

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

Male

Female

Trans

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Head of Therapies - Salary, NI & Pension	53,759	53,759	53,759	161,277
Therapies Overhead Costs (60% of hours)	12,608	12,608	12,608	37,824
Legal Protection Overhead Costs (40% of hours)	10,381	10,381	10,381	31,143
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	76,748	76,748	76,748	230,244

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Persula Foundation	12,000	0	0	12,000
Volant Trust	10,000	10,000	0	20,000
Sigrid Rausing	0	12,000	22,000	34,000
	0	0	0	0
TOTAL:	22,000	22,000	22,000	66,000

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Head of Therapies - Salary, NI & Pension	41,759	41,759	31,759	115,277
Therapies Overhead Costs (60% of hours)	8,240	8,240	12,608	29,090
Legal Protection Overhead Costs (40% of hours)	0	0	5,632	5,632
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	50,000	50,000	50,000	150,000

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: December	Year: 2013
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Income received from:	£
Voluntary income	1,265,307
Activities for generating funds	1,360
Investment income	1,377
Income from charitable activities	411,408
Other sources	0
Total Income:	1,679,452

Expenditure:	£
Charitable activities	884,643
Governance costs	20,314
Cost of generating funds	192,396
Other	73,722
Total Expenditure:	1,171,075
Net (deficit)/surplus:	508,377
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	508,377

Asset position at year end	£
Fixed assets	104,477
Investments	0
Net current assets	1,126,593
Long-term liabilities	0
*Total Assets (A):	1,231,070

Reserves at year end	£
Restricted funds	26,412
Endowment Funds	0
Unrestricted funds	1,204,658
*Total Reserves (B):	1,231,070

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 0%
--

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: None
--

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Sigrid Rausing Trust	100,000	100,000	100,000
Comic Relief	45,000	45,000	45,000
Trust For London	30,000	30,000	15,000
Porticus UK	30,000	50,000	0
Volant Trust	10,000	20,000	20,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Emily Collins**

Role within **Fundraising & Communications Officer**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Middle Eastern Women and Society Organisation	
If your organisation is part of a larger organisation, what is its name? N/A	
In which London Borough is your organisation based? Islington	
Contact person: Ms Halaleh Taheri	Position: Director
Website: http://www.mewso.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1150129
When was your organisation established? 10/01/2010	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More people from BME communities accessing appropriate mental health services, resulting in them receiving the right care and treatment More refugee and asylum seekers experiencing trauma, grief and loss accessing mental health services resulting in improved mental health
Please describe the purpose of your funding request in one sentence. Assisting Middle-Eastern & displaced women, victims of domestic violence, forced marriage, honour killing and FGM to access care, counselling and workshops to rebuild their lives.
When will the funding be required? 13/10/2014
How much funding are you requesting? Year 1: £10,124 Year 2: £9,497 Year 3: £9,184 Total: £28,806

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Aims of your organisation:

MEWSO is a charity organisation aiming to support and empower Middle-Eastern women including refugees or asylum seekers who are experiencing gender discrimination. Our goal is to help them rebuild their lives and integrate displaced women into society. We aim to tackle isolation and loneliness as well as raise awareness of women's rights and inform them about further education, job opportunities and information on welfare available to them.

Main activities of your organisation:

- Counselling - one to one and group, outreach befriender
- Therapy sessions - Pilates, holistic massage, art, dance, community socialising
- Workshops - Raising awareness about domestic violence, women's rights and welfare available, managing money, job searching, women's health (cervical cancer, weight management), parenting and family planning
- English Lessons - one to one and group

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	1	5	17

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	On going

Summary of grant request

We are requesting funding for the cost of one part-time qualified counselling professional for 8 hours per week and one part-time outreach worker for 6 hours per week to work with and reach out to victims of domestic violence, forced marriage and female genital mutilation and, those affected by honour killings in their family.

The need for the project stems from the fact that beneficiaries are extremely traumatised and in need of comprehensive counselling and assessment for needs because most of them are not familiar with the British system as they were brought here by their male partners and family members. They do not have the knowledge or confidence to access mainstream providers. We would like to reach out to them and assist them to reach an informed decision on how to rebuild their lives anew and integrate into the wider community. We are trying to stop them suffering in silence and remove the stigma attached to seeking help outside family and community circles.

We are receiving referrals from the police, GP's, schools, mental health groups, community organisations, support workers and through individuals and community members. We arrange a meeting with the client as soon as possible either at our office or at an outreach location. Following the initial assessment, a list of actions will be drawn with and for the client. Clients are also encouraged to attend our in-house workshops to rebuild their confidence and meet other women in similar situation. We have interpreters in more than 6 languages in the region. We also have one volunteer English outreach teacher who would work on a one-to-one basis till the client is ready to participate in the mainstream provisions. The action plan covers issues such as re-housing, joining a refuge, custody of children, counselling, befriending, employment and self-employment support. All meetings and decisions are recorded in relevant forms and kept confidential at the office. The client's permission to act on her behalf and share information with funders if necessary is sought at the initial session.

This project aims to assist women who are displaced to this country more than often by their male partners and family members and, suffer in silence. The project also aims to assist them to rebuild their lives in their new home without fear and abuse. The project tries to remove the stigma about seeking help outside of the family and community circles. The project wants to assist the target group to become economically active and integrate fully into the wider society.

MEWSO is a small, friendly and professional organisation. Most of our volunteers are ex-service users who continue working with us to assist women who are in the situation once they were in. We are ethnic minorities focused and also have different workshops and events that are complimentary to our one-to-one support services. MEWSO is the alternative to many community based services that could be dominated by male members who are perpetrator of abuse.

Our Volunteers are involved in delivering of our services and help designing the services as ex-service users alongside new services users providing us feedback and new ideas. We are proud to work with a diverse pool of volunteers and clients and, the door of MEWSO is open to people who need us regardless of our geographic focus.

We are based at one of Ethical Property buildings in London that is an environmentally responsible office space provider. The staff and volunteers are asked to use public transport for coming to the office. We are using reusable USB for our volunteer's pack instead of paper.

203
If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

not applicable

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Providing advice, guidance, advocacy and signposting for victims of domestic violence, forced marriage, honour killing and female genital mutilation in areas of domestic violence, re-housing, welfare rights, children, education, employment and self-employment by qualified advisers.

Providing outreach service, signposting and referral for victims of domestic violence, forced marriage, honour killing and female genital mutilation by one part-time outreach worker for clients who could not leave their premises such as being in a refuge.

Providing one-2-one and group counselling for the above mentioned clients and those referred to us by GP's, Police and social services by qualified counsellors speaking languages within the Middle eastern communities.

Delivering different workshops for the above mentioned clients in arts therapy, health & well-being, dance and movement therapy, CV writing & jobsearch and self-employment by volunteer facilitators to assist our clients to gain their physical and mental health and integrate into the wider community.

Providing one-2-one English language tuition by volunteer qualified ESOL tutors to prepare clients to regain their confidence and get ready to attend main ESOL providers.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Improving mental & physical health of victims of domestic violence, forced marriage, honour killing and female genital mutilation in London.

Reducing the pressure on mainstream national resources such as NHS by reducing the number of visits to GP's, hospitals and mental institutions.

Reducing the dependency of our service users on state benefits by assisting them to learn new skills to become economically active.

Raising awareness regarding domestic violence, forced marriage, honour killing and female genital mutilation among Middle Eastern women and their right for not suffering in silence.

Removing the stigma regarding reaching out for help outside the circles of family and community by Middle Eastern women.

204
Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. We are charging clients a contribution towards the cost of counselling and outreach services from the year two and will increase the contribution by clients for the year three. We are planning to turn the service provision into a social enterprise following the period beyond funding.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

600

In which Greater London borough(s) or areas of London will your beneficiaries live?

Haringey (30%)

Hackney (20%)

Enfield (27%)

Islington (23%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Other ethnic group (including Arab)

If Other ethnic group, please give details: **Kurdish, Afghan & Arab**

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Qualified counsellor/ sessional worker- 8 hr/wk for 40 wks incl. NIC	6,093	5,734	5,555	17,382
Outreach/ sessional worker - 6 hr/wk for 40 wks	4,032	3,763	3,629	11,424
Room hire- £30/hr for 10hr/wk for 40 wks	12,000	12,000	12,000	36,000
bills, postage, stationary, admin- £5/wk for 40 wks	200	200	200	600
Professional fee- Accountants	300	300	300	900
	0	0	0	0

TOTAL:	22,625	21,997	21,684	66,306
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
room Hire	12,000	12,000	12,000	36,000
Contribution to bills, postage, stationary, admin	200	200	200	600
professional fee- accountant	300	300	300	900
	0	0	0	0

TOTAL:	12,500	12,500	12,500	37,500
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
counsellor/sessional worker- 8 hr/wk for 40 wks incl. NIC	6,093	5,734	5,555	17,382
Outreach/sessional worker - 6 hr/wk for 40 wks	4,032	3,763	3,629	11,424
	0	0	0	0
	0	0	0	0

TOTAL:	10,125	9,497	9,184	28,806
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	1,833
Activities for generating funds	
Investment income	
Income from charitable activities	22,195
Other sources	
Total Income:	24,028

Expenditure:	£
Charitable activities	5,353
Governance costs	
Cost of generating funds	
Other	
Total Expenditure:	5,353
Net (deficit)/surplus:	18,675
Other Recognised Gains/(Losses):	
Net Movement in Funds:	18,675

Asset position at year end	£
Fixed assets	
Investments	
Net current assets	18,675
Long-term liabilities	
*Total Assets (A):	18,675

Reserves at year end	£
Endowment funds	
Restricted funds	16,842
Unrestricted funds	1,833
*Total Reserves (B):	18,675

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
--

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:
--

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Islington Community Chest	0	2,500	0
Awards for All	0	9,995	0
Local initial fund- Islington	0	505	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Halaleh Taheri**

Role within **Practice Director**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: SANE	
If your organisation is part of a larger organisation, what is its name? Not applicable	
In which London Borough is your organisation based? Tower Hamlets	
Contact person: Mr Paul Flitcroft	Position: Director of Fundraising and Marketing
Website: http://www.sane.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 296572
When was your organisation established? 01/07/1986	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? A reduction in suicide and self-harm amongst the recognised at risk groups More children and young people receiving specialist help, resulting in improved mental health
Please describe the purpose of your funding request in one sentence. Enabling 345,031 Londoners to receive specialist mental health support, including 76,714 affected by suicide and self-harm, 64,545 children/young people, and 56,270 from BME communities.
When will the funding be required? 15/10/2014
How much funding are you requesting? Year 1: £54,548 Year 2: £54,912 Year 3: £55,482 Total: £164,942

Aims of your organisation:

Mental illness is the UK's most critical and under-resourced health challenge; it affects 1 in 4 people directly and touches everyone in society. Mental illness is a devastating experience, but there is a severe lack of specialist help and support. The causes of mental illness remain unknown.

Mental illness covers a large range of complex conditions: depression, anxiety, addiction, obsessive thoughts/impulses, phobias, eating disorders, bipolar, personality disorders, post-traumatic stress, schizophrenia, self-harm, suicide.

SANE improves the quality of life of anyone affected by mental illness (including family, friends and carers), through three aims:

1. Reducing the impact of mental illness
2. Improving treatment and care; Increasing knowledge about mental illness
3. Influencing policy and public attitudes; Increasing the understanding of mental illness

SANE provides consistent, personalised, expert care; each person receives the professional help and attention needed at any stage of life. Neuroscientific and psychosocial research inform these services. Education programmes aim to normalise mental illness like any physical condition.

Main activities of your organisation:

SANE undertakes three main activities:

1. Specialist mental health services: Free, confidential emotional support and expert information to anyone affected by mental illness, 365 days a year, helping more than 95,000 Londoners every year. This is delivered via:

- i) Personalised channels - helpline, email, text, caller care, online forum and carers' circle
- ii) Social media - emotional and psychological support and information with individual follow up
- iii) Websites: sane.org.uk and blackdogtribe.com - resources, information, news/updates; a place to express oneself, and to give/receive peer support

2. Research into the causes of, and better treatments for, mental illness. Research is central to enhancing and developing SANE's service provision e.g. suicide and self harm.

3. Education and awareness projects: Tackling the stigma, prejudice and discrimination surrounding mental illness - this is the main reason why people don't ask for help when they need it.

SANE is the only mental health charity to combine these three resources, all of which are free.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
11	18	7	150

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Lease expires 31 March 2015

Summary of grant request

The grant request is to fund the Director of Services position for three years. The impact will be 345,031 Londoners receiving expert mental health support and information; 76,714 affected by suicide/self-harm will benefit, plus 64,545 children/young people and 56,270 from BME communities.

Over two million Londoners suffer with mental illness. Many find it harder to obtain work, are more likely to be homeless, and live in areas of high social deprivation. People with severe mental illnesses die on average 20 years early. 90% of the people who die from suicide have a mental health disorder. In Tower Hamlets 50% of the population is from BME groups. In any week, 12% of adults suffer from depression, 4% higher than the national average. Self-harm has reached 'epidemic' levels.

Founded in 1986, SANE has been at the forefront of mental health for over 25 years. SANE provides specialist help, support and expert information 365 days a year. This is vital because high-quality, long-term emotional support is the missing element from statutory provision.

SANE has a well established, integrated suite of complementary mental health services. These services - helpline, email, text, caller care, online forums, carers' circle, social media and websites - will be utilised to deliver the programme activities and outcomes. SANE reinforces these services with research and education. Recent projects include suicide, self-harm and anti-stigma.

The unique element of SANE's service provision is the nature, quality and depth of the emotional support offered, and the many different ways people can access help. This is distinct from what other organisations can provide e.g. Mind, Samaritans and Rethink. In 2013, 95,922 Londoners benefitted from this approach; we plan to increase this by 9% each year for the next three years.

SANE's Director of Services leads a team of twelve mental health professionals and 150 skilled volunteers. This combination of staff and highly-trained volunteers is essential due to the complexity of mental illness and the deep clinical/therapeutic approach SANE offers.

The Director of Services has recognised some sections of society are particularly at risk. She has initiated three programmes to tackle this need:

A reduction in suicide and self-harm among the recognised at risk groups: In-house data shows suicide and self-harm accounting for 30% of people looking for help from SANE. SANE will provide specialist support, informed by our ground-breaking research and distribute 4,500 leaflets and 9,000 drop cards to make more people aware of our unique web resources on suicide and self-harm. Outcomes include being better able to confide in others, and more awareness of coping strategies.

More children and young people receiving specialist help, resulting in improved mental health: Promote support via text messaging, social media and websites to reach more young people (11-24). This group is most comfortable with these forms of communication. The outcomes include improved self-esteem and confidence, and reduced distress and despair.

More people from BME communities accessing appropriate mental health services, resulting in them receiving the right care and treatment: Distribute SANE Services posters in ethnic languages to BME community organisations. Promote support via the helpline and websites. Make the availability real-time interpreter services more widely known. Outcomes include an increased sense of being supported consistently, reduced loneliness and exclusion.

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The Director of Services is responsible for involving service users in SANE's work and taking action to reduce our carbon footprint. She has written all the services and valuing volunteers procedures, plus the Equality and Diversity Policy, and Environmental Policy and Management System.

Volunteer recruitment and training comes under the leadership of the Director of Services. She was instrumental in setting up and running the outcomes evaluation programme.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not applicable.

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Provide specialist mental health emotional support and expert information to Londoners and improve their quality of life. Through SANE's services, social media and websites SANE will reach and help 345,031 Londoners. The annual breakdown is:

Year 1: 104,675

Year 2: 114,542

Year 3: 125,814

Help 76,714 Londoners affected by suicide/self-harm through SANE Services and Outreach work. Promote SANE's web resource on suicide prevention & self-harm research - distribute 4,500 leaflets and 9,000 drop cards to organisations, companies, voluntary groups and individuals. Activity:

Year 1: 19,810 + 4,500

Year 2: 21,306 + 4,500

Year 3: 22,098 + 4,500

Promote and deliver specialist emotional support and information for Children and Young People, primarily via text messaging, social media and the websites (aged 11-24). 64,545 children and young people will benefit. The annual breakdown is:

Year 1: 18,150

Year 2: 20,570

Year 3: 25,825

Offer emotional support and provide practical help for people in BME communities, primarily via SANE helpline and websites. 56,270 people in BME communities will receive the right care and treatment. The annual breakdown is:

Year 1: 15,990

Year 2: 18,450

Year 3: 21,830

Provide SANE's local BME communities with practical information on SANE's Services in their ethnic languages, and promote the availability of LanguageLine. Distribute SANE services posters in Bengali, Turkish and Arabic to 135 BME community groups in London. The annual activity is:

Year 1: 40

Year 2: 45

Year 3: 50

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What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

331,531 Londoners have a safe, expert place to turn to during a mental health crisis and/or dealing with long-term, enduring mental illness. Outcomes:

i) 85% of service users have a more positive attitude toward recovery and self-management

ii) 90% of service users are better able to cope with mental illness

63,214 at risk Londoners receive specialist help with suicidal thoughts/feelings/ideation and self-harm. 13,500 people and organisations are aware of SANE's specialist suicide web resources and self-harm research. Outcomes include:

i) 70% are more able to confide in those close to them

ii) 65% are more aware of coping strategies

64,545 children and young people receive specialist emotional support resulting in improved mental health.

Outcomes include:

i) 85% feel less distressed and despairing

ii) 80% have improved confidence and self-esteem

56,270 people in BME communities receive the right care and treatment. Outcomes include:

i) 87% of service users feel less lonely and isolated as a result of SANE's help

ii) 90% have an increased sense of being supported consistently and with continuity

135 community organisations receive information on SANE Services in their own languages - Bengali, Turkish and Arabic - and know that real-time interpreter services are available, if necessary, when calling SANE's helpline

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. SANE has a strong fundraising team and programme. SANE relies 100% on voluntary income and fundraises its budget each year from the public, trusts and foundations, and companies. Income from these sources has increased by 85% over the last five years and we expect this trend to continue.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

115,010

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

Other ethnic group (including Arab)

If Other ethnic group, please give details: **Turkish, Arabic**

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading		Year 1	Year 2	Year 3	Total
Director of Services Salary (1.0 FTE)	43,000		43,425	43,862	130,287
National Insurance	4,806		4,860	4,915	14,581
Pension	0		0	0	0
Overheads - Project share of Office Costs	6,742		6,627	6,705	20,074
	0		0	0	0
	0		0	0	0

TOTAL:		54,548	54,912	55,482	164,942
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Henry Smith Declined 10 October 2013	0	0	0	0
No other Trusts currently considering	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Director of Services Salary (1.0 FTE)	43,000	43,425	43,862	130,287
National Insurance	4,806	4,860	4,915	14,581
Pension	0	0	0	0
Overheads - Project share of Office Costs	6,742	6,627	6,705	20,074
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	54,548	54,912	55,482	164,942
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	1,026,725
Activities for generating funds	13,520
Investment income	28,207
Income from charitable activities	0
Other sources	226,598
Total Income:	1,295,050

Expenditure:	£
Charitable activities	1,126,861
Governance costs	6,900
Cost of generating funds	127,860
Other	17,956
Total Expenditure:	1,279,577
Net (deficit)/surplus:	15,473
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	15,473

Asset position at year end	£
Fixed assets	1,228,371
Investments	100
Net current assets	1,262,337
Long-term liabilities	0
*Total Assets (A):	2,490,808

Reserves at year end	£
Restricted funds	1,234,133
Endowment Funds	0
Unrestricted funds	1,256,675
*Total Reserves (B):	2,490,808

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None - other than office relocation described above.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	6,000	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
John Ellerman Foundation	0	25,000	25,000
Garfield Weston Foundation	30,000	50,000	0
AD Charitable Trust	15,000	15,000	15,000
BIG Lottery	136,101	147,824	46,810
Sobell Foundation	20,000	20,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Paul Thomas Flitcroft**

Role within **Director of Fundraising and Marketing**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: South London YMCA	
If your organisation is part of a larger organisation, what is its name? n/a	
In which London Borough is your organisation based? Croydon	
Contact person: Mrs Irmani Smallwood	Position: Director of New Business
Website: http://www.slymca.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1099051
When was your organisation established? 06/12/2003	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More homeless and transient people having access to mental health services and reporting improved well-being A reduction in suicide and self-harm amongst the recognised at risk groups
Please describe the purpose of your funding request in one sentence. To improve the mental health and wellbeing of homeless people living in South London YMCA services through the provision of counselling and workshops.
When will the funding be required? 03/11/2014
How much funding are you requesting? Year 1: £50,259 Year 2: £48,381 Year 3: £0 Total: £98,640

Aims of your organisation:

South London YMCA (SLYMCA) provides accommodation and community services that make a lasting difference to the people and communities we work with. We deliver our aims through 12 supported accommodation services in Croydon, Lambeth and Kensington and Chelsea, including services for single homeless people (aged 18 - 65) including long term rough sleepers, young homeless people aged 16-25, teenage parents, people with severe and enduring mental health needs, and those recovering from substance misuse.

Our Business Plan objectives are:

- Inspire our team - and invest in them to support skills and knowledge development
- Create positive change - develop and deliver added value community programmes including mentoring, counselling and work and learning activities to ensure people accessing our housing and support services get the holistic support they need to achieve and sustain independence
- Reach more people - expand our range of housing and support provision in neighbouring boroughs
- Sustain our future - maintain our financial viability and achieve value for money

Main activities of your organisation:

We work with around 750 homeless and disadvantaged people every year in 12 services (496 units of accommodation). Placing the person at the centre of decision-making about their life, we support them through 1:1 sessions and group based workshop programmes to improve their health and well being, develop independent living skills, and gain access to education, training or employment opportunities through our Work and Learning Programme.

As well as providing supported accommodation services, the charity also runs a range of innovative community based projects which aim to prevent homelessness and social exclusion and promote healthy lives. This includes: mentoring for 10-16s at risk of offending or school exclusion; a Community Host scheme which provides placements with local families for 16-18 year olds; and our current, small in-house counselling service. We also lead the Customer Employment Partnership of 10 London homelessness agencies, promoting employment opportunities in the sector for people who have themselves been homeless.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
100	18	12	100

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

The need for the project

A September 2013 consultation with customers identified counselling and wellbeing support as two areas where they need more support. Customers identified that substance misuse, depression, stress, bereavement and abuse were all likely to contribute to or exacerbate their homelessness.

87% of customers have mental health support needs and 56% with substance misuse.

They face barriers accessing mainstream service provision:

- Distrust of providers and statutory agencies
- Undiagnosed mental health problems due to lack of access to primary care
- Inability to access mainstream counselling whilst continuing to use substances, even if reducing.

Free local counselling services have long waiting lists (around 12 weeks). Getting targeted and timely support at the moment homeless customers feel ready to access it can be very challenging.

How the work will be delivered

We will build on our pilot counselling scheme, recruiting a Wellbeing Manager to recruit, induct, support and manage volunteer counsellors running individual counselling sessions for 6 - 12 weeks across all our services in three London Boroughs. This post will also manage customer referrals to ensure demand and supply are balanced.

This post will organise a workshop programme to improve mental health and wellbeing delivered by customers, staff and partner agencies; including anger management, improving confidence and self-esteem, healthy relationships, self-harm minimisation and group work for specific mental health conditions.

What the project aims to achieve

We aim to achieve two main outcomes:

- more homeless and transient people having access to mental health services and reporting improved well-being
- a reduction in suicide and self-harm amongst the recognised at risk groups.

We will monitor this through a reduction in each customers' support needs measured on the Outcomes Star and qualitative evaluation at start and end of counselling for each customer, with six month follow up questions to identify sustained improvements.

Why we are the right organisation to deliver the work

We house 496 vulnerable homeless people each night (c. 750 people each year). This gives us unique opportunities to help our customers access the mental health support they need. Counselling will add effective, evidence-based interventions for those who struggle to access mainstream mental health services and enable individuals to access mainstream mental health services once barriers are overcome.

How will we meet the Trust's programme outcome

We will ensure all customers have access to the counselling service, focussing on those with an identified mental health support need. For example, 64% of customers at Palmer House in Croydon are at enhanced risk of self-harm and suicide; 56% of all customers have

support needs in substance misuse, and 87% have support needs in mental health. We will track the difference counselling and wellbeing workshops make through our customer support needs database, InForm.

How the project meets the 'Principles of Good Practice'

For this project customers will be involved in:

- Recruiting the Wellbeing Manager
- Designing and co-delivering workshops along staff and volunteers
- Peer support following on from counselling
- Co-designing workshop materials

We value and respect people from all backgrounds and track access to our services against all 9 diversity strands. Our staff team reflects the diversity of customers we work with; dignity and respect for customers is a core competence for all staff members.

Volunteers will be supported by the Wellbeing Manager with support from our Volunteering Officer. All volunteers benefit from a full induction and appropriate training, and are celebrated at volunteers' events throughout the year.

SLYMCA will minimise the carbon footprint of this project by only using public transport for customers, volunteers and staff, in line with our Environmental Sustainability Policy Statement.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

n/a

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

20 volunteer counsellors deliver up to 60 counselling sessions per week benefiting 300 homeless people. This will be delivered from services in Lambeth, Croydon and Kensington and Chelsea. Each customer will have 6 initial sessions which can be extended to 12 if needed. Counselling provided will be evidence-based.

Staff, volunteers, customers and external partners deliver 24 health and wellbeing workshops benefiting 390 homeless people. These workshops will cover a range of wellbeing issues such as anger management, sexual and emotional health in relationships, improving confidence and self-esteem and managing self-harming ideation.

Up to 10 staff, volunteers and customers will receive formal training to deliver health and wellbeing workshops. 30 customers will volunteer with the workshop programme over the life of the grant, acting as experts by experience and peer mentors and receive practical support and advice to develop these skills.

Volunteer counsellors receive monthly management supervision from the Wellbeing Manager and monthly clinical supervision from an external supervisor. This will ensure our volunteers are valued and that their service is benefitting both the customers and helping them to achieve qualified status.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Customers have improved mental health and wellbeing, including improved self-esteem and confidence

Customers are better able to manage their emotions

Customers have a better understanding of mental health issues

Customers feel more confident about managing their mental health and wellbeing

Customers reduce their risk of self harm and suicide

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

The project will be embedded in the organisation wide wellbeing programme so that in future it can be co-ordinated by a lower level post, funding for which will be raised from trusts and other sources. We will also explore the possibility of providing low-cost counselling externally to subsidise counselling for people in our services.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

540

In which Greater London borough(s) or areas of London will your beneficiaries live?

Croydon (50%)

Lambeth (40%)

Kensington & Chelsea (10%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

31-40%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary, NI and pension - Wellbeing Manager	33,294	33,627	0	66,921
Recruitment	2,000	0	0	2,000
Clinical supervision costs	5,640	5,640	0	11,280
Volunteer DBS fees	250	0	0	250
Staff travel	240	240	0	480
Staff mobile phone	120	120	0	240
Volunteer travel	3,800	3,800	0	7,600
Workshop costs and counselling room hire	1,000	1,000	0	2,000
Management time	3,915	3,954	0	7,869
TOTAL:	50,259	48,381	0	98,640

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary, NI and pension - Wellbeing Manager	33,294	33,627	0	66,921
Recruitment	2,000	0	0	2,000
Clinical supervision costs	5,640	5,640	0	11,280
Volunteer DBS fees	250	0	0	250
Staff travel	240	240	0	480
Staff mobile phone	120	120	0	240
Volunteer travel	3,800	3,800	0	7,600
Workshop costs and counselling room hire	1,000	1,000	0	2,000
Management time	3,915	3,954	0	7,869
TOTAL:	50,259	48,381	0	98,640

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	5,021
Activities for generating funds	168,447
Investment income	0
Income from charitable activities	8,056,220
Other sources	17,310
Total Income:	8,246,998

Expenditure:	£
Charitable activities	7,382,114
Governance costs	96,353
Cost of generating funds	224,040
Other	65,737
Total Expenditure:	7,768,244
Net (deficit)/surplus:	478,754
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	12,666,831
Investments	0
Net current assets	2,849,867
Long-term liabilities	3,333,268
*Total Assets (A):	12,183,430

Reserves at year end	£
Restricted funds	38,626
Endowment Funds	0
Unrestricted funds	12,144,804
*Total Reserves (B):	12,183,430

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

On 1 November 2013, we merged with Earls Court YMCA, a neighbouring association which is now held as a wholly-owned subsidiary. We were also successful in winning a further contract in Kensington and Chelsea (operational from 1 July), embedding RBKC as a core area of operation.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	1,502,716	1,744,319	1,976,876
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	63,472

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Homeless Link - 2013	0	0	25,000
Hilton in the Community Foundation - 2013	0	0	15,000
Walcot Foundation - 2013	0	0	10,000
Awards for All - 2014	0	0	4,085
YPI - 2013	0	0	3,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Irmani Smallwood**

Role within **Director of New Business**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Vietnamese Mental Health Services	
If your organisation is part of a larger organisation, what is its name? N/A	
In which London Borough is your organisation based? Southwark	
Contact person: Mr. Jack Shieh, O.B.E.	Position: Director
Website: http://www.vmhs.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1001991
When was your organisation established? 28/02/1991	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health		
Which of the programme outcome(s) does your application aim to achieve? More people from BME communities accessing appropriate mental health services, resulting in them receiving the right care and treatment More refugee and asylum seekers experiencing trauma, grief and loss accessing mental health services resulting in improved mental health		
Please describe the purpose of your funding request in one sentence. Vietnamese Counselling Service to provide linguistic and culturally appropriate talking therapies with the aim of improving mental health and wellbeing of Vietnamese community in London.		
When will the funding be required? 01/10/2014		
How much funding are you requesting?		
Year 1: £29,268	Year 2: £30,368	Year 3: £30,918
Total: £90,554		

Aims of your organisation:

Aimed to preserve and protect the good mental health of persons from Vietnam and their dependents resident in the UK.

Main activities of your organisation:

Services provided:

- Working in partnership with Health/Social Care professionals and other agencies to provide culturally sensitive mental health services to people from Vietnam
- Advocacy & language support at initial assessment/review meetings with psychiatrists or CPA review and joint visit with Care Co-ordinator
- One to One Support by using Recovery Star approach to support clients to build a satisfying and meaningful life
- Outreach support; advice/information; assist with welfare benefits; housing and GP's appointments
- Drop-in Day Centres with culturally appropriate leisure activities to reduce social isolation and promote mental wellbeing, including ESOL and Painting classes and outing to visit interest places
- Support accommodation for Vietnamese male clients
- Training/Education/Information/Health Workshop about health/mental health and social care issues for people from Vietnam
- Training to non-Vietnamese professionals about Vietnamese culture and beliefs in mental health
- Publishing booklets/leaflets in Vietnamese and Chinese on health/mental health issues, and Bimonthly Health Newsletter

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
7	1	8	3

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	11 years

Summary of grant request

There is evidence of unmet need for a linguistically and culturally appropriate counselling service for people from the Vietnamese community. The prevalence of mental health problems in the Vietnamese community has been shown to be higher than the UK national average (e.g. Blackwell, 1996). Within Vietnamese community, there are refugees who fled after the Vietnam War (Mental health - a Vietnamese perspective, VMHS) and more recent asylum seekers who have often been exposed to traumatic events (e.g. Sims, 2007, Runnymede Trust). However, Vietnamese people face significant barriers in accessing talking therapies in the UK.

Thomas (2006) [published in Morgan et al., 2009] conducted research on barriers to Talking Therapies among Vietnamese Communities in London Boroughs where the Vietnamese population was estimated around 3,000. The rationale for the research arose because disproportionately few clients of Vietnamese origin were being referred to mainstream talking therapy services compared to other ethnic groups. Barriers identified included: language, specific cultural needs, and lack of awareness of talking therapies. One of the recommendations was to encourage training of more Vietnamese counsellors or therapists.

In 2009, VMHS held a 'Mental Health and Wellbeing' conference and community consultation focused on the needs of the Vietnamese community. The event was attended by more than 100 stakeholders in London. Recommendations for overcoming barriers to talking therapies included: culturally adapted therapies; bilingual therapists; easily accessible services with self-referral. Until recently, there was no Vietnamese qualified counsellor in the UK.

We believe that the VMHS is the right organisation to deliver the work because of its unique and well-established position in the Vietnamese community. We have been providing care and support to Vietnamese people with mental health problems in the UK since 1989 and we have well-established partnership with statutory and community organisations.

VMHS is providing informal counselling through advice/information, and providing interpreting for counselling and psychology sessions for our clients with mainstream services. The feedback we get indicates that when people talk about their problems, it is difficult enough to talk about emotions and to do this with an extra person in the room is not easy and something is always lost. VMHS has had some success working in partnership with the BME Assess Service in Hackney, for example, on a group intervention for gambling problems and the 'Recipes of Life' Narrative Therapy project. (This project was featured on BBC Radion 4 "All in the mind", June 2013. [Http://www.bbc.co.uk/programme/b02x8znr](http://www.bbc.co.uk/programme/b02x8znr)).

The project had been successful because our workers have been involved in the development of the project from the outset and adapting the therapies to the needs of our clients. However, there is a still need for interpreting and, as noted above, something is always lost in this process.

VMHS wish to develop a Vietnamese Counselling Service to provide linguistic and culturally appropriate counselling service to the Vietnamese community in London.

VMHS will recruit one part-time bilingual therapist to provide counselling in Vietnamese to those in needs, using its main office at 25 Fair Street, London and to work with the Vietnamese community to promote and raise awareness of the "Talking Therapies".

VMHS plans to carry out an evaluation in Year 2 of the project. The result of the evaluation will help VMHS in negotiation for longer term of counselling service with Boroughs' CCGs to share the cost of the service as part of the mental health support contract.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

No

Do you have a Vulnerable Adults policy? ~~No~~ Yes

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

To provide linguistic and culturally appropriate counselling service to the Vietnamese community in London.

Working in partnership with local Vietnamese community organisation to organise 4 workshops a year to promote awareness of Talking Therapies

The evaluation of the project is carrying out at the end of second year and beginning of third year.

To organise conference to disseminate the evaluation result

Negotiation for long term funding with London Boroughs' Clinical Commissioning Groups to share the cost of the service as part of the mental health support contract.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Improved accessibility and acceptability of talking therapies of the Vietnamese communities in London.

Linguistic and culturally appropriate counselling will improve mental wellbeing of our clients and increase their capacity to cope with stressful life circumstances.

Offering early intervention that promote mental well-being and prevent or delay individuals from needing for more intensive support.

Development of interpersonal skills and social engagement, to promote well-being and social inclusion of the Vietnamese community.

Improved emotional resilience to tackle the social factors which precipitate and exacerbate mental ill-health

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

A mid-term evaluation will be carrying out at the end of second year. The result will share with the NHS's Clinical Commissioning Groups in relevant London Boroughs. VMHS will negotiate for longer funding with CCGs to share the cost of the service as part of the mental health support contract to ensure sustainability of service.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

500

In which Greater London borough(s) or areas of London will your beneficiaries live?

Several NE London (35%)

Several SE London (55%)

Several NW London (10%)

What age group(s) will benefit?

16-24

25-44

45-64

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

Other ethnic group (including Arab)

If Other ethnic group, please give details: **People from Vietnam**

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Counsellor Salary & Admin support	17,613	17,613	17,613	52,839
Stationery, Insurance & Telephone	1,150	1,150	1,150	3,450
Travel Expense	400	400	400	1,200
Consultancy/Evaluation	0	3,500	4,000	7,500
Publication & Health Workshop	1,900	1,900	1,900	5,700
Training & Clinical Supervision	800	800	800	2,400
Rent, Rates, Light/Heating & Account Examination	2,245	2,245	2,245	6,735
Office equipments & Recruitment	2,500	0	0	2,500
Project Management cost	2,660	2,760	2,810	8,230
TOTAL:	29,268	30,368	30,918	90,554

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary & Admin support	17,613	17,613	17,613	52,839
Stationery, Telephone & Insurance	1,150	1,150	1,150	3,450
Travel Expense	400	400	400	1,200
Consultancy/Evaluation	0	3,500	4,000	7,500
Publication & Health Workshop	1,900	1,900	1,900	5,700
Training & Clinical Supervision	800	800	800	2,400
Rent, Rates, Light/Heating & Account Exam	2,245	2,245	2,245	6,735
Office equipments & Recruitment	2,500	0	0	2,500
Project Management cost	2,660	2,760	2,810	8,230
TOTAL:	29,268	30,368	30,918	90,554

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	5,803
Activities for generating funds	0
Investment income	62
Income from charitable activities	234,390
Other sources	535
Total Income:	240,790

Expenditure:	£
Charitable activities	256,513
Governance costs	3,906
Cost of generating funds	0
Other	0
Total Expenditure:	260,419
Net (deficit)/surplus:	(19,629)
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	(19,629)

Asset position at year end	£
Fixed assets	1
Investments	0
Net current assets	94,025
Long-term liabilities	0
*Total Assets (A):	94,026

Reserves at year end	£
Restricted funds	13,475
Endowment funds	0
Unrestricted funds	80,551
*Total Reserves (B):	94,026

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

81-90%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	171,480	125,350	116,716
London Councils	0	0	0
Health Authorities	132,372	133,527	144,682
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Digital Outreach	0	450	0
	0	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jack Shieh**

Role within **Director**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Caxton Youth Organisation	
If your organisation is part of a larger organisation, what is its name? Charity Registration number used to be:303293	
In which London Borough is your organisation based? Westminster	
Contact person: Ms. Rachel Grace	Position: Youth & Community Worker
Website: http://www.caxtonyouth.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1090549
When was your organisation established? 15/06/1948	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living Work enabling disabled people of all ages to live independently
Please describe the purpose of your funding request in one sentence. To apply for a grant to deliver an Independence Programme, to enable young people with disabilities to realise their potential for independence.
When will the funding be required? 01/01/2015
How much funding are you requesting? Year 1: £34,375 Year 2: £34,022 Year 3: £35,521 Total: £103,918

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Aims of your organisation:

Caxton works to advance the education and social development of young people with disabilities, and their friends, resident in the City of Westminster, and to develop their social, educational, citizenship and life skills.

Main activities of your organisation:

- Caxton provides a range of services. Members have activities in the following settings:
- o the inner-city Clubrooms, where sessions are regularly attended throughout the week.
 - o Midge Island outdoor base, in four acres of land of outstanding natural and scientific interest on the River Wey in Surrey. Midge Island can accommodate up to 15 people at weekends and during summer holidays.
 - o Narrow boat facility, moored at our outdoor base and available for Caxton's service users.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	2	3	9

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	8

Summary of grant request

Established in 1948, the Caxton Youth Organisation works with to advance the personal development of young people with disabilities between the ages of 11 and 25 in the City of Westminster.

The young people we work with have multiple disabilities, both mental and physical. They therefore face multiple disadvantages, such as prejudice, exclusion, lack of employability or workplace skills, poor social skills and a high degree of dependence.

The Caxton Youth Organisation offers four main programmes that are designed to overcome these disadvantages:

- Communication: (including ICT skills, online safety, and interpersonal skills)
- Enjoy and Achieve: (including art and music projects, sports, and volunteering)
- Health and Personal Care: (including sexual health, personal hygiene, coping with stress)
- Independence: see below

We seek funding to help us deliver our Independence Programme for 60 of young people who attend our Youth Club. The aim of the Independence Programme is to enable the young people to realise their full potential for independence. For some, this will mean that they move on to independent living; others will continue to live with their families but we will aim to help them become as independent as they possibly can.

The project will be delivered over a three year period and will consist of the following elements:

- Managing Money and Financial Literacy, twice per week at the youth club and five times per year at our outdoor base.
- Staying Safe (at home and in the street), three times per week at the Youth Club
- Managing a home, once per week at the Youth Club and over thirty-eight sessions per year at the outdoor base.
- Getting around on public transport (using the A to Z, or online resources, planning buses and tube lines), six times per year out and about in London
- Personal Skills (Personal skills, body language, meeting people, dealing with emotions and stress), once per week at the Youth Club and four times per year at the outdoor base.

In order to provide a strong focus on independence we require a dedicated Youth Worker who will lead the programme and be responsible for developing, planning, delivering and monitoring the progress of the young people. The post will be supervised by Rachel Grace, a professionally-qualified Youth and Community Worker who manages Caxton Youth Organisation and who will evaluate the effectiveness of the programme as a whole.

This is a new Independence Programme, because although we have been running some of the activities, we haven't yet brought them together, and fully developed them, into a comprehensive programme to achieve a set of identified outcomes. We will evaluate the individual progresses of our young people by using our own version of the Outcomes Star.

Caxton meets the Trust's 'Principles of Good Practice' as follows:

1. At least termly Caxton holds young person-led forums through which its members can decide the direction and focus of the organisation, its projects and activities, both at the Youth Club and at the outdoor base. Furthermore, the young people are represented by two elected members on the Management Committee.
2. Caxton Youth Organisation is a diverse organisation that prides itself on providing disabled young people with a safe non-judgemental environment.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Managing Money and Financial Literacy

Staying Safe (at home and in the Street)

Managing a Home

Getting around on public transport (using the A to Z, or online resources, planning a journey, understanding buses and tube lines)

Personal Skills (Personal skills, body language, meeting people, dealing with emotions and stress)

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Understands money values, is able to manage a bank account and is able to manage a budget.

Has strategies for staying safe at home and in the street.

Can clean a room to a satisfactory standard, can make hot drinks and can cook five basic meals.

Is able to locate streets on an A to Z, can plan a journey involving a change of tube line/mode of transport and can plan a journey and arrive on time.

Can meet new people and socialise appropriately, can plan what to wear for a variety of scenarios, can deal appropriately with emotions and can assess problems objectively and make informed decisions.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We would plan to continue this post beyond 2017. We would approach grant givers ahead of time to apply for funding.

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Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

60

In which Greater London borough(s) or areas of London will your beneficiaries live?

Westminster (100%)

What age group(s) will benefit?

0-15

16-24

25-44

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Programme Worker: Salary	23,500	23,500	23,500	70,500
Programme Worker: Employer's N.I	2,181	2,181	2,181	6,543
Staff Recruitment	1,000	0	0	1,000
Pension Costs	0	0	532	532
Activity Materials for the Programme	600	620	640	1,860
Residentials at Midge Island	1,688	1,688	1,688	5,064
One quarter share of Youth Club overheads*	5,406	6,033	6,980	18,419
	0	0	0	0
	0	0	0	0
TOTAL:	34,375	34,022	35,521	103,918

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Programme Worker: Salary	23,500	23,500	23,500	70,500
Programme Worker: Employer's NI	2,181	2,181	2,181	6,543
Pension Costs	0	0	532	532
Staff Recruitment	1,000	0	0	1,000
Activity Materials for the Programme	600	620	640	1,860
Residentials at Midge Island	1,688	1,688	1,688	5,064
One quarter share of Youth Club overheads*	5,406	6,033	6,980	18,419
	0	0	0	0
	0	0	0	0
TOTAL:	34,375	34,022	35,521	103,918

* = Details on file

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	11,889
Activities for generating funds	130,850
Investment income	46
Income from charitable activities	12,543
Other sources	0
Total Income:	155,328

Expenditure:	£
Charitable activities	155,668
Governance costs	1,200
Cost of generating funds	0
Other	0
Total Expenditure:	156,868
Net (deficit)/surplus:	-1,540
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-1,540

Asset position at year end	£
Fixed assets	13,529
Investments	0
Net current assets	120,734
Long-term liabilities	0
*Total Assets (A):	134,263

Reserves at year end	£
Restricted funds	52,289
Endowment Funds	0
Unrestricted funds	81,974
*Total Reserves (B):	134,263

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 31-40%
--

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: Since the most recent audited accounts, the Senior Youth Worker Janet Beech has retired and the organisation is now managed by Rachel Grace. The core activities have remained the same, but the number of young people being referred to us has increased.
--

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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	60,000	60,000	60,000
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	30,000	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
John Lyon's Charity	0	0	23,000
Lloyds TSB Foundation for England and Wales	10,000	10,000	0
Capital Community Foundation Comic Relief	15,000	15,000	0
Youth Opportunity Fund	30,000	0	0
Russel Investment/Robert Barr Fund	0	0	5,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **RACHEL L GRACE**

Role within **Youth Organisation Manager**
 Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: City YMCA London	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Hackney	
Contact person: Mr. Chris East	Position: Director of Development
Website: http://www.cityymca.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1053864
When was your organisation established? 26/03/1996	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living
Please describe the purpose of your funding request in one sentence. To adapt six rooms at the recently acquired Monarch Court, providing hostel accommodation for disabled young people, supporting their transition into adulthood and independent living
When will the funding be required? 17/09/2014
How much funding are you requesting? Year 1: £100,000 Year 2: £0 Year 3: £0 Total: £100,000

245

Aims of your organisation:

City YMCA, London has a vision of a world where young people are equipped to create a future of their own choosing. We provide residential accommodation, a range of support services and accredited training that enables at-risk young people to build a future in which they can make informed and supported choices.

The objects of City YMCA, London as defined in paragraph 4 of the Memorandum include:

- To provide, improve and manage (whether directly or in association with others) housing or hostels providing residential accommodation for people (particularly young people) in necessitous circumstances upon terms appropriate to their means.
- To provide or assist in the provision, in the interest of social welfare, of facilities for recreation or other leisure time occupation for men, women and children with the object of improving their conditions of life.

Main activities of your organisation:

From emergency beds and supported longer-term accommodation through to outreach youth work, City YMCA provides young people with a stable home, training, skills and the confidence to go on to lead independent and fulfilled lives. We work with young people who are homelessness, domestic violence and family breakdown. Who suffer from poor mental health, substance misuse, are unemployed, on probation or involved in gangs and violence.

Our two main areas of focus:

Safe and secure 1:1 supported accommodation

Detached Youth work including:

- Street Yise - workshops offering a positive alternative to street culture, diverting young people away from drug use, crime and identifying issues with gangs, guns and knives
- Youth Engagement Programme - in partnership with the Metropolitan Police's Stop and Search initiative
- Parenting and Family Support schemes - improve relationships between young people and their families
- A Youth Development Programme - Supporting young people to develop and create their own employment, whilst providing volunteering opportunities

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
22	13	17	75

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	15 years

Summary of grant request

Homelessness is a particularly disruptive, frightening experience for any young person on the point of adulthood, more so if they are disabled. Those who experience homelessness at a young age are at much greater risk of developing complex problems later in life.

City YMCA London offers a safe, secure home in Islington with detached youth projects reaching across Hackney, Tower Hamlets and Newham helping at-risk young people move to independence. But our 114 bed Errol Street hostel is no longer fit for purpose and we have made significant progress on plans to redevelop the site with a 146 bed improved facility. Planning permission has been granted, the freehold secured and £13.1 million committed against costs of £15.9 million.

Therefore, there is now an urgent need to provide alternative accommodation to residents during the two year development period. We have now secured planning permission and agreed lease terms on Monarch Court, a redundant Care Home in Hackney Wick that will make an ideal alternate hostel provision during the redevelopment period. After that the Housing Strategy Team in Hackney will support the use of Monarch Court as a homelessness hostel for their young people for the remainder of the 15 year lease. They are also considering the possibility of funding further intensive support needs.

Monarch Court will require significant refurbishment before occupation. Our plans include converting non-residential spaces to create 87 beds including six fully accessible bedrooms for young people with disabilities. Conversion will include new handrails, bathrooms, kitchens and furniture with adaptations to communal areas including wider doors. These are much needed statutory requirements that our current hostel is unable to provide. £859,125 has already been secured from the Greater London Authority and we are now seeking to raise £135,000 to cover the costs of creating six fully assessable bedrooms and kitchens.

With a forty year track record of effectively working with disengaged young people, City YMCA believes we are the right organisation to do this work. We have established relationships in place with delivery partners that include being the lead provider of hostel accommodation for 16-25's and lead provider of targeted and outreach based work to at-risk young people in Islington, Hackney, and Tower Hamlets. We also have an excellent reputation with the Metropolitan Police in and beyond Islington.

A full range of policies are in place including safeguarding and monitoring and evaluation processes that allow us to deliver Local Authority contracts. We are a recognised investment partner with the GLA's 'Building the Pipeline' Programme and lead provider on the Empty Homes Plan to provide move-on beds for 24 young people in Tower Hamlets by March 2015.

We meet the Trusts programme outcomes at Monarch Court as the disability access adaptations will enable City YMCA London to provide a home to support disabled young people in their transition to adulthood.

We meet the Trust's 'Good Practice' principles as follows:

- Regular resident engagement forums, attended by staff and trustees allow for an on-going consultation with all young people. A young people co-production group opens lines of communication and enables joint project working. It allows young people to become ambassadors projecting an external youth face to the organisation.
- 85% of our young people are from BAMER communities and our diversity and equality policies affirm our diversity values.
- We have a structured volunteer, internship and student placement programme in place.
- Our new building will include a 40% reduction in carbon emissions, solar panels, combined environmental heat and power systems, water harvesting and has achieved a BREEAM excellent status. A car free strategy promotes cycling, walking and public transport.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

We have received planning consent, have signed off on the lease and are currently in process of tendering for works. No other consents are now required aside from funding.

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

87 new bed units of supported living accommodation that matches young people's needs

6 units of supported living accommodation for young disabled users

Hostel accommodation in London at Monarch Court over a 15 year period with 1:1 support for at risk young people in Hackney

87, including 6 young people with disabilities supported to access education, training and employment opportunities, enabling them to move forward with their lives

87, including six young people achieved skills to live independently and manage their own tenancies

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Young people at risk, including those with disabilities, will have increased self-confidence, dignity, aspirations and well being.

At-risk disabled young people meaningfully engaged through routes to employment, job and interview skills, education and positive recreational activities

Young people learning to manage their finances, manage a tenancy and live independently

Learning to live together for both able and disabled young people, breaking down stereotypes and barriers between able and disabled people - 87 per year

Increased community cohesion with a decline in reoffending rates

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Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

The grant is for capital costs to convert six rooms at Monarch Court for disabled adaptations. Ongoing costs will be initially funded through Housing Benefit by Islington Borough Council and are then agreed to be picked up by Hackney Council after the first two year. The option to extent our lease will be considered.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

116

In which Greater London borough(s) or areas of London will your beneficiaries live?

Islington (75%)

Hackney (13%)

Tower Hamlets (10%)

Newham (2%)

What age group(s) will benefit?

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Room adaptations	694,000	0	0	694,000
Kitchen adaptations	179,000	0	0	179,000
Communal area adaptations	130,000	0	0	130,000
Professional fees: design and survey	147,000	0	0	147,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	1,150,00	0	0	1,150,00

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Greater London Authority	859,125	0	0	859,125
Anchor (Landlord's Contribution)	107,500	0	0	107,500
	0	0	0	0
	0	0	0	0
TOTAL:	966,625	0	0	966,625

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
City Bridge Trust	100,000	0	0	100,000
Trusthouse Charitable Trust	30,000	0	0	30,000
The Screwfix Foundation	5,000	0	0	5,000
	0	0	0	0
TOTAL:	135,000	0	0	135,000

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
For DISABILITY ABUTATIONS in 6 bedrooms	0	0	0	0
Room adaptations	70,000	0	0	70,000
Kitchen adaptations	14,000	0	0	14,000
Communal area adaptations	12,000	0	0	12,000
Professional fees: design and survey	4,000	0	0	4,000
	0	0	0	0
	0	0	0	0
TOTAL:	100,000	0	0	100,000

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	387,434
Activities for generating funds	85,023
Investment income	15,958
Income from charitable activities	1,515,801
Other sources	
Total Income:	2,004,274

Expenditure:	£
Charitable activities	1,759,312
Governance costs	31,463
Cost of generating funds	
Other	
Total Expenditure:	1,790,775
Net (deficit)/surplus:	213,441
Other Recognised Gains/(Losses):	2,065
Net Movement in Funds:	215,506

Asset position at year end	£
Fixed assets	788,429
Investments	97,000
Net current assets	601,232
Long-term liabilities	
*Total Assets (A):	1,486,661

Reserves at year end	£
Endowment funds	
Restricted funds	
Unrestricted funds	1,486,661
*Total Reserves (B):	1,486,661

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
c.90% (in the form of housing benefit income for hostel residents)

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	2,920,928	2,006,423	0
London Councils	0	0	0
Health Authorities	6,523	0	0
Central Government departments	33,994	0	10,000
Other statutory bodies	13,398	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Advice Services	0	59,292	0
Laing Family Trusts	0	0	33,333
Awards for All	0	9,930	0
The Young Entrepreneurship Program	0	18,000	0
Football Foundation	17,838	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Christopher East**

Role within **Appeal Director**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Deafax	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Outside London	
Contact person: Ms Helen Lansdown	Position: Chief Executive
Website: http://www.deafax.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1095398
When was your organisation established? 01/02/1985	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living Work enabling disabled people of all ages to live independently
Please describe the purpose of your funding request in one sentence. 'Life Control' is an 18 month project supporting young deaf Londoners into adulthood and independent living empowering them to take control of their futures.
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £17,360 Year 2: £8,433 Year 3: £0
Total: £25,793

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Aims of your organisation:

As a charitable organisation, Deafax develops solutions and opportunities for deaf people, in order to empower and enhance their lives. Deafax is the leading organisation for specialist visual and interactive deaf-friendly training and resources. Established in 1985, we cover a variety of topics, both national curriculum and vocationally related. Our delivery is culturally and linguistically appropriate and suitable not just for deaf people but also for those who require a more highly visual means of learning. We know that literacy and numeracy are pivotal to the success of learning fundamental life skills so clarity and relevance are always priorities when content is being created and delivered. We know too how technology can be harnessed to the learning environment and used to engage learners of all ages, whatever communication challenges they face. We aim to increase understanding, highlight awareness of information and provide support and guidance during critical transition times, enabling deaf people to achieve understanding and thus break down barriers.

Main activities of your organisation:

In pursuance of its overall goals, Deafax undertakes the following activities:

- o Equipping deaf people with transferable skills to enhance their future employment opportunities
- o Educating deaf people, going through a time of transition, in personal development and life skills
- o Improving the literacy and numeracy skills of deaf people
- o Training deaf and hearing people to harness state-of-the-art ICT to help their communication and access to information and training
- o Researching the opportunities open to deaf people that will enhance their quality of life
- o Leading in the development and dissemination of deaf-friendly resources
- o By being committed to inventive partnership working with other charities, academic institutions and commercial organisations

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	8	4	6

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Ongoing with 3mth break clause

Summary of grant request

'Life Control' is an 18 month project working with young deaf people in London to support their transition into adulthood and independent living as they take control of their lives and futures.

One in six of the British population or 10 million people has some form of deafness, whilst the majority of these are over 65 due to age-related deafness, a third (3.7 million) are 16 - 65 years. At present there are 18 secondary schools and colleges with hearing support units and deaf students in the London area and a large vibrant deaf community with deaf clubs. Deafax has delivered training to many of these units/schools as well as visiting deaf clubs and linking with local community groups. Deafness itself is not a learning difficulty, but learning difficulties arise when young deaf people cannot access information. They are often delayed in developing their independent living skills because of parental restrictions on activities outside the home due to worries about their child's inability to communicate, their whereabouts, and their general safety. Only 19% of parents ever learn sign language to enable them to communicate effectively with their deaf child, despite sign language being a preferred language for many pre-lingually deaf people. Poor access to information can make the choices they then make more risky.

The project would deliver 24 workshops to 150 young deaf people covering the topics of:-

1. Identity -- who am I and what do I want from life?
2. Sexual Health -- my body, my health, my choice
3. Life online -- internet safe and savvy
4. Healthy Living -- Big Mac and Fries each night?
5. Out and about -- streetwise and streetsafe
6. Money Matters -- budgeting for life

The topics selected come out of previous projects which highlighted key areas that young deaf people struggle with as they move into adulthood and become more independent. The topics cover personal health and wellbeing, as well as planning and budgeting for life. All of our training workshops are as a result of gaps in provision which has been fed back following discussions with service users, their families and support networks; for example a recent project working with young deaf people and their parents on the sensitive subject of puberty and developing bodies came as a direct request from a school in Muswell Hill who were aware their young deaf students were missing out on this critical information and for some of their parents who did not think that sex education was necessary for their deaf child because they feel they are too young and struggle to accept their child's maturing. Parental feedback also highlighted their worries about their deaf child managing as an adult; although concerns about safety were paramount these included fears about living alone, budgeting and making life decisions. These fears are repeated by parents across the UK but the additional worry of the size of London magnifies them making London feel more exclusive than inclusive. This project aims to meet these fears head on, enabling young deaf people to feel empowered and self-assured and giving their parents the confidence to step back.

Half of our staff, trainers and volunteers are deaf themselves, from different ethnic backgrounds, and use their experiences to share with others. This is one of the reasons why we are a leading organisation for delivery of visual training to deaf people. Our current volunteers are used in a variety of ways to support training delivery, whether in the initial marketing/contacting of schools or as an assistant trainer during the workshops. All staff and volunteers are fully DBS checked.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Positive about disabled people

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Development or adaption of the 6 Workshop topics ensuring they meet the needs of each training group.

Delivery of 24 Life Control workshops across London to 150 young deaf people.

On-going online support offered to all 150 young deaf people via social media providing young deaf people with safe monitored support and reference space.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Feedback from the workshops improves throughout the project with Beneficiaries saying it is meeting their requirements.

75% of workshop attendees report feeling more informed about becoming adults and confident about explaining their plans to parents.

60%-75% of beneficiaries link with Deafax via social media and over half of these remain engaged or actively interact.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

As with all our training we would seek to continue to offer the workshops for a small fee. We would actively encourage schools/units/colleges to link together to reduce cost but maximise impact.

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Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

100

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	77,242
Activities for generating funds	0
Investment income	141
Income from charitable activities	6,525
Other sources	0
Total Income:	83,908

Expenditure:	£
Charitable activities	107,535
Governance costs	2,000
Cost of generating funds	20,266
Other	0
Total Expenditure:	129,801
Net (deficit)/surplus:	(45,893)
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	(45,893)

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	75,342
Long-term liabilities	0
*Total Assets (A):	75,342

Reserves at year end	£
Endowment funds	0
Restricted funds	29,978
Unrestricted funds	45,364
*Total Reserves (B):	75,342

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 0%
--

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:
--

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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	5,030	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	108,476	78,876	0
Sobell Foundation	20,000	0	20,000
Peter Harrison Foundation	0	0	12,000
Santander Foundation	0	9,890	0
D'Oyly Carte Charitable Trust	0	4,747	4,850

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Helen Clare Lansdown**

Role within **Chief Executive**
Organisation:

FUNDING REQUIRED FOR THE PROJECT

Revised

What is the total cost of the proposed activity / project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Development	1,461	1,461		2,922
Delivery	21,604.5	22,604.5		44,209
Administration	2,640	2,640		5,280
Project marketing	845	845		1,691
Staff training and recruitment	390			390
Project travel and subsistence	1,200	1,200		2,400
Project resources	550	550		1,100
ICT support	125	125		250
Project control and reporting	1,055	1,055		2,111
Contribution to core costs	1,002	1,002		2,004
TOTAL:	30,873.5	31,483.5		62,357

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
In kind – venue hire for workshops	1,500	1,500		3,000
In kind – Volunteer Support Trainer	4,000	5,000		9,000
In kind – Volunteer Administrator	2,000	2,000		4,000
TOTAL:	7,500	8,500		16,000

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None				

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Development	1,461	1,461		2,922
Delivery	16,104.5	16,104.5		32,209
Administration	640	640		1,280
Project marketing	845	845		1,691
Staff training and recruitment	390			390
Project travel and subsistence	1,200	1,200		2,400
Project resources	550	550		1,100
ICT support	125	125		250
Project control and reporting	1,055	1,055		2,111
Contribution to core costs	1,002	1,002		2,004
TOTAL:	23,373.5	22,983.5		46,357

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Graeae Theatre Company	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Hackney	
Contact person: Mr. Kevin Walsh	Position: Executive Producer
Website: http://www.graeae.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 284589
When was your organisation established? 01/05/1980	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Disabled people actively taking part in the arts or sport
Please describe the purpose of your funding request in one sentence. Developing an artistic programme featuring disabled young people from across London and addressing barriers to equal participation.
When will the funding be required? 01/10/2014
How much funding are you requesting? Year 1: £43,303 Year 2: £47,400 Year 3: £47,946 Total: £138,649

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Aims of your organisation:

Graeae Theatre Company is a disabled-led theatre company that profiles the skills and excellence of disabled actors, writers and directors.

Our strategic aims are to :

- Create World Class Theatre: create and tour high quality, high impact theatre that is unmistakably Graeae's, providing a platform for the skill, vision and excellence of disabled artists
- Find New Audiences: for Graeae and for the wider industry. Ensure the work has a lasting impact across England, unleashing creativity in regions and communities, working with groups that have little access to art and culture and on a variety of platforms
- Champion Accessibility: through partnerships with the wider theatre sector on national and international platforms
- Nurture Talent: enable emerging and professional Deaf and disabled artists to shine through a programme of inclusive training and learning activities which engages and inspires

Main activities of your organisation:

PRODUCTIONS

We are a force for change in world-class theatre, presenting a unique approach which:

- Boldly places disabled artists centre-stage in a diversity of new and existing plays
- Pioneers a radical dramatic language by exploring the "aesthetics of access", creatively embedding a range of tools such as audio description and sign language from the very beginning of the artistic process
- Explores new territory and theatrical genres -- from contemporary classics to musicals, to outdoor circuit, with sway poles and giant puppets!

TRAINING & EDUCATION

Our training and education programme includes:

- Intensive actor and writer training initiatives
- Workshops, research and development days for young artists, led by disabled role models
- Artistic Residencies and extended education projects with children and young people

CHAMPIONING ACCESSIBILITY

Our artistic and training programmes also include a range of training models for the creative sector, from inclusive practice for drama schools, through to accessible e-marketing for theatre venues.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
8	4	6	3

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	24 years

Summary of grant request

AIM

The project aims to develop an artistic programme with disabled children and young people from across London as :

- Audience members
- Creators of their own work
- Advisors in the sector

NEED

The proposed project will address the barriers for equal participation for disabled children and young people including: social exclusion, barriers to participation (physical, financial), lack of confidence, lack of role models and lack of equal access to the arts.

Negative perceptions of disability are strongly linked to cultural representations of disabled people.

The report into participation in London, "Taking Part", emphasises that disabled people have significantly lower levels of engagement with arts and culture. The barriers experienced include a lack of access to information about events; to ticketing and to the event itself.

We piloted the approach with a group of disabled children and young people (most of whom want to take part in this project) in 2013 and have developed the project with their input and based on their feedback, which includes:

- Ensuring transport costs were covered
- Having a performance-based outcome to engage and motivate the young people
- Running workshops at specific times across the weekend to manage energy levels, traffic affecting accessible travel, and family commitments which would prevent parents from attending and committing their child to the programme
- Offering participation in a range of roles: performing, creative development, choreography, and marketing

We also undertook a survey in April 2014 looking at the barriers to accessing mainstream drama training activities for young people and found that of the 31 respondents:

- 93% had encountered barriers to participating in arts education
- Barriers to participation were primarily:

Confidence (61%)

Financial (54%)

Access Support (54%)

Lack of understanding of disability by organisation (50%)

Physical Access (39%)

DELIVERY

We will address this through three interlinked activities.

- Young Artistic Advisors: working with 6 disabled young people, developing their skills as a future generation of artists, creating and performing their own work and advising on ours.
- School Residencies: working with schools over the longer term, running workshops to help disabled young people to create and perform their own fully accessible performance, alongside training for teachers
- Production Outreach: running workshops at schools and community groups to reach more Disabled children and young people across the capital

GRAEAE

We have a proven track record of creating excellent work for and with Deaf and disabled children and young people. We have experience of one-off workshops alongside our performances and ad hoc programmes. This work builds on our experience of a 2012

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project which ran a series of workshops at schools across the capital, showing the potential impact of more sustained working relationships.

CITY BRIDGE TRUST

The project will contribute to the following City Bridge Trust 'Making London More Inclusive' priorities:

- Increasing numbers of disabled children and young people taking part in the arts
- Increasing numbers of disabled children and young people running and managing arts provision

Our own principles and values match those of the City Bridge Trust in we are artistically led by disabled artists and we champion inclusive practice, diversity and equality of opportunity our own activities and that of partners. We seek to use volunteers in our work, and support them as a key part of our team. We also proactively reduce our carbon footprint in our everyday activities and in the design of our building.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not Applicable

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Young Artistic Advisors

Develop group of 6 disabled young people to develop and perform their own shows, and input into our own strategy and practice

4 half days development sessions

8 half days rehearsals

2 performances, reaching 600 people (25 Deaf and disabled young people)

4 additional engagement events

School Artistic Residencies

Strategic link with school(s) to inform accessible performance and practice, working with 2 schools over the three years (tbc but likely to be from : Greenmead Primary, Tuke School, College Park, Brookfield House)

1 INSET day, 12 sessions with 25 children

1 annual performance, reaching 80 people

Production Outreach

A wider programme of introductory/taster workshops for children and young people in the capital linked to our productions

8 workshops per annum, reaching 30 Deaf and disabled children

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What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Increased engagement in the arts for Deaf and disabled young people, equality of participation in the arts and removal of barriers

21 p.a. through workshops, creating their own shows and performance

30 p.a. through workshops alongside our productions

55 p.a as audience members

Increased skills through creative arts: increasing performance, creativity and communication skills alongside confidence and self esteem

31 Deaf and disabled CYP p.a. through performance workshops and performance

Increased access to disabled role models in the arts

96 children and young engaging with disabled role models through the arts, increasing their aspirations

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Three year funding is sufficient time to:

- **Further develop new, innovative approaches of working with young people - longer term involvement rather than one-off events**
- **Develop sustainable ways of involving young people in the development and running of Graeae**
- **Refer individuals to other Graeae projects**
- **Develop a long term funding plan**

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

751

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

0-15

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Training and Learning Manager	17,035	17,546	18,073	52,654
Young Artistic Advisors: Workshops (Leaders, Travel, Venue)	7,618	7,847	8,083	23,548
Young Artistic Advisors: Performance (Production, Costume, Travel)	4,900	5,047	4,198	14,145
School Residences: Workshops (Leaders, Travel, Access)	5,834	6,009	6,190	18,033
School Residences: Performance (Production, Costume)	2,600	2,678	2,759	8,037
Production Outreach: Leaders, Artistic Development	3,916	4,033	4,155	12,104
Production Outreach: Travel, Materials, Access	3,800	3,914	4,032	11,746
Evaluation	2,000	2,060	2,122	6,182
Postage, Phone and Office Costs	2,200	2,266	2,334	6,800
TOTAL:	49,903	51,400	51,946	153,249

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
St James Place Foundation	6,600	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	6,600	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Awards for All (to be submitted)	4,000	4,000	0	8,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	4,000	4,000	0	8,000

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Training and Learning Manager	17,035	17,546	18,073	52,654
Young Artistic Advisors: Workshops (Leaders, Travel, Venue)	4,018	5,847	6,083	15,948
Young Artistic Advisors: Performance (Production, Costumes)	1,900	3,047	2,198	7,145

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School Residences: Workshops (Leaders, Travel, Access)	5,834	6,009	6,190	18,033
School Residences: Performance (Production, Costume)	2,600	2,678	2,759	8,037
Production Outreach: Travel, Materials, Access	3,916	4,033	4,155	12,104
Production Outreach: Travel, Materials, Access	3,800	3,914	4,032	11,746
Evaluation	2,000	2,060	2,122	6,182
Postage, Phone and Office Costs	2,200	2,266	2,334	6,800

TOTAL:	43,303	47,400	47,946	138,649
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	654,962
Activities for generating funds	45,823
Investment income	1,458
Income from charitable activities	275,718
Other sources	0
Total Income:	977,961

Expenditure:	£
Charitable activities	867,455
Governance costs	73,347
Cost of generating funds	115,142
Other	0
Total Expenditure:	1,055,944
Net (deficit)/surplus:	-77,983
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-77,983

Asset position at year end	£
Fixed assets	2,195,824
Investments	0
Net current assets	505,717
Long-term liabilities	0
*Total Assets (A):	2,701,541

Reserves at year end	£
Restricted funds	2,165,253
Endowment Funds	0
Unrestricted funds	536,288
*Total Reserves (B):	2,701,541

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
61-70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In June 2013, Judith Kilvington, Executive Director left Graeae to take up a new position at The Citz in Glasgow. The organisation is now managed by a sole CEO (Jenny Sealey, Artistic Director), working closely with the Operations Director (Kevin Walsh) and Finance Manager (Charles Mills).

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	125,312	74,981	123,997
Other statutory bodies	569,489	597,147	562,118

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Esmee Fairbairn Foundation	0	0	70,000
Backstage Trust	0	0	10,000
John Ellerman Foundation	0	20,000	20,000
Leathersellers	5,000	5,000	5,000
St James Place Foundation	0	0	9,700

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Kevin Walsh**

Role within **Operations Director**
 Organisation:

The City Bridge Trust
Investing In Londoners:
Application for a grant



About your organisation

Name of your organisation: Leonard Cheshire Disability	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Lambeth	
Contact person: Mr Christopher Mann	Position: Senior Trust Fundraising Manager
Website: http://www.leonardcheshire.org	
Legal status of organisation: Charitable company	Charity, Charitable Incorporated Company or company number: 218186
When was your organisation established? 01/05/1948	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Services helping people with a newly acquired or diagnosed disability to maintain choice and control in their lives Work enabling disabled people of all ages to live independently
Please describe the purpose of your funding request in one sentence. Enablement and Healthy Living Project aims to increase disabled people's independence through sport, healthy eating, and life skills; enabling them to maintain choice and control.
When will the funding be required? 01/04/2015
How much funding are you requesting? Year 1: £68,637 Year 2: £38,894 Year 3: £38,894 Total: £146,425

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Aims of your organisation:

Leonard Cheshire Disability's (LCD) mission: We work for society in which every person is equally treated. We believe that disabled people should have the freedom to live their lives the way they choose- with the opportunity and support to live independently, to contribute economically, and to participate fully in society.

LCD has four clear objectives that will help us to achieve our mission:

1. Provide a range of community-based services in response to the preferences of disabled people
2. Raise resources that support the delivery of our strategic objectives
3. Campaign effectively with disabled people, our partners and supporters for a society that provides true equality to disabled people
4. Achieve these objectives through an organisation that is well run in accordance with our values and good practice

Main activities of your organisation:

LCD was founded in 1948 and has grown to be one of the largest disability charities in the UK. Every year, we support thousands of people in the UK with physical and learning disabilities to fulfil their potential and live the lives they choose.

Our mission is at the heart of everything we do. For the past 66 years, we have supported disabled people in many different ways, to reflect what they tell us they want. This includes providing care in people's own homes, supported accommodation, residential homes, day centres and through respite services. We make a difference to the lives of people by supporting them to develop skills through our employment, education, enterprise, health, volunteering and digital inclusion projects.

We campaign alongside disabled people to bring about changes for the better, and to challenge ignorance and unfairness in society.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1,279	6,015	13	3,318

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	March 2015- under negotiation

Summary of grant request

The project will increase disabled people's independence through sport, exercise, healthy eating, and life-skills; enabling them to maintain choice and control of their lives.

NEED:

Through consultations and our person-centred planning approach we've identified a need to offer targeted individualised support for disabled people to live independent, healthy lives. This is especially important for individuals with newly acquired disabilities, due to their high-risk of developing secondary disabilities following discharge from NHS services.

Lack of physical activity/exercise can accelerate decline, limiting one's ability to work, engage in community events, and increasing the risk of developing secondary conditions (e.g. obesity and hypertension). Contributing factors include; lack of social inclusion and attitudinal barriers faced in adjusting to life after disability, often compounded by loss of confidence and motivation making physical activity and wellness particularly difficult.

In Wandsworth there is a lack of inclusive, personalised fitness and nutrition classes available for disabled people. Existing provision does not adequately meet demand nor provide for those with complex needs. This project meets a key Public Health England priority; reducing prevalence of obesity-related disability and disability-related obesity.

DELIVERY:

The project will empower individuals to live as independently as possible, enabling those with newly acquired disabilities particularly, to maintain and/or increase choice and control of their lives through Physical Activity Workshops and Healthy Eating Classes. These activities will run alongside one-to-one Therapeutic Activity Sessions.

Health and Wellbeing Days will educate participants on the importance of a healthy lifestyle, whilst celebrating their culture. LCD will hold Life-Gym sessions targeting disabled people to gain practical life/social skills, and monthly accessible gym evenings for disabled people.

LCD will use its strong local community links to deliver the project. Physical activity workshops will take place at our resource centre and other London locations. The project will be managed by our Service Manager with Head Office support. Activity will be monitored via one-to-one meetings, attendance records, health/wellbeing assessments, and questionnaires.

WHY LCD:

LCD, a leading disability charity, has vast experience supporting disabled people and expertise providing individualised care and support. This project builds on our existing experience delivering similar projects including the pilot inclusive sports project funded by Comic Relief and our Healthy Eating and Life-Skills programme.

CBT PROGRAMME OUTCOMES:

1. Services helping people with newly acquired or diagnosed disability maintain choice and control in their lives
2. Work enabling disabled people of all ages to live independently

MEETING OUTCOMES:

Healthy Eating Workshops/ Life-Gym Sessions/Health and Wellbeing Days:

1. Enable beneficiaries with newly acquired disabilities to lead a healthier lifestyle and maintain choice and control over their lives
2. All beneficiaries will learn life-skills and supported to live as independently as possible

One-to-One Therapeutic/ Physical Activity Workshops:

1. Increase confidence of those with newly diagnosed/acquired disabilities by increasing their mobility empowering them to maintain choice and control
2. Maintain or Improve physical independence of those with longer-term disabilities

GOOD PRACTICE:

1. The need for this project was first identified by our Person-Centred Planning approach, and been developed with our clients' needs and wishes. The project steering group, comprising current disabled clients, has been integral to project design and will be responsible for leading the direction of activities.
2. We work for a society where every person is equally valued regardless of disability, gender, ethnicity, religion, or sexual orientation.
3. We will recruit and train volunteers to be involved in the delivery of the project and build volunteers' capacity.
4. LCD is making progress towards reducing our carbon footprint. We have a Health Safety & Environment policy and have recycling in place for multiple materials; all non-recycled waste is sent for energy recovery.

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Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Approved Provider Standard for Mentoring and Befriending Foundation; Merlin Standard; Matrix Standard; Gold Standards Framework Award in End of Life Care; FRSB Fundraising Standard; Investing in Volunteers

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

One-to-One Therapeutic Physical Activity Sessions: Daily sessions where beneficiaries will focus on strength training, coordination, mobility, and cognitive exercises with one-to-one support. Total: 691 sessions over 3 years

Physical Activity Workshops: Daily workshops encompassing a broad range of rotating activities, including: sailing; swimming; golf; football; walking day trips; gardening; dementia day gym sessions; general evening gym sessions; and elderly focused evening gym sessions. Participants will be encouraged to suggest new activities as well. Total: 691 workshops/ 3 years

Healthy Eating Workshops: 8 week block of 16 workshops (2x/week) and 3 additional workshops (1x/block). The workshops will encompass twice weekly food shopping and cooking workshops, as well as a budget planning, meal planning, and evening workshop (with family invited). Total: 11 blocks (209 workshops) over 3 years

Health and Well-being Days: Once monthly days tailored to the unique cultural identities of beneficiaries, with sector specialists (Cardiologists, Nutritionists, etc) from different cultural backgrounds leading talks and activities about the importance of healthy lifestyles and how this can be accomplished without sacrificing their cultural identities. Total: 27/ 3 years

Life Gym Workshops: Once monthly sessions delivered in year 3, designed to help disabled people (or help them re-learn) better interact with the world around them. For example, workshops will include relationship building, public transportation, hygiene, appropriate boundaries, CV writing and employability. Total: 12 workshops/ 1 year

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

720 Disabled people lead more active lives improving their psychological and physical well-being.

600 Disabled people will report feeling less isolated as a result of physical and healthy eating activities

640 Disabled people will experience improved life skills that will increase and/or maintain their independence, improving their choice and control over their lives.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We plan to continue the activity beyond the life of the funding. We will explore a variety of funding opportunities based on evidence and learning gained through the project. We will look to cultivate funding from the local commissioners, and seek to secure funding from other sources on voluntary income including: Trusts and Foundations, corporate partnerships, legacy, and community fundraising.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 339
In which Greater London borough(s) or areas of London will your beneficiaries live? Wandsworth (90%) Southwark (10%)
What age group(s) will benefit? 25-44 45-64 65-74 75 and over
What gender will beneficiaries be? Male Female
What will the ethnic grouping(s) of the beneficiaries be? A range of ethnic groups If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? 91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Costs	69,151	91,762	91,762	252,675
Project Set-up	3,500	800	800	5,100
Project Activities	5,329	6,830	7,070	19,229
Capital Costs	6,500	1,000	1,000	8,500
Transportation	389	596	596	1,581
Volunteer Support	1,200	1,800	2,400	5,400
Project Management, Monitoring, and Evaluation	17,026	20,022	20,106	57,148
	0	0	0	0
	0	0	0	0
TOTAL:	103,091	122,806	123,730	349,627

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Big Lottery Fund-Match Funding	103,091	122,806	123,730	349,627
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	103,091	122,806	123,730	349,627

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Costs	50,368	33,359	33,359	117,086
Project Set-up	3,500	0	0	3,500
Project Activities	5,329	0	0	5,329
Capital Costs	0	0	0	0
Transportation	0	0	0	0
Volunteer Support	1,200	0	0	1,200
Project management, monitoring, and evaluation	8,240	5,535	5,535	19,314
	0	0	0	0
	0	0	0	0
TOTAL:	68,637	38,894	38,894	146,425

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	12,394,000
Activities for generating funds	0
Investment income	244,000
Income from charitable activities	141,246,000
Other sources	675,000
Total Income:	154,559,000

Expenditure:	£
Charitable activities	150,738,000
Governance costs	494,000
Cost of generating funds	2,309,000
Other	0
Total Expenditure:	153,541,000
Net (deficit)/surplus:	1,018,000
Other Recognised Gains/(Losses):	-12,000
Net Movement in Funds:	1,006,000

Asset position at year end	£
Fixed assets	110,321,000
Investments	27,000
Net current assets	31,659,000
Long-term liabilities	14,210,000
*Total Assets (A):	110,445,000

Reserves at year end	£
Restricted funds	10,181,000
Endowment Funds	355,000
Unrestricted funds	12,410,000
*Total Reserves (B):	110,445,000

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
91-100%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Since the accounts have been published Professor Simon Small's tenure as a Trustee has ended. We are currently recruiting for new Trustee.

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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	57,662	49,756	161,784
London Councils	34,472	97,540	153,627
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Comic Relief- Sierra Leone	355,060	223,118	231,049
Brighton Worthing Charitable Trust	0	350,000	0
Big Lottery Fund- Reaching Communities	0	0	160,220
Comic Relief- Zambia	0	0	354,452
Monday Charitable Trust	0	0	250,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Christine Ryan**

Role within: **Trusts Officer**

Organisation:

The City Bridge Trust
Investing In Londoners:
Application for a grant



About your organisation

Name of your organisation: Triangle Arts Trust	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Lambeth	
Contact person: Ms Sandy Weiland	Position: Head of Capital Campaign
Website: http://www.gasworks.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 326411
When was your organisation established? 25/06/1982	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Community buildings that are more accessible and as a result Disabled people actively taking part in the arts or sport
Please describe the purpose of your funding request in one sentence. Making Gasworks' building more accessible for disabled artists, staff, community users and the general public.
When will the funding be required? 02/03/2015
How much funding are you requesting? Year 1: £100,000 Year 2: £0 Year 3: £0 Total: £100,000

Aims of your organisation:

Gasworks, through its exhibition, residency and associated events programme, aims to:

- Facilitate wider public engagement in international contemporary art
- Support the professional development of UK and international artists
- Contribute new perspectives on contemporary international art
- Provide artists with a physical and conceptual space in which to develop, discuss and challenge their practice.
- Challenge existing readings and re-evaluate historical debates on international contemporary art through new curatorial research and artists commissions.
- Make ambitious and innovative projects accessible to a wide audience by creating synergy between Gasworks' exhibitions, residencies and educational activities.

Gasworks through its participation and outreach programme aims to:

- Encourage local residents to take an active role in their community
- Initiate opportunities for local integration and collaboration
- Equip residents and community members, who lack in confidence and are often intimidated by formal education, with transferable skills in team working and communication.

Main activities of your organisation:

Gasworks is a contemporary art organisation based in Lambeth, south London. It houses artists' studios and offers a programme of participation projects, exhibitions and events, artists' residencies and international fellowships. Gasworks is part of the Triangle Network, an international network of grass roots organisations set up in 1982.

Gasworks:

- Hosts sixteen residencies a year for international artists from all parts of the world
- Presents four exhibitions a year of emerging UK and international artists.
- Programmes talks and events to introduce local audiences to international arts practices.
- Delivers art-based projects and workshops for the local community and school groups.
- Organises exhibitions showcasing art made by local community members during projects.
- Develops a network of community and Lambeth Local Authority organisations which collaborate with Gasworks, enabling us to work with normally hard to reach local residents.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
6	3	8	25

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Gasworks requests a grant to make its building more accessible for disabled people. Specifically we aim to:

- Install a platform lift serving all floors of Gasworks' building.
- Provide three accessible WC's
- Create a new accessible entrance with a push button and low activation opening mechanism.
- Install disabled refuge communications systems and Part M compatible intercom system.

Need for the access works

The upper floors of Gasworks building are currently inaccessible to people with mobility impairments. This means that disabled artists or staff are unable to fully participate in the life of the organisation as they cannot access the communal kitchen, offices and studios on the first and second floors; and disabled visitors are unable to attend Open Studios, meetings or other events on upper floors. Furthermore the current building entrance is not well designed for disabled people.

Until now, to ensure that we could accommodate an artist or staff-member with a mobility impairment, we have provided one office and one artist's studio on the ground floor. However, our Access Audit, undertaken in July 2013, stated that this approach was inequitable and recommended the inclusion of a platform lift serving all floors of the building. The Audit states that no lift would mean that artists/staff working downstairs would be unable to fully participate in the life of Gasworks. To further ensure equality we also propose an accessible WC on each floor of the building.

Delivery

The access improvements will be delivered as part of a larger c.£900,000 refurbishment project, which in turn is part of a £2 million capital project to purchase and refurbish Gasworks' building. Phase 1, the building purchase, was completed September 2014. Phase 2, which includes this project, will begin January 2015 - with access works starting February/March 2015, and be completed June 2015.

Gasworks is well placed to deliver the project. It is the only publicly accessible art space in the area and has a long-standing track record in delivering high-quality public exhibitions and arts activities for the local community. In terms of delivery Gasworks' staff and board have considerable experience in managing capital projects.

Meeting the programme outcomes:

1. The project will make Gasworks, a public building, fully accessible and more welcoming which will mean that more disabled people use it.
2. The access improvements will enable disabled people to participate in all arts activities delivered as part of our Even Better Together participation programme; and allow disabled London-based artists to rent all studios at Gasworks.
3. Disabled people can join the Gasworks staff team, volunteer, or participate in placements on an equitable basis.
4. Disabled people report increased well-being as a result of taking part in the arts or sport - a Key outcome reported by beneficiaries of Even Better Together, who will include disabled people, is an increased sense of well-being.

How the project:

- Involves disabled people in the planning, management and running of the project - Gasworks Artist's Forum and Even Better Together Peer Group involves service users in the running of the organisation. Improved access will ensure these representatives include disabled people.
- Welcomes people of all backgrounds and values diversity - This project will make Gasworks more welcoming and more accessible to people of all backgrounds.
- Values and supports volunteers - The project will improve facilities for volunteers, who have been consulted on the building design. Volunteers expenses will continue to be reimbursed, free lunches provided and references given when requested.
- Takes steps to reduce Gasworks' carbon footprint - Improving the environmental impact of the building is fundamental to the building refurbishment.

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Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Family Arts Standards (<http://www.familyartsfestival.com/family-arts-standards>)

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Installation of a platform lift to provide disabled people with access to all three floors of Gasworks building.

Provision of three accessible WC's, one on each floor of Gasworks' building.

Building a new, accessible and more welcoming building entrance. The main entrance will have a push button and low activation opening mechanism which triggers automatic opening when someone pulls the handle and a Part M compatible intercom system.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Disabled artists benefit from being able to fully participate in the artistic life of Gasworks. They can rent the studio which best meets their needs and interact and exchange ideas with all other resident artists.

Disabled people can enter arts management positions on an equal basis, as Gasworks will be able to accommodate disabled staff, volunteers and members of its Management Committee in all areas of the building.

Disabled people gain cultural capital through attending and participating in all public events at Gasworks, including Open Studios, Artists' Studio talks, arts workshops and other events hosted in the new 'artists kitchen'.

Disabled local residents are less isolated and more active citizens, and therefore happier, through being able to participate in all arts activities offered at Gasworks.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

This is a one-off capital project that will not require future funding.

Conversely, purchase and refurbishment of our building will make a contribution to the Gasworks' financial resilience. Building ownership will save £40,000 pa in rent and c.£1,400 pa in energy savings. Gasworks will also gain earned income through rental of two new artists studios.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

10,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

Lambeth (31%)

Several SE London (27%)

Several NE London (26%)

London-wide (16%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Platform lift, including lift shaft and lift pit	42,000	0	0	42,000
Reconfigure partitions on 1st & 2nd floors to accommodate lift	5,000	0	0	5,000
New accessible main entrance door	6,000	0	0	6,000
Forming 3 accessible WCs	10,500	0	0	10,500
Disabled refuge alarm and communications	13,000	0	0	13,000
Contingency at 10%	7,650	0	0	7,650
Main contractors preliminaries and on costs (12.5%)	9,850	0	0	9,850
Related professional fees (10%)	9,400	0	0	9,400
VAT (10% irrecoverable VAT)	10,340	0	0	10,340
TOTAL:	113,740	0	0	113,740

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Arts Council England - allocation of capital grant	13,740	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	13,740	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
N/A	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Platform lift, including lift shaft and lift pit	42,000	0	0	42,000
Reconfigure partitions on 1st & 2nd floors to accommodate lift	5,000	0	0	5,000
New accessible main entrance door	6,000	0	0	6,000
Forming 3 accessible WCs	10,500	0	0	10,500
Disabled refuge alarm and communications	13,000	0	0	13,000
Main contractors preliminaries & on costs	9,850	0	0	9,850
Related professional fees (5%)	4,700	0	0	4,700
VAT (allocation of 10% irrecoverable VAT)	8,950	0	0	8,950
	0	0	0	0
TOTAL:	100,000	0	0	100,000

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	285,385
Activities for generating funds	0
Investment income	149
Income from charitable activities	325,521
Other sources	25,979
Total Income:	637,034

Expenditure:	£
Charitable activities	536,879
Governance costs	13,752
Cost of generating funds	64,031
Other	0
Total Expenditure:	614,662
Net (deficit)/surplus:	22,372
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	22,372

Asset position at year end	£
Fixed assets	1,813
Investments	0
Net current assets	52,150
Long-term liabilities	0
*Total Assets (A):	53,963

Reserves at year end	£
Restricted funds	7,904
Endowment Funds	0
Unrestricted funds	46,059
*Total Reserves (B):	53,963

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
51-60%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

A new staffing structure is being implemented. The new structure sees the creation of a Curator supported by a Programme Coordinator, replacing the former roles of Exhibitions and Residency Programmers which were made redundant in October 2014. New appointments will be made in the lead-up to the building reopening.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	7,760	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	264,635	350,239	375,385

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
J Paul Getty Jnr Charitable Trust	0	0	50,000
Garfield Western Foundation	0	0	40,000
Ampersand Foundation	0	0	20,000
Hivos International	10,206	32,795	28,420
Sheepdrove Trust & Esmee Fairbairn Foundation (£10,000 each)	10,000	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Alessio Antonioli**

Role within **Director**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Praxis Community Projects	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Tower Hamlets	
Contact person: Ms Sally Daghlian	Position: Chief Executive
Website: http://www.praxis.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1078945
When was your organisation established? 06/05/1983	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London Safer		
Which of the programme outcome(s) does your application aim to achieve? More survivors of trafficking accessing quality specialist support to improve their safety, health and well-being and to beginning to reintegrate into society More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being		
Please describe the purpose of your funding request in one sentence. To provide specialist one-to-one advice, casework and support to London-based migrant and refugee women clients who have survived/experienced trafficking and/or gender-based violence.		
When will the funding be required? 16/02/2015		
How much funding are you requesting?		
Year 1: £49,396 57,509	Year 2: £49,195 58,119	Year 3: £57,515 66,018
Total: £156,105 181,646.		

Aims of your organisation:

Praxis is a charity with 30 years experience of working with vulnerable migrants and their families in London. We work to secure the fundamental rights of, amongst others, refugees, asylum seekers, survivors of human trafficking and gender-based violence, foreign national offenders, unaccompanied young people fleeing conflict, those exploited in work, and destitute homeless migrants and their families. Through a range of targeted interventions and activities, we aim to move vulnerable migrants away from a point of crisis, isolation and destitution towards safety, security, and the means to secure their own livelihoods, health and social well-being.

Our mission is to be with displaced communities, listening and acting through our common humanity to create and nurture reconciliation, human rights and social justice.

Main activities of your organisation:

Praxis operates an open access advice centre, providing immigration-, housing- and welfare-related advice to vulnerable migrants and their families. We also deliver group activities, training and workshops, housing provision, peer support and mentoring, leadership development, and English language tuition and interpreting. Over the years, we have developed and delivered a portfolio of projects that addresses the fundamental human rights of migrants in relation to livelihoods, shelter and safety, and health, family and social life. They include:

- Praxis Family Care (therapeutic peer support group for women with children who have been trafficked into the UK);
- Criminal Justice projects (we worked with women Foreign National Offenders in two women's prisons);
- Projects targeted at vulnerable migrant young people;
- Diaspora ChangeMakers (developing the entrepreneurial and leadership skills of individuals belonging to the African Diaspora); and
- Temporary Homes (providing access to safe temporary accommodation for homeless and destitute migrant individuals and families who are excluded from mainstream homelessness provision).

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
20	10	11	15

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Until year 2025

Summary of grant request

Praxis' open advice service provides immigration, housing and welfare advice to approximately 2000 migrants a year, of whom about 60% are women. Many of these women present with trafficking and/or gender-based violence histories, although this may not always be the main presenting issue at initial contact. A snapshot of Praxis services in the first half of this year shows 53 cases where gender-based violence or trafficking has been disclosed, suggesting that about 100 cases per annum, if not more, are coming through our open advice service. As demand on our advice services in general continues to increase and our core staffing capacity effectively decreases, it has been a concern of Praxis for some time that we do not have the capacity to provide a dedicated specialist gender-sensitive advice, casework and support service to this extremely vulnerable client group, whose needs are often complex, time-consuming and resource-intensive. We know that support services on offer elsewhere for this group are also rapidly dwindling.

We seek funding to dedicate a specialist project worker to providing one-to-one advice, casework and support to London-based migrant & refugee women clients who have experienced trafficking and/or gender-based violence, including domestic violence and exploitation, sexual violence and rape, female genital mutilation, forced prostitution, forced marriage and honour-based crimes. The project aims to help women leave violent/dangerous/exploitative situations, feel less incapacitated by the effects of their experiences and begin the process of recovery, and provide them with the advice, information and support they need to move toward informed and independent choices. The project will also ensure that those with the complication of an immigration issue on top of their experiences of trafficking and/or gender-based violence will gain good quality specialist advice towards resolving their immigration/legal situation, accessing appropriate services and increasing the understanding of their rights. Additionally, the project worker will spend one day a week providing outreach support to migrant women due to be released from prison into the London area and will promote the service with London probation agencies.

Through our work with vulnerable migrant women, Praxis has developed a reputation as an organisation where migrant women feel safe and will be heard. Our holistic and joined-up approach recognises that support often needs to be provided on several fronts -- e.g. emotional, social, therapeutic, and legal - at once. We have key resources in place including access to safe emergency accommodation and hardship grants, an on-site primary healthcare clinic, and networks of referral agencies. We have expertise in working with migrants caught up in the criminal justice system and long-standing partnerships with criminal justice agencies. What we now need is a dedicated specialist caseworker whom these vulnerable women clients can trust, and who has a strong awareness of gender issues and good knowledge of counselling and support networks.

Praxis runs quarterly forums for service-users to feed into services and discuss our future strategies. This project's service-users will be encouraged to attend. We will also undertake snapshot feedback surveys and interviews. We have 2 migrant community representatives on our 11-strong board of trustees.

Our ethos is one of inclusion and valuing diversity; our mission statement speaks of our 'common humanity' while our equalities policy recognises the importance of diversity.

We have a long history of working with and developing the skills of volunteers, many of whom have gone on to become staff members. We have a clear volunteering policy and provide induction, training and regular supervisions with a dedicated staff team member.

We have an Environmental/Sustainability policy. We aim to reduce use of resources including paper, water, energy and transportation, and to incorporate environmental factors into our decision-making.

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Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Advice Quality Standard Mark, ISO 9001, Investors in People, Mentoring & Befriending Network Approved Providers Standard, Institute of Translation and Interpreting

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

1:1 specialist advice, casework and support for London-based migrant and refugee women who have experienced trafficking and/or gender-based violence (which could include support to leave violent/dangerous/exploitative situations, financial help, support accessing health services and treatment, support accessing safe accommodation, criminal and immigration-related legal advice, specialist counselling, education, employment opportunities, etc.)

Outgoing referrals, where appropriate, to sources of local support, other resources like women's groups, solicitors providing good legal support and emergency accommodation

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Migrant women, who have experienced trafficking and/or gender based violence, have improved emotional health and well-being by finding solutions to urgent problems including homelessness, destitution, being in violent/dangerous/exploitative situations and child safety (for those with children)

Migrant women, who have experienced trafficking and/or gender based violence, have a better understanding of their rights and entitlements, and are better able to access appropriate services

Migrant women, who have experienced trafficking and/or gender based violence, achieve greater stability and security in their home lives by moving from being homeless to having safe and secure accommodation

Migrant women, who have experienced trafficking and/or gender based violence, have improved confidence, reduced isolation and are able to begin to integrate into wider UK society

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will act on the client feedback and external evaluation provided throughout the project to improve it. By evidencing the impact of our work during the course of the project, we will develop an action plan to seek and secure follow-on funding from an alternative funder to continue the work.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

150

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

See Appendix A →

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary (with on-costs) for 1 full-time project worker	31,107	32,825	34,003	97,935
Recruitment	2,000	0	0	2,000
Interpreting	3,938	3,938	3,938	11,813
Staff training	1,500	1,500	1,500	4,500
Staff travel costs	250	250	250	750
External evaluation	0	0	6,000	6,000
Volunteers' expenses	2,000	2,000	2,000	6,000
Contribution to overheads	8,601	8,681	9,824	27,108
	0	0	0	0
TOTAL:	49,396	49,194	57,515	156,105

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary (with on-costs) for 1 full-time project worker	31,107	32,825	46,594	97,935
Recruitment	2,000	0	0	2,000
Interpreting	3,938	3,938	3,938	11,813
Staff training	1,500	1,500	1,500	4,500
Staff travel costs	250	250	250	750
External evaluation	0	0	6,000	6,000
Volunteers' expenses	2,000	2,000	2,000	6,000
Contribution to overheads	8,601	8,681	9,824	27,108
	0	0	0	0
TOTAL:	49,396	49,194	57,515	156,105

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	15,438
Activities for generating funds	5,444
Investment income	2,313
Income from charitable activities	1,281,305
Other sources	0
Total Income:	1,304,500

Expenditure:	£
Charitable activities	1,359,862
Governance costs	20,489
Cost of generating funds	0
Other	43,596
Total Expenditure:	1,423,947
Net (deficit)/surplus:	-119,447
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-119,447

Asset position at year end	£
Fixed assets	7,678
Investments	50,000
Net current assets	281,222
Long-term liabilities	0
*Total Assets (A):	338,899

Reserves at year end	£
Restricted funds	95,830
Endowment Funds	0
Unrestricted funds	243,069
*Total Reserves (B):	338,899

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

-Praxis Enterprises (a Community Interest Company), a wholly owned subsidiary of Praxis Community Projects, is established to provide an innovative English language learning system called the Language Gym from June 2014.

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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	139,247	103,577	71,705
London Councils	0	0	0
Health Authorities	340,868	345,363	335,350
Central Government departments	49,100	181,939	221,040
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Rayne Foundation	100,000	100,000	100,000
Big Lottery Reaching Communities	290,465	82,597	0
Paul Hamlyn Foundation	0	60,000	60,000
Trust for London	50,000	50,000	50,000
BBC Children in Need	33,340	39,566	40,235

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Sally Daghlian**

Role within **Chief Executive**
 Organisation:

Appendix A

Funding required for the project (Revised)

Revised figures submitted to include full cost recovery.
Year 3 Salary requested amended due to incorrect figure.

What is the total cost of the proposed activity/ project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary (with on-costs) for 1 full-time project worker	31,107	32,825	34,003	97,935
Recruitment	2,000	0	0	2,000
Interpreting	3,938	3,938	3,938	11,813
Staff training	1,500	1,500	1,500	4,500
Staff travel costs	250	250	250	750
External evaluation	0	0	6,000	6,000
Volunteers' expenses	2,000	2,000	2,000	6,000
Contribution to overheads	16,714	17,604	18,327	52,648
TOTAL:	57,509	58,119	66,018	181,646

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary (with on-costs) for 1 full-time project worker	31,107	32,825	34,003	97,935
Recruitment	2,000	0	0	2,000
Interpreting	3,938	3,938	3,938	11,813
Staff training	1,500	1,500	1,500	4,500
Staff travel costs	250	250	250	750
External evaluation	0	0	6,000	6,000
Volunteers' expenses	2,000	2,000	2,000	6,000
Contribution to overheads	16,714	17,604	18,327	52,648
TOTAL:	57,509	58,119	66,018	181,646

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Age Exchange	
If your organisation is part of a larger organisation, what is its name? Age Exchange	
In which London Borough is your organisation based? Greenwich	
Contact person: Mrs Suzanne Lockett	Position: Director of Operations
Website: http://www.age-exchange.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 326899
When was your organisation established? 03/10/1983	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? People living with Alzheimer's and other forms of dementia having a better quality of life Carers aged 65 years and over better able to access support, advice and respite
Please describe the purpose of your funding request in one sentence. To provide an opportunity for older carers and the people they care for who have dementia to regularly participate in enjoyable social and cultural activities.
When will the funding be required? 01/10/2014
How much funding are you requesting? Year 1: £47,550 Year 2: £48,977 Year 3: £50,447 Total: £146,974

197

Aims of your organisation:

Age Exchange is the UK's leading reminiscence arts and social care charity. We reach out to people using memories and the arts to help them understand and express who they are, to value their experience, to build and strengthen relationships and to bring them together

Our Aim is to help people feel good, to make their own choices and to live the lives they want by increasing

- self-confidence, self-esteem and wellbeing
- the feeling of being part of and contributing to family and community
- communication between individuals, family and paid carers and others in the community
- access to arts, reminiscence and creative activities

Main activities of your organisation:

We work with older people individually, in groups and in communities. We work with family carers and with professionals, supporting and training them in reminiscence arts to enable them to use them day to day. One of our strengths is mixing the generations and enabling them to share their experiences and memories and to understand and learn from each other. We are expert at working with people with dementia including those for whom the spoken word may not be their main method of communication. We offer opportunities and support for older people to remember their life experiences and to participate in and enjoy artistic and creative activities which stimulate those memories. These activities - talking, theatre, music, dance, movement - stimulate all sorts of memories including deep seated physical memories. This is particularly important for people with dementia. The activities may result in various art forms but always mean that people are left feeling valued for who they are.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	8	14	80

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Caring Together - (a project for Carers and the people with dementia they care for)

The ultimate aim for this project is to keep older carers healthy enabling them to care for their loved-one for longer in their own home whilst still engaging with people around them.

The need for this project has been identified by the demand on our services from people with dementia and their carers, and organisations seeking support for older people with mental health needs locally where provision is poor. Age Exchange has increasing concern for family carers, isolated within their caring daily lives, with evidence pointing to high risk of depression and ill health. Inspired Caring will concentrate on alleviating the detrimental effects of 24/7 caring by older people for their loved one, through provision of focused therapeutic activity in a warm, creative and caring environment. So much time is spent dwelling on what people with dementia cannot do anymore whilst little or no thought is given to what they can still do and contribute. For carer and loved one we aim to provide 'shared respite' through reminiscence and creative activity.

We aim to deliver a multi-faceted project offering both carer and the people that they care for the opportunity to re-engage with their peers for mutual support, friendship and essentially to help them re-build a sense of worth and well-being.

With up to date statistics suggesting that the number of people with dementia will continue to rise there needs to be more thought put into how we support family carers and to help society to understand that people with dementia deserve to remain in their own community for as long as possible. To do this we aim to run activities that will provide opportunities for participation and to bring people together to enjoy the company of others, with and without dementia.

Participants will be able to self-refer. We will also accept referrals from local GPs, colleagues from MindCare, Alzheimer's UK, and Age UK Southwark and Lewisham - ensuring maximum participation and benefit. We expect to support a wide range of family carers including: husbands, wives, but also wider family, and sometimes professional live-in carers where family are not present. As a reminiscence charity we are committed to high quality person centred creative care, made possible by professional RAPs skilled in using the life history, and reminiscence we gather about participants to support them and inform their future care. Who were they? What was their occupation? What were/are their skills or hobbies? If we can help carers, loved ones, friends and family to remember people as they were before they had dementia we can find a common theme to use to re-connect with them in the present.

To do this we shall run:

1. 46 weekly sessions for 15 couples offering stimulating arts activities for carers and their loved ones increasing meaningful interaction between them. The sessions will be provided by trained Reminiscence Arts Practitioners (RAPs) who have extensive knowledge of working with people with dementia.
2. 12 monthly advocacy sessions facilitated by a variety of professionals providing benefits, health, housing and care advice for 180 carers over a twelve month period.
3. 6 programmes of 8 session projects (48 sessions) providing Mindfulness / Well-being sessions provided by professional therapists to enable older carers to have some meaningful 'me time' and enable them to cope better with the demands of care for someone with dementia.
4. To complement the Mindfulness / Well-being projects for carers we shall run sessions for their loved ones providing stimulating arts activities which will be provided by our trained volunteers.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

n/a

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We are currently working towards PQASSO - however we do have extensive evaluation from Royal Holloway University London and have recently undergone Ethical Approval for work within the NHS.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

To provide a structured 3 hour session each week for up to 15 couples for 46 weeks over one year. The sessions will be held at the Bakehouse Theatre in Blackheath which is a non-institutional venue.

Provide enjoyable and stimulating activities for older carers and the people with dementia that they care for. These activities provide an opportunity for the carer and cared-for to participate in enjoyable reminiscence arts activities together

Provide regular (1 Hour) respite sessions for carers to have 1:1 session with a Mindfulness Practitioner to experience exercises designed to relieve stress and build self-esteem. Provide activities for the person cared-for to enable their carer to have some 'me time'.

Provide regular (1 Hour) respite sessions for carers to have 1:1 session with alternative therapist i.e., Reflexology, Aromatherapy, Indian Head Massage, Meditation. Provide activities for the person cared-for to enable their carer to have some 'me time'.

Provide opportunities for specialist advisers to come along to the sessions regularly to advise on benefits, respite allowances and other issues related to caring for people with dementia etc.

300
What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Older carers feel less stressed and able to cope better with the demands of caring for a person with dementia. They will learn techniques to enable them to feel in control when they are on their own at home.

Have a weekly focus of somewhere to go other than hospital/doctors appointments. Meet new friends who understand how they are feeling because they are living through a similar experience. Go out with other members of the group outside of the sessions. Reduce loneliness and isolation.

Get knowledge about the benefits that they, as Carers, can claim to help with the increased expenses related to caring for someone with dementia. They will also be able to find out more about respite care to enable them to re-charge their batteries.

Carers will have improved self-esteem and self-worth after participating in stimulating activities awakening interests, skills and knowledge that they had previously but had forgotten or put aside to concentrate on their caring responsibilities.

Hand, head and neck massage for the cared-for will help them to keep calm and happy and relieve depression which a number of carers and the cared for suffer with. Providing alternative therapies will help to relieve stress and encourage carers to visit the Centre regularly.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, we would strive to continue this work, as we have in the recent past, by including it as part of our core delivery and as such the expenditure would be included in future budgets. Other trusts, personal budgets and other sources of funding would be investigated.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

150

In which Greater London borough(s) or areas of London will your beneficiaries live?

Greenwich (35%)

Lewisham (45%)

Bexley (10%)

Southwark (10%)

What age group(s) will benefit?

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

41-50%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Venue hire	3,450	3,554	3,660	10,664
Costs of participation including catering and transport subsidy	11,040	11,371	11,712	34,123
Costs of project artists including travel + planning	11,930	12,288	12,657	36,875
Costs of materials	1,380	1,421	1,464	4,265
Cost of Mindfulness and Alternative practitioners	10,350	10,661	10,981	31,992
Volunteer expenses	1,840	1,895	1,952	5,687
Supervision, management and co-ordination	7,560	7,787	8,021	23,368
	0	0	0	0
	0	0	0	0
TOTAL:	47,550	48,977	50,447	146,974

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Venue hire	3,450	3,554	3,660	10,664
Cost of participating including transport and catering	11,040	11,371	11,712	34,123
Reminiscence Project artists x 2 + travel @ £10pp + planning	11,930	12,288	12,657	36,875
Materials	1,380	1,421	1,464	4,265
Mindfulness / Alternative practitioner @ £100 x	10,350	10,661	10,981	31,992

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Volunteer expenses x 8 x 46 weeks @ £5pp	1,840	1,895	1,952	5,687
Supervision, management/co-ordination, monitoring and evaluation	7,560	7,787	8,021	23,368
	0	0	0	0
	0	0	0	0
TOTAL:	47,550	48,977	50,447	146,974

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	512,230
Activities for generating funds	26,628
Investment income	7,709
Income from charitable activities	16,964
Other sources	44,981
Total Income:	608,512

Expenditure:	£
Charitable activities	430,856
Governance costs	18,424
Cost of generating funds	44,227
Other	0
Total Expenditure:	493,507
Net (deficit)/surplus:	115,005
Other Recognised Gains/(Losses):	-197,443
Net Movement in Funds:	-82,438

Asset position at year end	£
Fixed assets	1,553,918
Investments	97,351
Net current assets	53,094
Long-term liabilities	287,355
*Total Assets (A):	1,417,008

Reserves at year end	£
Restricted funds	228,587
Endowment Funds	112,133
Unrestricted funds	1,076,288
*Total Reserves (B):	1,417,008

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
1-10%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

A new CEO has been recruited to take the organisation forward. Rebecca Packwood started on 31st March 2014 and is currently working to raise the profile of the organisation - through (1) a new marketing strategy, (2) a 3-year Strategic Finance plan and (3) networking with organisations that would be a good fit for partnership working with Age Exchange.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	95,800	32,500	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Maudesley Charity	116,464	79,800	0
Guys and St Thomas charity	0	150,000	0
May & Stanley Smith Charitable Foundation	20,763	21,779	0
London & Quadrant Housing trust	27,580	0	0
Merchant Taylors Charitable Trust	27,500	17,500	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Suzanne Lockett**

Role within **Director of Operations**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Royal Air Force Museum	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Barnet	
Contact person: Mr Andrew McGlynn	Position: Head of Fundraising
Website: http://www.rafmuseum.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 244708
When was your organisation established? 14/11/1972	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives
Please describe the purpose of your funding request in one sentence. To help Older Londoners learn about the aviation and First World War heritage of London through opportunities for volunteering, community activities and life-long learning.
When will the funding be required? 30/11/2014
How much funding are you requesting? Year 1: £39,200 Year 2: £24,200 Year 3: £24,200 Total: £87,600

Aims of your organisation:

Our purpose is to tell the stories of the Royal Air Force through its people and collections.

This means that:

For our visitors, we make our collections and the Royal Air Force story relevant and stimulating

For current and former Royal Air Force personnel and their families, we preserve, honour and share the stories of their service

For our nation, we help people to understand the impact of the Royal Air Force on the world

Main activities of your organisation:

The Museum's mission is fulfilled by the acquisition, conservation, display and interpretation of the Collection.

This comprises:

- Nearly 250 aircraft, from the 1909 Bleriot to the RAF's latest aircraft, the Eurofighter Typhoon
- 50,000 other objects ranging from uniforms to aero-engines to dining plates
- 650,000 archive items
- Half a million photographs
- 7,000 works of art
- 6.5 million feet of film
- 5,000 medals

The Museum conserves, researches and interprets the collection in order to maintain its position as a leading centre of expertise. We assist academics and the public to access the archives and exhibits for professional and personal use.

Each year over 60,000 take part in our learning activities. They are engaged through wide-ranging exhibitions and displays; interactive activities and targeted learning programmes. We create activities and events to inspire people to understand the science behind flight and to tell the stories of people who have changed our world through flight. Each year over 60,000 take part in our learning activities.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
174	0	12	160

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

As the London Aerodrome our site was famous as the pioneering home of aviation.

First used for aviation in 1909, the site was purchased in 1911 by the aviation pioneer Claude Grahame-White who created the London Aerodrome to promote flying to the nation.

The first airmail, parachute jump, night flights and aerial defence of a city all took place here. Millions flocked to Hendon to enjoy the Aerial displays and dramatic exploits of the early pilots.

The London Aerodrome site was requisitioned during WW1 and played a key role in both the mass production of Britain's fledgling Air Force and the urbanisation of this area of North London.

As we approach the centenary of the First World War in 2014 we will create a major new exhibition at our London site that will explain the role of air power in the First World War and explore London's place within the story of aviation through the multifaceted stories of the men and women who took part.

With the support of The City Bridge Trust our project will ensure that:

- More older people, including those with disabilities, can access our First World War centenary exhibition and related activities, gaining an understanding of the important role London played in the development of aviation and understanding the hidden story of the first war in the air and its impact on London
- More older Londoners, from increasingly diverse backgrounds, can access volunteering and learning activities at the Royal Air Force Museum, learning new skills and forging new social relationships
- More older Londoners will be engaged in our activities, especially education and volunteering opportunities related to our First World War centenary exhibition
- Through the creation of a new exhibition and related projects people will learn about heritage, have an enjoyable experience and the local area will be a better place to live, work and visit.

We have secured Heritage Lottery Funding* to support this ambition and our exhibition will open in November 2014.

We would like the Trustees of the City Bridge Trust to help ensure that more Older Londoners are able to enjoy this landmark exhibition by supporting our efforts to make the exhibition as inclusive as possible and helping us to reach out to this new audience through opportunities for volunteering, activities and life-long learning that support more active and healthy lives.

We are requesting that the City Bridge Trust support this project with a donation of £87,600 over the next three years.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Short course for lifelong learners:

We will create a course for adult learners. Adult students will study different aspects of the First World War and be encouraged to carry out their own research. Topics might include local history, including how North London developed as the aircraft industry flourished there.

Lunchtime and/or evening lectures

We will develop a series of lectures to appeal to a broad audience of interested non-specialists. These will be linked to exhibitions, anniversaries, publications and documentaries.

Ensure that our exhibition is fully accessible for older Londoners, creating any required access improvements and meeting the highest accessibility standards in terms of interpretation and interactivity.

Activities aimed at encouraging older visitors who are new to the Museum to take part in activities alongside other audience groups. Over three years this will include: Local History Week walking tours, a community film series, BAME community days and an Oh What a Lovely War® Performance project.

As part of our project we will develop and implement a volunteering strategy that will create new opportunities, widening access to as many Londoners as possible and enabling them to participate in the Museum's work and learn new skills.

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What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

More older people, including those with disabilities, can access our First World War centenary exhibition and related activities, gaining an understanding of the important role London played in the development of aviation and understanding the hidden story of the first war in the air and its impact on London

More older Londoners, from increasingly diverse backgrounds, can access volunteering and learning activities at the Royal Air Force Museum, learning new skills and forging new social relationships

More older Londoners will be engaged in our activities, especially education and volunteering opportunities related to our First World War centenary exhibition

Through the creation of a new exhibition and related projects people will learn about heritage, have an enjoyable experience and the local area will be a better place to live, work and visit.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. We will continue our activities by fundraising from a range of Trusts and Foundations and part supporting the activities through an HLF grant.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

4,932

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

31-40%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Exhibition costs	1,266,000	2,360	2,360	1,270,753
Staff and recruitments	82,333	85,390	53,347	221,071
Project development and maintenance costs	43,611	6,531	6,774	59,966
Learning and activity costs	93,456	40,043	63,029	177,041
Marketing, PR, Evaluation	210,330	122,134	74,507	406,972
Training for staff and volunteers	17,780	6,085	6,085	29,950
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	1,713,56	262,560	186,630	2,162,75
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
BAE Systems Ltd	200,000	50,000	0	250,000
Esme Fairbarin/MLA Collections Fund	14,000	0	0	14,000
RAF Museum contribution	140,980	75,470	0	293,490
RAF Museum:Grahame White Endowment	746,240	0	0	0

TOTAL:	1,101,22	125,470	0	1,223,69
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Heritage Lottery Fund	436,369	321,393	82,371	840,132
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	436,369	321,393	82,371	840,132
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Contribution to exhibition: funding accessibility	15,000	0	0	15,000
Activities to engage older Londoners	15,000	15,000	15,000	45,000
Volunteer Expenses and training contribution (towards 25% of volunteers)	1,000	1,000	1,000	3,000
Contribution towards Education Officer salary (@11% to match audience share)	3,150	3,150	3,150	9,450
Contribution towards Volunteer Co-ordinator salary (@25% to match audience share)	4,250	4,250	4,250	12,750
Contribution towards Community Development Post salary (@11% matching audience share)	800	800	800	2,400

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	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	39,200	24,200	24,200	87,600
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	9,687,677
Activities for generating funds	0
Investment income	22,686
Income from charitable activities	2,105,659
Other sources	361,769
Total Income:	12,177,791

Expenditure:	£
Charitable activities	9,506,412
Governance costs	139,593
Cost of generating funds	2,515,635
Other	4,246
Total Expenditure:	12,165,886
Net (deficit)/surplus:	11,905
Other Recognised Gains/(Losses):	674,772
Net Movement in Funds:	686,677

Asset position at year end	£
Fixed assets	60,974,296
Investments	383,049
Net current assets	1,729,347
Long-term liabilities	-383,049
*Total Assets (A):	62,703,643

Reserves at year end	£
Restricted funds	60,267,444
Endowment Funds	0
Unrestricted funds	2,436,199
*Total Reserves (B):	62,703,643

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
61-70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	7,741,000	8,170,000
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
NHMF	0	0	345,000
Esme Fairbarin/MLA Fund	0	0	26,000
The RAF Charitable Trust	26,000	25,000	0
The Hobson Charity	0	0	5,000
The Kirby Laing Charitable Trust	0	0	5,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Andrew McGlynn**

Role within **Head of Fundraising**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Women's Health and Family Services (WHFS)	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Tower Hamlets	
Contact person: Ms Sharon Hanooman	Position: Director
Website: http://www.whfs.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1033764
When was your organisation established? 24/02/1994	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives Fewer older Londoners aged over 75 years with depression and more reporting improved well-being
Please describe the purpose of your funding request in one sentence. To improve the wellbeing and social inclusion of 300 minority ethnic older people through health and social activities, volunteer befriender support and volunteering opportunities.
When will the funding be required? 12/01/2015
How much funding are you requesting? Year 1: £44,538 Year 2: £48,210 Year 3: £50,132 Total: £142,880

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Aims of your organisation:

Women's Health & Family Services mission is to work for equitable healthcare for minority ethnic women and their families in Tower Hamlets and other East London boroughs through advocacy and awareness raising. We challenge discrimination; and we campaign for clients' rights and choices to ensure their health and wellbeing. Women's Health & Family Services aims and objectives are:

- a) To advance education among women resident in Tower Hamlets and surrounding Boroughs, in particular African and Asian women before during and after pregnancy.
- b) To preserve and protect the health of the inhabitants of the London Borough of Tower Hamlets and surrounding Boroughs.
- c) To promote equality and diversity by challenging discrimination and encouraging services which meet the diverse needs of the community and the sharing of experiences in order to bring about equality in health and well-being, and good relationships in the community.

Main activities of your organisation:

We fulfill our objectives by training volunteers and experienced staff as bilingual health advocates to work with Black, Asian and Minority Ethnic (BAME) communities to promote and access health care in Tower Hamlets and neighbouring boroughs. Our core activities include:

- a) Interpreting services, advocacy, advice and information on health and other issues; increasing access to, and sharing their user experience on health services
- b) BME Elders health and social care - providing healthy cook and eat lunch clubs for older Somali women and extending access to Chinese, Vietnamese and other minority elders to participate in ESOL, health education and keep fit classes.
- c) Volunteer befriending and advocacy--to support people within BAME communities on diabetes management and education; as Maternity Mates and Healthy Start Champions - supporting women and their children with their pregnancy, birth, MMR vaccinations, Vitamin D and breast feeding awareness.
- d) Training volunteers to consult and support residents on cancer awareness and screening and other health issues.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	12	8	52

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	ongoing

Summary of grant request

We aim to support 300 Black, Asian and Minority Ethnic (BAME) older residents from Tower Hamlets to become more active and healthy through health and social activities, access to volunteer befrienders and volunteering opportunities. A three year grant will fund two part time workers, volunteer training and project running costs.

Tower Hamlets' Joint Strategy Needs Assessment (2011) highlights the lack of an overarching strategy to improve the health and wellbeing of older people. As a consequence they lack awareness of, or access to opportunities that could reduce their isolation and improve their welfare. These and other concerns were identified in our survey of 50 Somali elders in 2012, our participatory appraisal sessions in 2013 with over 300 people and through our everyday work with BAME communities. Our findings resonate with other research findings -- of being isolated; lacking social contact; depressed wellbeing; unaware of opportunities yet wanting to contribute to their community. The context is a borough that has high urban deprivation with 19,000 residents over 65 of whom 5,000 are over 80. 47% of the over 65s live alone and 80% are not undertaking the recommended level of physical activity, particularly so for the BAME communities.

A steering group will oversee the work of the project; this will include outreach to BAME communities, churches, mosques, lunch clubs and local agencies working with older people through a team of volunteers. We will work with other older people groups in community settings to deliver intergenerational activities, outdoor schemes and trips, health focussed sessions, talks, and meetings with health providers. We will build on our Somali older women's work to engage residents over 75 years, men and other ethnic communities. Volunteers will be recruited and trained as befrienders and activity helpers. They will also support older people wanting to volunteer. A bespoke volunteer training programme will be delivered to include personal development, befriending skills, working with older people and community development. Practice development and supervision sessions will be provided for volunteers.

300 older people from BAME communities will be more socially connected, active and confident with 10 volunteering within their community. This will achieve a measurable improvement in their health and wellbeing, as well as improving the skills and confidence of 30 local people who have volunteered.

We have a strong track record and over 32 years experience of reducing health inequality, recruiting local volunteers and improving the health and well being of vulnerable people from BAME communities including older people. We have robust systems in place to support our volunteers and established relationships with informal and informal community networks and organisations that help us reach out to isolated people in BAME communities. We received the GlaxoSmith Kline IMPACT Award 2012 as "the bronze overall winner of the Champions Award for excellence in their work and making a real difference to the health of the community".

By providing the space and activities to encourage older people to be more active, to make use of their skills, take up opportunities to connect with and contribute to their community and to feel more fulfilled, with an increased sense of wellbeing.

Our project steering group, social gatherings and feedback forms will involve and support older people in running the project. We value diversity through the inclusion of older people, men and people with disabilities as volunteers and users. We have broadened our reach to Eastern European communities and promote our projects and volunteer opportunities in culturally and socially appropriate ways. We are reducing our carbon footprint through reduced power consumption, recycling paper and encouraging and providing instructions for staff and clients to cycle.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Advice Quality Standard

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Volunteer Recruitment, training and support: of 30 volunteers -- 10 each year, with at least 65% from the Black, Asian and Minority Ethnic communities (BAME) to be confident in volunteering, befriending, communicating and supporting activities. 9 practice development and supervision sessions provided each year.

Community activity programme: for 300 older people over 3 years At least two activities each week such as dance /exercise session, outdoors (walk or trip), clothes and sewing intergenerational project with local schools; talks and discussions and volunteering opportunities. As local as possible to minimise transport usage.

Befriending support: for at least 60 older participants, especially the most vulnerable and those with mobility issues; to receive at least one befriending session per week.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

100% of older BAME participants have improved quality of life, physical and mental wellbeing and social relationships as well as access to support, advice and activities that reduces their experience of poverty and isolation.

At least 30 local people access opportunities to develop and use their skills through training and placements as volunteers/befrienders to older residents.

At least 60 older people feel less isolated and lonely, and more confident in accessing local services and activities as a result of their befriender support.

Increased awareness of the needs of BAME residents over 75 years by health and social agencies in planning and co-ordinating services for older people and BAME older residents have improved knowledge of local services that improves their standard of living.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We want to continue by working with community and statutory agencies to support an overarching strategy for elders to include commissioning of our project activities. We will explore future funding from Integrated care and Personal Budgets and work with partners to expand their provision to assimilate users and activities within their programmes for older people.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

150

In which Greater London borough(s) or areas of London will your beneficiaries live?

Tower Hamlets (90%)

Hackney (10%)

What age group(s) will benefit?

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

321

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staffing	26,592	27,122	27,662	81,376
Project activity costs	13,080	16,180	17,520	46,780
Management costs	2,066	2,066	2,066	6,198
Admin/Office costs	2,800	2,842	2,884	8,526
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	44,538	48,210	50,132	142,880

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staffing	26,592	27,122	27,662	81,376
Project costs	13,080	16,180	17,520	46,780
Management costs	2,066	2,066	2,066	6,198
Admin/Office costs	2,800	2,842	2,884	8,526
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	44,538	48,210	50,132	142,880

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	231,221
Activities for generating funds	1,555
Investment income	124
Income from charitable activities	0
Other sources	0
Total Income:	232,900

Expenditure:	£
Charitable activities	281,484
Governance costs	4,233
Cost of generating funds	13,629
Other	0
Total Expenditure:	299,346
Net (deficit)/surplus:	-66,446
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	3,658
Investments	0
Net current assets	104,650
Long-term liabilities	0
*Total Assets (A):	108,308

Reserves at year end	£
Restricted funds	40,000
Endowment Funds	0
Unrestricted funds	68,308
*Total Reserves (B):	108,308

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 91-100%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: In September 2013 we appointed a new Director. WHFS was awarded a three year contract to deliver our Maternity Mates project with funding from Tower Hamlets Clinical Commissioning Group.
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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	97,911	137,287	64,814
London Councils	0	0	0
Health Authorities	208,244	176,879	161,502
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Kings Fund	0	5,000	0
	0	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Ms Sharon Hanooman**

Role within **Director**
Organisation:

Revised Detailed Budget Breakdown

	Year 1	Year 2	Year 3	
Staffing Costs				
Volunteer Co-ordinator	17718	18073	18434	3 days pw
Support Worker	6581	6712	6846	1.5 days pw
Training	100	100	100	
Total Salary costs	£24,399	£24,885	£25,380	
Project Costs				
Project outreach	200	200	200	
PR/Advertising	200	100	100	
Volunteer Recruitment, Support & Expenses	1400	2240	2800	
Insurance and DBS	100	100	100	
Project Evaluation	500	500	1000	
Volunteer training	1000	750	750	
Activities: Healthy Living	3100	3350	3350	
Activities: Cultural/events	1500	1500	1500	
Project Steering Group meetings/planning	130	150	150	
	£8,130	£8,890	£9,950	
Support Costs				
Management/Finance	1550	1550	1550	1.5 hrs pw
Admin/Office Costs				
Rent/office costs	911	925	939	
Stationery & Printing	194	197	200	
Telephone & mobiles	417	423	429	
IT	812	824	837	
Audit	194	197	200	
	£2,528	£2,566	£2,605	
TOTAL PROJECT COSTS	£36,607	£37,891	£39,485	TOTAL 3 YEARS: £113,983

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Age UK Lewisham & Southwark	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Southwark	
Contact person: Ms Jacky Bourke-White	Position: Director of Operations
Website: http://www.ageuk.org.uk/lewishamandsouthwark	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 296862
When was your organisation established? 06/12/1987	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners having increased awareness of benefits, finance, housing and other rights
Please describe the purpose of your funding request in one sentence. To ensure vulnerable older Londoners have access to entitlements and services to live a dignified life through the provision of a sustainable I&A service.
When will the funding be required? 01/01/2015
How much funding are you requesting? Year 1: £45,090 Year 2: £45,991 Year 3: £46,910 Total: £137,991

Aims of your organisation:

At AUKLS our ethos is to empower older people to make choices and take control of their lives and support, with our overall aim being to improving life for older people, especially those who are vulnerable.

Through service delivery, our specific aims are to:

1. Improve older people's health and emotional wellbeing
2. Enable older people to make a positive contribution
3. Reduce isolation
4. Ensure older people can exercise choice and control
5. Ensure freedom from discrimination or harassment
6. Maximise economic wellbeing
7. Ensure personal dignity and respect
8. Make best use of resources available and achieve best value

Main activities of your organisation:

We are passionate about delivering services that match our ethos and currently provide a wide variety of services ranging from complex care services to smaller projects, to enhance independence and wellbeing:

1. Day Care, for mentally and physically vulnerable older people
2. Healthy Living Initiatives, providing open access activities and social opportunities to re-able and empower
3. Independent Living Services including Help at Home, Happy Feet, Handy Persons and Safe and Independent Living, to enable older people to remain safe and independent within their home.
4. Information and Advice, maximising incomes and providing advise on housing, debt, continuity of care and consumer issues.
5. Outreach, to regain confidence, rebuild social networks and reintegrate into the community.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
22	46	8	150

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	0

Summary of grant request

AUKLS deals with 9,500 information and advice (I&A) enquiries every year. The need for the service outstrips our capacity to deliver, with a five week waiting list for home visits and 1,040 older people turned away from our drop-in annually. The need for I&A is acute amongst older people, reflecting the levels of poverty, social isolation, and ill health in our boroughs.

Our delivery has evolved from conversations with older people struggling to use generic services, and tailored to meet their needs. We want to create a sustainable service that delivers advice to the most vulnerable, whatever the economic climate and plan to increase our use of volunteers to accomplish this. We will achieve this through the continued employment of our I&A manager who is experienced in advice delivery and training and supporting advice volunteers.

This enables us to increase capacity if funding is maintained or, in the expected scenario of funding reducing, maintain our ability to provide targeted advice to the most vulnerable, ensuring that older people aged over 75 years receive accurate and accessible I&A on benefit entitlements, housing, social care and services necessary for a dignified life. The delivery of the service from our trained volunteers, by telephone and face-to-face, will ensure older people have the knowledge and awareness of their rights, reducing the numbers of older people experiencing poverty and improving their mental and physical wellbeing.

Through the provision of our I&A service and our knowledge of local services older Londoners will be able to find out information on, and access with our support, through referrals and signposting, a wide range of services that holistically meet their needs. This will result in an improved wellbeing and healthier lifestyles.

We will provide information sessions and support for community organisations that work with older people to increase the number of older Londoners aware of services and entitlements available to them.

Advice volunteers are trained and skilled by the I&A Manager in community care, housing options, consumer issues, debt issues, benefits, including form filling and interviewing/communicating with older people. Regular supervision and involvement in team meetings are also provided. All volunteers are provided with a comprehensive induction and volunteer handbook, and volunteer days are held in recognition of their hard work and awards are given. We have a good track record of skilling volunteers for work.

We understand the need for personal contact, involvement and utilisation of a range of channels in providing good I&A to older people. AUKLS is governed by a board of trustees, 90% of which are older people. We will run an older persons steering group alongside the project and recruit older volunteers so that our service continues to reflect older people's needs. We are a trusted local organisation, with over 30 years experience, and the first point of call for older people seeking advice in the boroughs, with the majority being aged over 75 years.

AUKLS are quality marked through Age UK and ASA accredited. Over the years, we have built strong links and relationships within the voluntary and community sector and work in partnership with organisations in both boroughs and are members of three consortiums. We are part of a well-established referral network of agencies. Our advice service exceeds its contracted specification targets.

Lewisham and Southwark have a greater proportion of older residents from ethnic minorities than England as a whole. AUKLS work with people of all backgrounds. This is reflected by the diversity of our staff and volunteers, as well as our BAME projects.

AUKLS is currently reviewing its environmental policy, but our recent Age UK Quality Mark accreditation included environmental standards.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

not applicable

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

ASA accreditation and Age UK Organisational Quality Standards

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Through volunteer input to provide face-to-face advice and information through home visits, appointments and drop-ins on topics of need dealing with 5000 face-to-face enquiries in year 1 and increasing to 8000 in year 3.

Through volunteer input to provide telephone advice and information on social care, housing, benefits, and access to local services via our direct advice and information line, dealing with 4000 telephone enquiries in year 1 and increasing to 5000 in years 2 and 3.

Through volunteer input to support older people with benefit check, form filling and representation at benefit tribunals where required, bringing in £750,000 per year in benefits for local older people.

To recruit and train 5 volunteers in information and advice every year, increasing to 15 volunteers by year three.

To provide a total of 14 local organisations, who support older people, in each borough with workshops/information sessions and training on benefits.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Older people will live a dignified life through receiving information and advice they need.

Older people aged over 75 years will have an increased knowledge and awareness of their rights

An increased number of older people aged over will receive their full benefit and other entitlements in the borough and will have additional income.

An economically sustainable information and advice service will be created based on the increased use and coordination of volunteers.

Increased skills and knowledge for volunteers increasing their job prospects.

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Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

AUKLS will be seeking to continue our I&A service through regular review of our yearly income generation plan. This plan allows us to have a broad funding base, including earned income, Trusts and grants, donations and statutory income. We will continue to prioritise maintaining this service through redesign, fundraising and income generation.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

Lewisham (50%)

Southwark (50%)

What age group(s) will benefit?

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

81-90%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Advice Managers Salary	30,000	30,600	31,212	91,812
National Insurance Contributions at 10%	3,000	3,060	3,121	9,181
Pension at 5%	1,500	1,530	1,561	4,591
Project costs inc Volunteer expenses	3,450	3,519	3,589	10,558
Management and Overheads	4,140	4,222	4,306	12,668
Contribution to premises and rent	3,000	3,060	3,121	9,181
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	45,090	45,991	46,910	137,991
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Advice Managers Salary	30,000	30,600	31,212	91,812
National Insurance Contributions at 10%	3,000	3,060	3,121	9,181
Pension at 5%	1,500	1,530	1,561	4,591
Project costs inc Volunteer expenses	3,450	3,519	3,589	10,558
Management and Overheads	4,140	4,222	4,306	12,668
Contribution to premises and rent	3,000	3,060	3,121	9,181
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	45,090	45,991	46,910	137,991
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	216,908
Activities for generating funds	262,161
Investment income	1,164
Income from charitable activities	1,297,667
Other sources	43,018
Total Income:	1,820,918

Expenditure:	£
Charitable activities	1,724,407
Governance costs	30,048
Cost of generating funds	92,038
Other	
Total Expenditure:	1,846,493
Net (deficit)/surplus:	(25,575)
Other Recognised Gains/(Losses):	
Net Movement in Funds:	25,575

Asset position at year end	£
Fixed assets	75,509
Investments	
Net current assets	349,915
Long-term liabilities	
*Total Assets (A):	425,424

Reserves at year end	£
Endowment funds	
Restricted funds	16,695
Unrestricted funds	408,729
*Total Reserves (B):	425,424

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

63%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	808,357	193,477	698,464
London Councils	6,170	0	0
Health Authorities	110,000	110,000	110,000
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	492,667	119,195	110,608
Henry Smith Foundation	0	0	38,700
Terra Firma	20,000	0	0
Esmee Fairbairn	0	0	17,545
Clothworker foundation	0	0	20,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jacky Bourke-White**

Role within **Chief Executive Officer**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Children England	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Islington	
Contact person: Ms Kathy Evans	Position: Chief Executive
Website: http://www.childrenengland.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1044239
When was your organisation established? 01/04/1942	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More Londoners with improved economic circumstances Fewer Londoners experiencing food poverty
Please describe the purpose of your funding request in one sentence. To enable 4in10 to contribute to ending child poverty in London by sharing and supporting the development of best practice across voluntary and statutory sectors.
When will the funding be required? 01/02/2015
How much funding are you requesting? Year 1: £50,865 Year 2: £52,743 Year 3: £0 Total: £103,608

Aims of your organisation:

Mission: To create a fairer world for children, young people and families by championing the voluntary organisations which work on their behalf.

Children England aims to represent, connect and strengthen the voluntary sector for children, young people and families, through campaigning and quality infrastructure support, building their capacity to represent the voice of service users, improving the quality of services they provide and facilitating their full contribution to policy development.

Children England helps charities achieve more by providing accessible tools, training and resources on key responsibilities such as good governance and active participation of Children Young People and Families (CYP&F) in local services and communities. We support best practice through providing excellent policy and information services, training and events, enabling members to learn from each other and from leading edge professional developments.

Our unique strength lies in the collective power, voice and influence we have to promote the sector's achievements in achieving positive change on behalf of children and families.

Main activities of your organisation:

Children England's supports a diverse membership which provides a central focus for work across the breadth of scale and specialisms in work with CYP&F. This is supported by work with a wider network of organisations through our capacity building and support via two major partnership projects:

Engage London: Funded by London Councils and now into its second successful year, Children England leads a partnership with Partnership for Young London and the Race Equality Foundation to offer capacity-building support, training, advice and tools to over 1600 VCS organisations in every borough in Greater London.

Safe Network: The Safe Network provides the 'sector standard' service, tools and training for safe practice in community activities with children -- from after school art clubs to weekend reading groups. It is jointly managed by the NSPCC and Children England, and was created as a result of the Government's Staying Safe action plan.

Children England website acts as an information, analysis and resource hub, attracting just

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
4	7	0	0

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	2.5 years

Summary of grant request

This grant would fund the planned growth and development of the 4in10 network. 4in10 is a membership network of voluntary, community and statutory organisations tackling child poverty across London. 4in10 was set up in 2008 to support London's voluntary and statutory sector to develop good practice and to work together on child poverty issues. Through its four year period hosted at Save the Children, it has grown into an effective cross-sector network, which is a well-regarded resource for voluntary and statutory organisations across London.

London has a poverty rate of 28%, seven percentage points higher than the rest of England with some London boroughs including areas with the highest child poverty rates in the country. London Voluntary Service Council's most recent Big Squeeze report found that 68% of front-line organisations in London had seen an increase in service users with 56% of organisations reporting the needs of service users becoming more serious.

As a membership network 4in10 is uniquely placed to support voluntary and statutory organisations to meet these growing and changing needs. Many organisations across London work with children living in poverty, or focus on issues affected by and affecting child poverty. 4in10 brings these organisations together to share expertise and resources, to learn from each other and to benefit from expert advice and experience. We have found that this, and in particular 4in10's focus on bringing statutory and voluntary services together to share and learn, is an effective way to effect real change.

This grant will allow 4in10 to substantially develop the scope and depth of our work. It will allow 4in10 to support London's statutory, voluntary and community organisations to effectively tackle child poverty by providing:

- bespoke individual advice and support,
- regular capacity building, good practice sharing and networking opportunities
- online resources including the 4in10 website, regular e-bulletins and a comprehensive resource library
- research into topical issues carried out in response to issues raised by network members
- opportunities for VCS organisations to influence local and regional policy making
- a practical toolkit for for VCS organisations to assist them in engaging more effectively with the child poverty agenda.

4in10 has a record of contributing to positive change within and across London boroughs including, for example, 4in10 has influenced the decision of increasing numbers of London boroughs to provide universal free school meals to primary school pupils and 4in10's provision of advice and support to Local Authorities which has helped to ensure the participation of local stakeholders including local children and young people in the development of child poverty strategies. This grant would fund the expansion of the 4in10 staff team to include a part-time Research and Learning Officer and a part-time Network Membership Officer alongside the existing strategic manager post. The additional skills and resources provided by these staff members would allow 4in10 to:

- reach and engage a larger and more diverse membership group
- strengthen and broaden 4in10's capacity to carry out and disseminate research and learning to network members.

The funding will also support 4in10's move to Children England. This move will allow 4in10 to reach Children England member VCS organisations across the capital through Engage London to raise awareness of child poverty issues and to provide expert advice in engaging with these issues. It will also allow 4in10 to benefit from Children England's skills and resources in developing and growing the 4in10 network.

This grant would also allow the creation of an advisory board to support strategic development. Board members will be drawn from 4in10 membership and will reflect their diversity and range of knowledge and expertise.

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Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Customer First

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Regional events and networks. These will include 8 Good Practice Seminars delivered to 125 network members focusing on topical issues related to tackling child poverty. Reports from the seminars will highlight good practice and action planning and will be distributed and publicised widely.

Targetted suport for local areas to include bespoke support to 4 Local Authorities and focusing on ensuring best practice in strategies and action plans and effective practice. We will review the child poverty strategies of 32 London boroughs to ensure that child poverty continues as a local priority across London.

We will build the capacity of the Voluntary and Community Sector by increasing 4in10 membership by 60 percent and running 12 capacity building sessions involving up to 200 VCS members. We will also produce a practical toolkit for VCS organisations and establish an advisory board drawn from our VCS membership.

We will develop our online information hub in order to increase membership and the quality of support and advice we provide. We will develop our 4in10 website and increase hits by 50%. We will produce a bi-monthly newsletter for members and develop and update our resource library.

We will identify two major areas of research into the causes and/or effects of child povety and will produce two major research reports. These will be publicised widely to practitioners and to local, regional and national policy makers as appropriate.

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What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

- An increased awareness of child poverty policy and practice across London's statutory, voluntary and community sector with improved regional networking and sharing of expertise along with an increase in the number of network members working locally to support the development of effective policy and practice in reducing child poverty.

Local Authorities will gain an increased awareness of child poverty and increased understanding of their duties and role. More Local Authorities will have and use Child Poverty Strategies and these will be of higher quality. There will also be an increase in collaborative working with the voluntary and community sector.

An increase in 4in10 membership will lead to an increase within London's voluntary and community sector of organisations' knowledge and ability to demonstrate their contribution to reducing child poverty. This will increase VCS capacity to influence and contribute to local policy and practice development in relation to child poverty.

The development of the 4in10 online information hub will effect an increased awareness and up-to-date knowledge of effective practice, policy and research linked to child poverty. 4in10 member organisations will also share their own good practice across sectors and boroughs.

4in10 research reports will ensure that topical issues are identified and understood widely. We will increase the understanding of key issues affecting children and their families among local, regional and national practitioners and policy makers and will support the development of effective initiatives to tackle child poverty.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will use monitoring and evaluation data and ongoing assessment of members needs to plan future growth and development of 4 in 10 and will look to secure appropriate funding. There will be parallel exit planning for the eventuality of not securing further funds to ensure smooth closure and appropriate dissemination of materials and learning.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

500

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staffing	80,800	84,033	0	164,833
Organisational support and Expertise	8,080	8,404	0	16,484
Events, materials, meetings	2,500	3,000	0	5,500
Good Practice Workshops, Events	3,000	3,500	0	6,500
Research Reports	2,000	2,500	0	4,500
Staff Training	750	800	0	1,550
Staff Travel	600	750	0	1,350
LA support	2,500	500	0	3,000
Volunteer costs	1,500	2,000	0	3,500
TOTAL:	101,730	105,487	0	207,217

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Trust for London	50,865	52,744	0	103,609
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	50,865	52,744	0	103,609

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staffing	40,400	42,016	0	82,416
Organisational support and expertise	4,040	4,202	0	8,242
Events, materials, meetings	1,250	1,500	0	2,750
Good practice workshops, events	1,500	1,750	0	3,250
Research Reports	1,000	1,250	0	2,250
Staff Training	375	400	0	775
Staff Travel	300	375	0	675
LA support	1,250	250	0	1,500
Volunteer costs	750	1,000	0	1,750
TOTAL:	50,865	52,743	0	103,608

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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	521,794
Activities for generating funds	22,716
Investment income	4,942
Income from charitable activities	58,505
Other sources	0
Total Income:	607,957

Expenditure:	£
Charitable activities	799,331
Governance costs	5,750
Cost of generating funds	30,465
Other	49,842
Total Expenditure:	885,388
Net (deficit)/surplus:	-277,431
Other Recognised Gains/(Losses):	643
Net Movement in Funds:	-276,788

Asset position at year end	£
Fixed assets	28,561
Investments	98,785
Net current assets	244,722
Long-term liabilities	0
*Total Assets (A):	372,068

Reserves at year end	£
Restricted funds	19,582
Endowment Funds	0
Unrestricted funds	352,486
*Total Reserves (B):	372,068

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
71-80%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

No significant changes since April 14 - major changes due to non renewal of Gov grants - including moving to smaller premises and reducing staff team took place during previous year April 13 - March 14. Our balance sheet shows Restricted: £19,582 Unrestricted/Designated £179,925 Unrestricted/general free reserves £172,561 Total Funds £372,068

342 **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	212,949
Health Authorities	0	0	0
Central Government departments	1,761,855	1,723,231	281,595
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery	0	0	7,000
	0	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Kathy Evans**

Role within **Chief Executive**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: North London Action for the Homeless	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Hackney	
Contact person: Mr. Mark Palframan	Position: Fundraiser
Website: http://www.nlah.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1139024
When was your organisation established? 01/01/1993	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? Fewer Londoners experiencing food poverty
Please describe the purpose of your funding request in one sentence. Reducing food poverty amongst homeless and vulnerable people through the provision of nutritious meals and facilitating their participation in food production and preparation.
When will the funding be required? 01/10/2014
How much funding are you requesting? Year 1: £20,816 Year 2: £23,180 Year 3: £24,180 Total: £68,176

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Aims of your organisation:

"North London Action for the Homeless runs a drop-in centre that is open to all who are homeless or in need within an ethos of service, respect and acceptance and strives to influence policy and overcome barriers to accommodation and other services to which homeless and excluded people are entitled."

Main activities of your organisation:

NLAH provides drop in sessions for up to 100 homeless and vulnerable people on Monday lunchtimes and Wednesday evenings. It enjoys significant community support with most of the work being done by volunteers and the food donated by local businesses. NLAH works in close partnership with other local agencies who use the drop in sessions to make contact and offer services to clients who are traditionally seen as hard to reach. Advice and support is currently provided by outreach workers from agencies including the Hackney DART (Drug and alcohol) team, staff from the Homerton Hospital undertaking monthly health checks for homeless people, housing advice and support from Thamesreach, Barka UK and Hackney Doorways. English language classes and an ad hoc programme of occasional cultural activities are also be arranged. A free three course vegetarian meal is provided as well as clothing and washing facilities.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	3	10	40

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Indefinite and ongoing

Summary of grant request

We are seeking funding to appoint a Kitchen/Garden Manager to lead our initiative addressing food poverty issues amongst homeless and vulnerable people in Hackney.

Hackney has recently experienced enormous social and economic changes with rising house prices and gentrification. The range and quality of food available has increased dramatically with an upsurge in organic food stores, artisan bakeries and coffee shops. Nevertheless social deprivation remains a serious concern with many people suffering the effects of food poverty -- defined by the Department of Health as the inability to afford, or to have access to, food to make up a healthy diet.

NLAH provides drop-in services for local homeless and vulnerable people and we have identified that many of these are suffering from food poverty, including those with little or no income or those who are unable to cook for themselves. There is a clear need to directly provide food to make up a healthy diet - as well as education and encouragement to assist them to develop better diets themselves.

With her infectious enthusiasm for food, cooking and gardening our part-time cook, Lucie Galand, has inspired and encouraged our service users to participate in a number of new initiatives including a kitchen garden, a fledgling social enterprise project, a blog and a cookbook, raising funds and promoting healthy eating. These have already had a positive impact on individual service users but to set these initiatives on a firmer financial basis and ensure their sustainability for the next three years we would like a grant to enable us to appoint her as our food poverty champion in a new post of Kitchen/Garden Manager.

We will reduce food poverty directly by providing meals -- improving the health and economic situation of our service users. We will also increase their knowledge and skills to address food poverty issues themselves through gardening and cooking sessions and awareness raising events. We will also reduce food waste by collecting surplus food from local businesses and extending our waste minimisation and composting programme.

As well as free meals we will organise regular gardening and cooking sessions for homeless and vulnerable people. We will also organise events and awareness raising initiatives and support and develop a network of local food businesses - collecting their surplus food for use in the sessions.

We are well placed to address food poverty amongst homeless and vulnerable people in Hackney. Between 50 and 100 people attend our weekly sessions: 12% of these are rough sleeping, 55% have a disability and 73% are receiving benefits. NLAH is well supported by the local community and has a good record of securing financial and other resources.

Each year we will see a reduction in food poverty for at least 400 different individual Londoners with free healthy meals and support to improve their access a more healthy diet themselves.

Good Practice:

- Two service users sit on the management committee - overseeing the running of the service.
- NLAH has a great record on diversity. Beginning in a Synagogue the meals have always been vegetarian ensuring that it is acceptable for people of all religious and ethnic backgrounds. A wide range of languages are spoken and people from all backgrounds are welcomed.
- Over 40 local volunteers regularly help at the sessions; supported by the Centre Manager with regular training and social events.
- NLAH has a low carbon footprint: collecting donated food in our bike trailer, using eco cleaning materials, engaging in organic gardening and we are now a Local Authority Composting Champion -- with a coordinated programme of waste minimisation, recycling and composting.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

We will provide free meals at our drop-in sessions for homeless and other vulnerable people. Up to 100 three-course vegetarian meals will be provided twice a week (currently Monday lunchtime and Wednesday evening). As well as take-away meals and food parcels depending on resources.

We will organise regular gardening sessions when homeless and other vulnerable people will learn about growing vegetables and will participate in growing our own vegetables for use in the meals in the drop-in sessions.

We will organise regular cooking sessions when homeless and other vulnerable people will learn some basic cooking skills and be invited to participate in preparing jars of preserves and other food products for sale to raise funds for the project.

We will organise a programme of events and awareness raising initiatives to address food poverty issues including garden open days, awareness raising social events, producing materials, stalls at markets and festivals and social media in partnerships with other local initiatives including the Hackney Migrant Centre, Eat Hackney and Growing Communities.

We will support and develop a network of local food businesses including bakers, restaurants, health food shops, vegetable shops, the local organic box scheme and the farmers market - raising awareness about homelessness and food poverty and collecting their surplus food for use in the drop-in sessions.

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What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

We will reduce food poverty by providing regular healthy meals for people who are unable to afford, or have access to, food to make up a healthy diet. This will include providing meals for people with low or no income and those without access to cooking facilities.

We will improve the health of those who would otherwise be suffering from food poverty by improving their diets through the provision of carefully planned nutritional meals. Providing free three-course vegetarian meals with every meal containing at least the minimum recommended five fruit or vegetables.

We will improve the economic situation for those with little or no money through providing free meals on a regular basis (as well as take-aways and occasional food parcels) as this will assist them in stretching their income to meet their ongoing living expenses.

We will increase the knowledge and skills of people to address food poverty through their participation in gardening sessions where they will learn about growing vegetables and cooking sessions where they will learn how to make various food products.

We will reduce food waste by collecting surplus food from local businesses and using it in the meals. Leftovers will be given out as take-away meals or frozen. All kitchen waste will be composted or used in the wormery.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. We have a good record (over twenty years) of securing grant funding and local donations to sustain our work. This project should produce positive outcomes which will provide compelling support for future funding applications. We will also increase our own income generation through the sales of prepared organic preserves, baked goods and cook books.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 400
In which Greater London borough(s) or areas of London will your beneficiaries live? Hackney (72%) Islington (19%) Haringey (7%) Several NE London (2%)
What age group(s) will benefit? 16-24 25-44 45-64 65-74 75 and over
What gender will beneficiaries be? All
What will the ethnic grouping(s) of the beneficiaries be? A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? 51-60%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Kitchen/Garden Manager Salary costs	17,580	18,580	19,580	55,740
Kitchen and garden equipment	1,000	1,000	1,000	3,000
Food costs	2,000	2,000	2,000	6,000
Volunteer expenses	250	250	250	750
Publicity	500	500	500	1,500
training	250	250	250	750
management	600	600	600	1,800
	0	0	0	0
	0	0	0	0
TOTAL:	22,180	23,180	24,180	69,540

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Comic Relief (6 months, up until 30/3/15)	996	0	0	996
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	996	0	0	996

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Dion Fund (3 months, up until 31/12/14)	368	0	0	368
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	368	0	0	368

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary costs for Kitchen/Garden Manager	16,216	18,580	19,580	54,376
Kitchen and garden equipment	1,000	1,000	1,000	3,000
Food costs	2,000	2,000	2,000	6,000
Volunteer expenses	250	250	250	750
Publicity	500	500	500	1,500
Training	250	250	250	750
Management	600	600	600	1,800
	0	0	0	0
	0	0	0	0
TOTAL:	20,816	23,180	24,180	68,176

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	46,489
Activities for generating funds	0
Investment income	0
Income from charitable activities	10,843
Other sources	0
Total Income:	57,332

Expenditure:	£
Charitable activities	50,550
Governance costs	750
Cost of generating funds	1,013
Other	0
Total Expenditure:	52,313
Net (deficit)/surplus:	5,019
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	5,019

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	43,657
Long-term liabilities	0
*Total Assets (A):	43,657

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	43,657
*Total Reserves (B):	43,657

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Our Eastern European Support Worker who was working with us on a self-employed freelance basis is in the process of being taken on formally as a third part time worker.

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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Evening Standard Dispossessed Fund	0	20,000	0
West Hackney Parochial	13,598	11,364	15,000
Irish Government Dion Fund	5,088	5,300	5,535
Streetsmart	3,000	3,000	3,000
Trust for London	6,000	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Mark Palframan**

Role within **Vice Chair of Board of Trustees**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Nucleus Community Action Ltd	
If your organisation is part of a larger organisation, what is its name? n/a	
In which London Borough is your organisation based? Kensington & Chelsea	
Contact person: Mr Baljit Badesha	Position: Director
Website: http://www.nucleus.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 269325
When was your organisation established? 05/03/1975	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More people accessing debt and legal services More Londoners with improved economic circumstances
Please describe the purpose of your funding request in one sentence. Using retail marketing methods to promote early access to debt and money advice services, with full advice and training support for local people in Ealing.
When will the funding be required? 01/01/2015
How much funding are you requesting? Year 1: £50,948 Year 2: £48,516 Year 3: £49,696 Total: £149,160

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Aims of your organisation:

Our mission is to "combat poverty by providing advice and access to social welfare advice through telephone advice, face-to-face advice and representation" across our primary London boroughs of Westminster, Ealing, Hammersmith & Fulham and Kensington and Chelsea.

We are a community advice centre and aim to use our resources effectively to meet client needs across all areas of social welfare law, and ensure people do not suffer through a lack of knowledge or understanding of their rights and responsibilities.

We aim to provide advice as quickly as possible to the people we support, believing that quick access is particularly important when people are anxious and worried about the issues they are facing, or where they face deprivation and poverty or lack the capacity to be able to resolve their problems without support.

We also aim to use our experience to help prevent problems starting or escalating, through education and support services in the most common problem areas.

Main activities of your organisation:

Our core service is the provision of advice, information, casework and representation in social welfare law to people from the four London boroughs we serve. In the last year we have strengthened our multi-channel approach to ensure that people are able to access our advice services in the way that is most appropriate for them, including:

(a) face-to-face advice through "quick advice" drop-in sessions, outreach services and appointments at community venues across our boroughs (supporting over 5,000 people in the last year, 55% of whom got their problem resolved through quick advice);

(b) telephone advice - through triage telephone advice lines and in-depth advice callback services, through which we supported 2,500 people in the last year (with monthly figures showing this number is rising);

(c) web-based advice - with advice and self-help materials available online, used by over 2,000 people in the last year; and

(d) media-based information and advice - including a regular newsletter reaching 1,000 people last year.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
11	1	8	17

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	n/a

Summary of grant request

What's needed? We need an increase in debt and money advice provision that is open and accessible to all communities in Ealing, with awareness raised at an early stage so that people get effective problem resolution (or support to prevent problems emerging) rather than relying on crisis management when the debt problem becomes more complex. We are seeing an increase in debt enquiries, and in clients presenting with problems late in the day, compounded by an historic advice desert in our borough - this need is further emphasised in feedback we have received from clients and community groups.

What will we deliver? We want to utilise the retail and marketing models that have successfully contributed to increased debt in our communities to reach out to people in need of money and debt advice at an early stage. We will be taking debt advice into the community through our pop-up "Pound (Advice) Shops", and promoting financial confidence and literacy through our "No-fee Coffee Shops", led by a specialist debt adviser supported by a team of local volunteers.

What will we achieve? Over the course of three years we will provide support to 10,800 beneficiaries, primarily from the London Borough of Ealing, to prevent or resolve their debt and money problems. We will focus in particular on the areas of Acton, Northolt and Southall as these have the highest levels of deprivation and associated debt and money problems.

Why are we the right organisation? We are the only open-access advice agency working across all areas of social welfare law in Ealing, with the community reach, reputation and capability to engage with local people and provide them with this service. We hold specialist quality marks in debt, welfare benefits and housing, enabling us to provide a quality advice service not just for the money problems that we will cover with this service, but for the other problems people face (by internal referral to other parts of our charity's services).

How do we meet the programme outcomes? Through this project 10,800 people will be able to access debt advice and information services in our borough (with the 540 in greatest need provided with a full casework and representation service). Combining debt advice with financial capability training and support will mean that over 1,000 people will receive training and advice to help them improve their economic circumstances, achieving savings on their outgoings that will be at least 10% higher than the amount of funding we are requesting from the Trust.

How do we meet the principles of good practice? Volunteers are at the heart of our service, and will be provided with quality training and support to enable them to support the project's clients, as well as gaining personal benefits and satisfaction from their experience. By proactively marketing the project through community centres, in high street locations, and in the areas of our borough with the highest deprivation we will ensure that we are able to welcome people from all backgrounds, and our strong valuing diversity policy means that our services will adapt to meet their needs (e.g. our use of Language Line to provide immediate language translation for clients where needed). Service users are integral to our decision-making, with 20% of our Board being current or former service users, and active feedback mechanisms enabling the voice of our wider service user community to influence our service direction. We have taken initial steps to reduce our carbon footprint (including full recycling services at our offices, and supporting the cycle to work scheme for our team), and are committed to expanding our work in this area.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

n/a

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We holds the Legal Services Commission Specialist Quality Marks in welfare benefits, debt and housing. At our most recent audit we were proud to achieve reaccreditation for our quality marks, with no major non-compliances, reflecting the stringent internal quality monitoring systems we operate.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Pop-up Pound Advice Shops across Ealing to raise awareness of debt and money advice services, in particular those from more deprived communities - 10,800 people provided with information about debt advice and financial capability services and how to access them.

Early triage assessment of debt and money advice problems and referral to the most appropriate services to prevent/resolve difficulties - 540 people given initial assessment/advice at the pop-up shops; 180 people given appointments for specialist debt advice support.

Delivery of financial capability and money management skills sessions in a relaxed coffee-shop-style environment and at the pop-up shops to promote effective personal money management and avoidance of debt problems - 540 people attend full training sessions; 1,080 people given bite-sized learning sessions at pop-up shops.

Production and sharing of resources to help people to identify how to save money, understand their rights, and avoid debt problems developing - financial gains for clients to be at least 10% greater than the total funding provided to the project by City Bridge Trust (i.e. at least £164,076).

Provision of full debt advice and casework support services for clients identified as most in need of help (due to vulnerabilities or complexity of cases) from an experienced and qualified debt caseworker - 540 people provided with full debt advice, casework and representation.

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What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Increased awareness of debt and money advice services amongst people in Ealing, in particular those from more deprived communities - measured by % increase in enquiries on debt issues to our Ealing Advice Service

Improved access to advice and information services to deal with debt and money problems at an early stage - measured by % of enquiries at our pop-up shops we can signpost to self-help materials as the problem has been "caught" at an early stage

Increased confidence in managing money and avoiding debt problems - measured by % of training attendees self-assessing that they have increased in confidence in this area

Improved awareness of how to achieve savings or maximise income - measured by amount of money saved or gained by clients supported by the project

Increased access to quality debt advice services that meet the needs of local people - satisfaction measured by client evaluation forms, with at least 80% being satisfied with the outcomes achieved in their case

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We have recently established the general advice service for the London Borough of Ealing, and intend to use the evidence we gather through the delivery of this project to influence the commissioning of future advice services by the local authority to continue this work in the future.

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Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

3,600

In which Greater London borough(s) or areas of London will your beneficiaries live?

Ealing (100%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs - salary	32,277	33,516	34,456	100,249
Staff costs - other	1,068	1,074	1,080	3,222
Volunteer expenses	2,628	2,681	2,734	8,043
Volunteer training	600	600	600	1,800
IT equipment	650	0	0	650
Marketing and promotion	2,888	0	0	2,888
Service user costs	1,200	1,200	1,200	3,600
Office costs	4,238	4,280	4,364	12,882
Project management costs	5,399	5,165	5,262	15,826
TOTAL:	50,948	48,516	49,696	149,160

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
n/a	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
n/a	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs - salary	32,277	33,516	34,456	100,249
Staff costs - other	1,068	1,074	1,080	3,222
Volunteer expenses	2,628	2,681	2,734	8,043
Volunteer training	600	600	600	1,800
IT equipment	650	0	0	650
Marketing and promotion	2,888	0	0	2,888
Service user costs	1,200	1,200	1,200	3,600
Office costs	4,238	4,280	4,364	12,882
Project management costs	5,399	5,165	5,262	15,826
TOTAL:	50,948	48,516	49,696	149,160

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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	207,540
Activities for generating funds	0
Investment income	1,074
Income from charitable activities	370,030
Other sources	0
Total Income:	578,644

Expenditure:	£
Charitable activities	561,822
Governance costs	9,546
Cost of generating funds	0
Other	0
Total Expenditure:	571,368
Net (deficit)/surplus:	7,276
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	7,276

Asset position at year end	£
Fixed assets	415,008
Investments	0
Net current assets	352,761
Long-term liabilities	328,111
*Total Assets (A):	439,658

Reserves at year end	£
Restricted funds	90,544
Endowment Funds	0
Unrestricted funds	349,114
*Total Reserves (B):	439,658

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
81-90%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

At our most recent year end (31 March 2014 - accounts still to be audited) we expect to show a one-off surplus of around £40,000, which was achieved through closing our historic LSC legal aid cases and billing these at the contract close. As can be seen from our current year budget, we expect a small deficit of £2,913 on current activities.

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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	223,540	305,873	401,833
London Councils	0	0	0
Health Authorities	13,700	0	0
Central Government departments	0	0	0
Other statutory bodies	60,342	106,161	31,401

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Capitalise (Toynbee Hall)	0	43,500	52,200
Campden Charities	70,382	60,750	69,312
EDF Trust	17,500	28,959	0
Lottery (Advice Services)	69,000	0	0
Transition Fund (Advice Now)	93,044	12,412	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Baljit Badesha**

Role within **Director**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Shelter National Campaign for Homeless People Limited	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Islington	
Contact person: Ms Helen Osment	Position: Trust & Lottery Fundraiser
Website: http://www.shelter.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 263710
When was your organisation established? 13/01/1972	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More people accessing debt and legal services More Londoners with improved economic circumstances
Please describe the purpose of your funding request in one sentence. To provide expert housing, welfare benefit and debt advice to households in Hackney facing homelessness and bad housing.
When will the funding be required? 01/12/2014
How much funding are you requesting? Year 1: £58,425 Year 2: £59,618 Year 3: £60,835 Total: £178,879

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Aims of your organisation:

Shelter helps over a million people a year struggling with bad housing or homelessness - and we campaign to prevent it in the first place. We're here so no-one has to fight bad housing or homelessness on their own.

A home is more than bricks and mortar. It's a place of safety and belonging. Without one, your chances in life are severely set back. All it can take is an unexpected trigger like redundancy, illness or relationship breakdown for a family to slip into a downward spiral. The tough economic climate is leaving more people at risk of losing their home. Our aim is to meet the rising demand for our work and ensure everyone gets the support they need to find and keep a decent, stable home. Our bold campaigning aims to secure a better housing future for all.

Main activities of your organisation:

Through our national helpline, website and network of local services, we provide information, advice and support to people in housing crisis. We provide specialist face-to-face housing, debt and legal advice, advocacy and intensive support services across 21 locations in England and Scotland. Our national helpline, open 365 days a year, provides expert advice on a wide range of housing issues and is able to take on longer term casework for more complex problems. Our website provides information and guidance on a wide range of housing and homelessness issues.

Directly informed by the experiences of the people we help, our campaigns make a powerful case for long-term change to protect the most vulnerable in society. For example, we have been focusing on fixing private renting for England's nine million renters, protecting the housing safety net and calling for building more affordable homes.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
871	413	15	1,733

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

We are requesting funding for the full costs of a Senior Advice Support and Guidance (ASG) Worker in Hackney to provide housing, debt and welfare benefits advice to local people in housing need. This role is attached to Shelter's new Hackney Family Support Service which focuses on preventing homelessness and promoting access to decent, affordable homes for families with complex needs.

Hackney is classed as the most deprived local authority in England. The borough faces a prevalence of issues surrounding housing and poverty, for example:

- Nearly 19% of households are living in unsuitable housing
- Homelessness among local families increased by 19% last year
- 30% of Hackney's children are living in poverty
- 2,055 children in Hackney spent last Christmas without a permanent home

The Senior ASG Worker's role has two remits: providing added value to the family support service by delivering specialist advice to service users and assisting people in housing need in the wider community. His work is mainly delivered through advice surgeries in partner locations - currently Mind, Family Action and Job Centre Plus. These surgeries help households experiencing housing, debt and welfare benefit problems. Families needing more intensive support can be referred to the family support service. The Senior ASG Worker is crucial in reaching out to the community, increasing access to advice.

The level of advice given is adapted to the needs of the client and the intensity of their problem. This ranges from shorter consultations to longer term, in-depth casework. Alongside specialist housing advice, the Senior ASG Worker provides generalist debt and welfare benefits advice to help people manage their finances - a key factor in keeping a home. The Senior ASG Worker can make referrals to other Shelter services, such as our Legal team. He also refers families to other agencies as needed, including mental health support, debt management, domestic violence support, employment and education services.

Over the past 48 years, Shelter has built a strong reputation as a housing and homelessness expert and reputable advice provider. We have a robust track record of working in Hackney through our Legal Aid funded service and a project funded by the Oak Foundation advising residents affected by the development of the 2012 London Olympic Games site. Before taking up his current post, the Senior ASG Worker was the Adviser on this project.

The project meets the City Bridge Trust's Reducing Poverty programme outcomes by improving access to advice on housing, welfare benefits and debt. It works to improve the economic circumstances of disadvantaged Londoners by unravelling the many factors behind housing crises. Poverty, bad housing and homelessness are closely interconnected. Housing problems rarely exist in isolation and are often experienced alongside, or exacerbated by, issues such as mental or physical ill health, relationship breakdown, financial problems, unemployment and chaotic family lives. A home is the starting point from which families can begin to improve their economic situation.

We listen to the people who use our services and have established a Board Advisory Panel and National Involvement Network to formally involve service users in Shelter's governance. A programme of service user events is currently being designed in Hackney. We value diversity and work to ensure we are accessible to all. By working in partnership with local organisations, advertising widely in Hackney and utilising many referral routes, we aim to reach families who need us from across the community. As the project is new, we are developing our volunteering opportunities but plan to involve volunteers. We are working towards ISO 14001 Environmental Management certification and have elected Green Champions in each of our office sites.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Specialist Quality Mark

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

840 Hackney residents (280 per year) will receive housing, debt and welfare benefits advice

Approximately 2,400 individuals (800 per year) will benefit overall (based on an average of 2.9 people per household)

80 advice surgeries in at least three partner locations will be delivered per year

Referrals received from other Shelter services and external organisations

Referrals made to other services

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Homeless families are able to access accommodation

Families at risk of losing their homes are able to maintain their tenancies

Families at risk of losing their homes are able to manage their finances, including tackling debt and accessing appropriate financial support

Improved housing conditions through addressing issues such as damp and disrepair

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We hope to continue to deliver the service beyond the funding period through a combination of statutory funding and voluntary income. We aim to achieve this by ensuring the service delivers measurable outcomes, cost savings for statutory services, delivers against local priorities and matches with Shelter's national and regional funding priorities.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 280
In which Greater London borough(s) or areas of London will your beneficiaries live? Hackney (100%)
What age group(s) will benefit? All ages
What gender will beneficiaries be? All
What will the ethnic grouping(s) of the beneficiaries be? A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? 21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary costs: Senior ASG Worker	37,781	38,559	39,352	115,693
Salary costs: Management Support	4,366	4,453	4,542	13,360
Salary costs: Administrative Support	7,205	7,349	7,496	22,051
Travel and accommodation	476	486	496	1,458
Communications (telephone and postage)	422	430	439	1,291
Office equipment, office material and stationary	297	303	309	910
Rent	1,254	1,279	1,305	3,838
Irrecoverable VAT	132	134	137	403
Central support costs (e.g. Finance, HR, IT)	6,492	6,624	6,759	19,875
TOTAL:	58,425	59,618	60,835	178,879

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary costs: Senior ASG Worker	37,781	38,559	39,352	115,693
Salary costs: Management Support	4,366	4,453	4,542	13,360
Salary costs: Administrative Support	7,205	7,349	7,496	22,051
Travel and accommodation	476	486	496	1,458
Communications (telephone and postage)	422	422	422	1,291
Office equipment, office material and stationary	297	303	309	910
Rent	1,254	1,279	1,305	3,838
Irrecoverable VAT	132	134	137	403
Central support costs (e.g. Finance, HR, IT)	6,492	6,624	6,759	19,875
TOTAL:	58,425	59,618	60,835	178,879

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	26,067,000
Activities for generating funds	10,002,000
Investment income	244,000
Income from charitable activities	17,224,000
Other sources	0
Total Income:	53,537,000

Expenditure:	£
Charitable activities	37,841,000
Governance costs	167,000
Cost of generating funds	20,778,000
Other	0
Total Expenditure:	58,786,000
Net (deficit)/surplus:	-5,249,000
Other Recognised Gains/(Losses):	653,000
Net Movement in Funds:	-4,596,000

Asset position at year end	£
Fixed assets	6,417,000
Investments	9,032,000
Net current assets	3,157,000
Long-term liabilities	1,044,000
*Total Assets (A):	17,562,000

Reserves at year end	£
Restricted funds	9,761,000
Endowment Funds	39,000
Unrestricted funds	7,762,000
*Total Reserves (B):	17,562,000

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

We have a new Chair and Trustee John Rogerson was replaced by Ros Micklem. The deficit generated in 2012/13 was due to planned additional expenditure from reserves built up since 2010 to offset an anticipated reduction in government funding and to fund investment linked to Shelter's three-year strategic plan. Some of this planned additional expenditure was continued in 2013/14.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	303,000	309,000	392,054
Health Authorities	0	0	0
Central Government departments	3,122,000	2,904,000	3,234,354
Other statutory bodies	6,871,000	6,811,000	5,590,587

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Esmee Fairbairn Foundation	0	0	132,000
BBC Children in Need Appeal	134,188	100,000	100,000
Scotshill Trust	100,000	0	0
Oak Foundation	38,412	130,688	0
Ingram Trust	75,000	60,000	60,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Helen Osment**

Role within **Trust & Lottery Fundraiser**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Wandsworth Citizens Advice Bureaux	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Wandsworth	
Contact person: Mr Phil Jew	Position: Chief Executive
Website: http://www.wandsworthcabx.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1040303
When was your organisation established? 19/08/1994	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? Fewer Londoners experiencing food poverty More people accessing debt and legal services
Please describe the purpose of your funding request in one sentence. Wandsworth Citizens Advice Bureaux and Foodbank partnership tackling food poverty by up-skilling volunteers and providing advice and budgeting support for Foodbank users.
When will the funding be required? 01/10/2014
How much funding are you requesting? Year 1: £22,709 Year 2: £64,360 Year 3: £64,360 Total: £151,428

370

Aims of your organisation:

Charitable objects

To promote any charitable purpose for the public benefit by the advancement of education, the protection and preservation of health and the relief of poverty, sickness and distress in particular, but without limitation, for the benefit of the community in the London borough of Wandsworth and surrounding areas ("the principal area of benefit") and elsewhere in greater London.

Purpose

Wandsworth Citizens Advice Bureaux is an independent charity that provides information, advice and support needed by local people to enable them to manage their affairs and live independent and resilient lives. We also work to improve the policies and practices that affect people's lives.

Main activities of your organisation:

We offer general advice on welfare benefits, money/debt, housing, employment, consumer, immigration and nationality, family and personal matters, taxes, health and education. We provide general advice on discrimination across all these subjects. We also provide self-help information services and resources and work to increase the capability of local people to avoid and prevent problems like debt.

Our emphasis is on enabling independence and resilience. We are not here to take over people's affairs. Wherever possible we should empower people to be in control, help and act for themselves. We emphasise the importance of early intervention and prevention in our services. We seek to understand and act on the underlying causes of demand for our services and tackle preventable systemic failure. Where possible and advantageous we seek to work in partnership with other organisations, professionals and community groups to deliver our services.

WCABx also offers a range of volunteering opportunities and undertakes social policy and campaign work.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
6	14	12	44

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	3 years (central office, KLS)

Summary of grant request

Need

Since May 2013, Wandsworth Foodbank has provided emergency food for over 2600 people, including 1100 children in poverty. Beyond basic support, Foodbank is not equipped to tackle the underlying reasons people need help: benefit delays (25% of Foodbank referrers cite this as the main reason for attending), low income (20%), benefit changes (17%) and debt (10%), compounded by mental health, language barriers, rising indebtedness and benefit cuts. Trussell Trust research shows parents regularly skip meals to feed their children and 70% of families living in food poverty rely on free school meals and school clubs to supplement their child's diet. In our experience, people often feel obliged to pay non-priority short-term credit debts over rent, utilities, heating and food.

Delivery

Our project will ensure that Foodbank users have access to housing, benefits, money and debt advice and budgeting support: up-skilling Foodbank volunteers, using technology and placing vital advice services at a point of acute need.

A two stage approach:

1. Between October 2014 and March 2015: WCABx will employ a Caseworker Supervisor (CS) and train up to 12 volunteers from Foodbank's busiest centre (St Mark's Church, SW11 1EJ) to become Information and Budgeting Assistants (IBAs) and provide information for Foodbank users on issues listed above alongside the food-preference conversations and support currently provided. The CS will be present during Foodbank sessions to provide support to the IBAs and take referrals for in-depth advice. Appointments with the CS will be made at the Foodbank or CAB.
2. From April 2015, the project will expand to 4 'satellite' Wandsworth Foodbank centres; training up to 16 more volunteers and extending CS support/advice.

Where additional training for volunteers or users or policy/campaign work would address underlying issues we will respond. For example, the CS may run sessions on financial capability, energy efficiency or benefit changes or work with the CAB policy team on a (local) campaign.

Achievements

The project will ensure that a turn to the Foodbank in crisis becomes a gateway to resolving underlying problems and preventing long-term Foodbank dependence. It will provide 28 volunteers with new skills and gather evidence/learning as a platform for future sustainability/development.

The right organisations to deliver

WCABx is the leading local advice service, with particular expertise in welfare benefits, money, debt advice and budgeting. We have an established and respected volunteer training programme. Wandsworth Foodbank is part of the Trussell Trust network and deals with some of the acutest local need. By pooling reach, knowledge and expertise we are well placed to deliver the above outcomes.

Meeting programme outcomes

This project directly addresses the Reducing Poverty programme outcomes. It provides practical support directly to people experiencing food poverty; seeking to reduce this by increasing access to debt and legal advice.

Involving users

Several Foodbank volunteers are former service users. A project steering committee will be established and we will seek a service user voice on this group. Regular user feedback will be gathered.

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Diversity

The project will welcome all, regardless of race, disability, gender, faith and sexual orientation, in accordance with the equality commitments of both partners. Briefings, training and updates will ensure the project operates within legal requirements and good practice.

Valuing and supporting volunteers

The project places volunteers at the centre of the service.

Steps to reduce our carbon footprint

We will take steps throughout the project to reduce our carbon footprint and **will** apply for an Eco Audit. Both organisations are at the 'getting started stage' and have introduced green actions. Foodbank is actively looking to manage stock levels at each centre to reduce the need for transport between sites.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

28 Foodbank volunteers trained by WCABx as Information & Budgeting Assistants and supported by a WCABx Adviser throughout the project. Refresher/new starter training for Foodbank volunteers delivered in 2015/16 and 2016/17 - at least one refresher course and one new starter programme per year.

Information and budgeting assistance provided by Foodbank volunteer IBAs for up to 18 households per week from December 2014 - March 2015 (up to 250 in total) and for up to 30 households per week from April 2015 - March 2017 (up to 2890 in total)

Advice to help with debt, budgeting, welfare benefits, other welfare problems for up to 6 households pw on average from November 2014 - March 2015) (up to 114 in total) and for up to 10 households pw on average from April 2015 - March 2017) (up to 994 in total)

Additional training sessions for volunteers or Foodbank users on underlying issues and a policy/campaign initiative each year from year 2, run in conjunction with CAB social policy and campaigns team, based on the experiences and voices of Foodbank users and volunteers.

Joint WCABx/Foodbank reports setting out the learning and evidence from the project, published in summer 2015, summer 2016 and early spring 2017 with the aim of influencing policy and further development of provision

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What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Foodbank users will get information and advice that tackles immediate debt and benefit crises and addresses underlying causes to avoid long-term dependency on food parcels.

Foodbank users will report reduced anxiety and distress, improved well-being and financial circumstances.

Volunteers (some of whom will be former Foodbank users) will acquire new skills and knowledge, helping them to improve their economic circumstances and well-being.

Evidence will be gathered to influence policy, demonstrate and improve effectiveness of the service and ensure longer-term sustainability

Improvements will be made to (local) policy and practice to address underlying causes of food poverty and need for food parcels

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We intend to continue the activity if need persists. Reports setting out learning and evidence will be published with the aim of influencing policy and further development and funding. Equipping Foodbank volunteers with knowledge and skills will allow some provision to continue even with reduced funding.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,167

In which Greater London borough(s) or areas of London will your beneficiaries live?

Wandsworth (91%)

Richmond (3%)

Lambeth (3%)

Merton (3%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
WCABx Staff costs	14,354	41,942	41,942	98,237
WCABx Overheads	2,605	10,418	10,418	23,441
ICT and Communications	3,500	500	500	4,500
Foodbank staff costs	750	11,500	11,500	23,750
Recruitment	1,500	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	22,709	64,360	64,360	151,428
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
WCABx Staff costs	14,354	41,942	41,942	98,237
WCABx Overheads	2,605	10,418	10,418	23,441
ICT and Communications	3,500	500	500	4,500
Foodbank staff costs	750	11,500	11,500	23,750
Recruitment	1,500	0	0	0
	0	0	0	0

TOTAL:	22,709	64,360	64,360	151,428
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	4,507
Activities for generating funds	
Investment income	5,586
Income from charitable activities	815,295
Other sources	
Total Income:	825,388

Expenditure:	£
Charitable activities	691,748
Governance costs	38,529
Cost of generating funds	23,123
Other	
Total Expenditure:	753,400
Net (deficit)/surplus:	71,988
Other Recognised Gains/(Losses):	3,013
Net Movement in Funds:	75,001

Asset position at year end	£
Fixed assets	2,225
Investments	
Net current assets	335,335
Long-term liabilities	
*Total Assets (A):	337,560

Reserves at year end	£
Endowment funds	
Restricted funds	
Unrestricted funds	337,560
*Total Reserves (B):	337,560

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
79%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	463,804	488,849	506,938
London Councils	0	0	0
Health Authorities	19,800	18,900	19,800
Central Government departments	0	0	0
Other statutory bodies	228,429	181,066	143,793

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Macmillan	60,108	62,585	66,790
Trust for London	35,000	34,402	32,097
Citizens Advice	19,401	1,300	11,568
Southfields Academy	5,850	1,950	1,650
London & Quadrant	0	0	16,658

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Phil Jew**

Role within **Chief Executive**
Organisation:

J. Funding required

All the questions in this section refer to the specific project or area of work for which you are applying, NOT your organisation as a whole. If you have more expenditure or income lines than are available please group these on the form and provide a full breakdown in your detailed proposal. See the supporting documents guidance for more information on the detailed proposal.

What is the total cost of the proposed activity/project?

Please list main expenditure headings and amounts

Expenditure heading	Year 1 £	Year 2 £	Year 3 £	Total £
Casework Supervisor + other WCABx staff costs	43,038	41,942		84,979
Overheads	8,000	8,000		16,000
ICT and Communications	4,000	500		4,500
Volunteer Co-ordinator	11,500	11,500		23,000
Recruitment	1,500			1,500
TOTAL	68,038	61,942		129,979

What income has already been raised?

Please list amounts and main sources

Source	Year 1 £	Year 2 £	Year 3 £	Total £
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL	0	0	0	0

What other funders are currently considering the proposal?

Please list funders and amounts

Funders	Year 1 £	Year 2 £	Year 3 £	Total £
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL	0	0	0	0

How much is requested from the Trust?

Please list main expenditure headings and amounts

Expenditure heading	Year 1 £	Year 2 £	Year 3 £	Total £
Casework Supervisor + other WCABx staff costs	43,038	41,942		84,979
Overheads	8,000	8,000		16,000
ICT and Communications	4,000	500		4,500
Volunteer Co-ordinator	11,500	11,500		23,000
Recruitment	1,500			1,500
TOTAL	68,038	61,942		129,979

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Westminster Citizens Advice Bureau	
If your organisation is part of a larger organisation, what is its name? Citizens Advice Bureaux	
In which London Borough is your organisation based? Westminster	
Contact person: Ms Shirley Springer	Position: CEO
Website: http://www.westminstercab.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1059419
When was your organisation established? 02/12/1996	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More people accessing debt and legal services More Londoners with improved economic circumstances
Please describe the purpose of your funding request in one sentence. Homelessness prevention in Westminster through specialist housing and debt casework and financial capability training.
When will the funding be required? 30/09/2014
How much funding are you requesting? Year 1: £50,000 Year 2: £50,000 Year 3: £50,000 Total: £150,000

Aims of your organisation:

As an independent charity we have been providing free and impartial advice to Westminster residents for over 70 years. We use every client's stories to campaign for improvements to policies and practices. This involves publishing evidence, giving evidence to select committees and providing parliamentary briefings for MPs and Welsh Assembly Members. By campaigning for change we improve the lives of everyone, including those who have never used a CAB. Our aims are to provide the advice people need for the problems they face and to improve the policies and practices that affect people's lives.

Main activities of your organisation:

We provide generalist advice and casework service in employment, housing and immigration and an additional specialist casework service in welfare benefits, debt and housing. We are accredited with the Generalist Quality Mark and and the Advice Quality Standard for specialist work. which means we undergo rigorous auditing every three years to ensure our high standards. We also provide financial capability workshops to residents across the borough.

Our services are delivered on very tight budgets, and we draw heavily on the contribution made by a team of well-trained volunteers.

We ensure our services reach those most in need by working alongside other agencies, delivering outreach and home visits.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
14	12	9	49

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	8

Summary of grant request

Need:

Sweeping welfare benefit reforms means that many people who already face multiple disadvantage are being forced into further poverty and homelessness. The new benefits system is causing financial hardship to some of the people least able to cope such as disabled people, people who suffer illness or single parents.

Westminster as an inner London borough with high land values it is one of the most expensive boroughs in the capital. Lack of housing supply means it will force residents out of the area away from established communities, friends and families, or into homelessness and further deprivation.

Furthermore, reduction in benefits plus the move from weekly payments to direct monthly payments is causing confusion and escalating debt as people struggle to cope with budgeting. Pilot areas have reported an increase of £180 for each tenant. We expect the same outcome once it is rolled out in Westminster over 2014 -2017.

Delivery:

We play an important role in preventing homelessness, rough sleeping and breaking the cycle of homelessness alongside other homeless agencies. We do this by Initial prevention (representing people facing repossession, rent arrears, escalating debt or domestic violence), preventing escalation (preventing homelessness becoming rough sleeping by supporting people to appeal to the local authority) and finally we prevent reoccurrence by educating people about their legal rights and responsibilities and provide financial capability and money management training so that they are able to avoid similar problems in the future.

Outcomes:

We will reduce poverty and disadvantage for families on low incomes. Funding from City Bridge Trust will enable us to provide specialist housing advice in tandem with specialist debt advice to 250 clients a year.

The service will:

- Reduce poverty and disadvantage for our clients by preventing homelessness
- allow our clients to make informed decisions about their lives
- reduce fear and anxiety for clients,
- feel more positive about their future and
- feel more in control of their lives.

About Westminster CAB:

In a recent national MORI poll CAB achieved 96% public recognition and 82% public trust, which means we are the first port of call for the majority of vulnerable people in Westminster. With a high level of trust from local organisations we are often at the forefront of leading initiatives. For example, we set up the Advice Forum in 2009, a network of Westminster of advice agencies, in order to better coordinate services in the borough.

City Bridge Trust's programme outcome:

We strongly believe our work meets the ethos and funding criteria of the reducing poverty strand. Our specialist debt and housing casework combined with financial capability training to help families on low income navigate the new welfare benefits reforms, maximise income and prevent homelessness by challenging unfair decisions.

Principles of Good Practice':

- Service users are asked to help shape and improve the service through the Client survey. Ex-service users are also encouraged to apply for volunteer positions within CAB.

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- Our service is open to anyone living or working in Westminster. We actively work with specific organisations such as youth organisations to reach out to more isolated communities.

- We support 35-50 volunteers at any one time and have a variety of roles to suit anyone. Every volunteer is thoroughly trained through our accredited training scheme and supervised by the dedicated full-time volunteers coordinator. Last year 68% of all clients were supported by a volunteer.

- We have implemented an environmental sustainability strategy for the entire organisation. The overall aim is to "Reduce, Reuse, and Recycle wherever possible in all activities so that Westminster CAB can contribute to a local, national and global sustainable future".

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Clients will receive specialist debt and/or housing casework support and representation. Work will include maximising income, crisis prevention, resolving crippling debt issues.

We will deliver financial capability workshops to 150 people a year. Each workshop will focus on different money matters, such as budgeting, loan sharks or affordable credit.

Financial Gains made for clients through restoring benefits or writing off debt.

Crisis Prevention: rehousing homeless families, resolving escalating debt or mortgage and rent arrears

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What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Reduce poverty and disadvantage for people on low incomes by reducing debt, maximising income and preventing homelessness

Reduced fear and anxiety for clients leading to increased psychological well being

Increased skills and confidence in dealing with finances and money matters

Clients feel more positive about their future

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We have been developing a fundraising strategy to diversify our income. We have seen very good returns on our investment so far. We are confident that we will be able to leverage a grant from the City Bridge Trust to attract further funding for the project in the future.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

400

In which Greater London borough(s) or areas of London will your beneficiaries live?

Westminster (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

31-40%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Specialist Debt and Housing Caseworkers	74,278	75,764	77,279	227,320
Payroll	200	200	204	604
Training	1,000	1,020	1,040	3,060
Other direct project costs (telephone, publicity)	11,300	11,647	11,757	34,583
Financial Capability Workshops	11,709	10,000	10,000	31,709
Governance and Admin	16,500	16,830	17,167	50,497
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	114,987	115,340	118,800	349,126
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
J Paul Getty Jnr Trust	25,000	25,000	0	50,000
Westmintser Foundation	14,000	14,000	14,000	42,000
	0	0	0	0
	0	0	0	0

TOTAL:	39,000	39,000	14,000	92,000
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Strand Parish Trust	5,000	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	5,000	1	1	1
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Specialist Debt and Housing Caseworkers	28,291	30,000	30,000	88,291
Other direct project costs (telephone, publicity)	5,000	5,000	5,000	15,000
Financial Capability Workshops	11,709	10,000	10,000	31,709
Governance and Admin	5,000	5,000	5,000	15,000
	0	0	0	0
	0	0	0	0

TOTAL:	50,000	50,000	50,000	150,000
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	8,373
Activities for generating funds	0
Investment income	0
Income from charitable activities	797,768
Other sources	0
Total Income:	806,141

Expenditure:	£
Charitable activities	788,663
Governance costs	27,547
Cost of generating funds	0
Other	0
Total Expenditure:	816,210
Net (deficit)/surplus:	-10,069
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	38,785
Investments	0
Net current assets	119,824
Long-term liabilities	0
*Total Assets (A):	158,609

Reserves at year end	£
Restricted funds	225
Endowment Funds	0
Unrestricted funds	158,384
*Total Reserves (B):	158,609

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
61-70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

We were successful in winning the advice services commissioning contract from Westminster Council, which started September 2013. The contract also enables us to act as a contractor to other agencies. However, as it completely excludes specialist advice work we are now funding these vital services through our reserves.

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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Westminster City Council	709,833	715,241	885,544
Trust For London	0	0	16,667
EDF ET	25,911	26,728	0
Octavia Foundation	60,462	28,000	34,917
Big Lottery Fund - NDP	0	0	148,211

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Shirley Springer**

Role within **CEO**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Hibiscus Initiatives	
If your organisation is part of a larger organisation, what is its name? N/A	
In which London Borough is your organisation based? Islington	
Contact person: Ms Vanna Derosas	Position: Project Manager
Website: http://www.hibiscusinitiatives.org.uk	
Legal status of organisation: Charitable company	Charity, Charitable Incorporated Company or company number: 1104094
When was your organisation established? 04/01/1986	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Resettlement and Rehabilitation of Offenders
Which of the programme outcome(s) does your application aim to achieve? More ex-offenders successfully and sustainably resettled in the community and re-offending rates reduced More refugee and asylum seekers experiencing trauma, grief and loss accessing mental health services resulting in improved mental health
Please describe the purpose of your funding request in one sentence. Provision of specialist mentoring support to female foreign national prisons prior to release from prison and in the months following release through person-centred planning.
When will the funding be required? 11/01/2014
How much funding are you requesting? Year 1: £43,282 Year 2: £42,376 Year 3: £42,611 Total: £128,269

Aims of your organisation:

Hibiscus Initiatives' aims to:

- To reduce isolation and hardship experienced by our clients in prison, immigration detention and the community.
- To facilitate the successful rehabilitation of clients upon release and ultimately see a reduction in re-offending and inter-generational cycles of offending.
- To provide an effective advocacy service for our clients within the criminal justice and immigration system.
- To provide a link between our clients and their families, especially with their children.
- To facilitate education and training for our clients.
- To ensure the 'equality of treatment' for all nationals within prison and detention.
- To help minimise the damaging effects of depression and mental illness caused by incarceration.
- To educate statutory, voluntary agencies and the general public about our clients and reduce prejudice against them.

The charity's work falls within four broad categories:

- Welfare and Advocacy
- International Resettlement
- Combatting Trafficking
- Volunteering and Community Resettlement

Main activities of your organisation:

We support disadvantaged women and men affected by the criminal justice system by providing access to timely information and assistance and supporting them to make the necessary steps to change their lives and reduce re-offending.

We provide representation, advice and information to hundreds of people every year.

Activities include:

- one-one-needs assessment in prisons, in the community and in Immigration Removal Centres
- information on immigration law and Facilitated Return Scheme and AVR
- facilitation of families links
- referral to solicitors and specialist statutory and non-statutory organisations
- emotional support: language and culturally specific (when needed) befriending both in prison and the community
- skill enhancing activities: IT, literacy classes, CV writing and interview techniques workshops,
- group support meetings
- practical and welfare support to meet basic needs: food vouchers, clothing, travel expenses, reclaiming property

Referrals for our community programme come from: the organisation's project workers who meet the women in detention, probation, the courts, legal professionals, family centres, other voluntary sector organisations and self-referrals

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
7	4	7	40

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Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Until July 2018

Summary of grant request

'The Bridging Project' will deliver a specialist mentoring programme in conjunction with London based women's prisons to provide a structured person-centred planning and outreach support service pre-and post-release into the community of women from BMER and migrant communities.

Our client's needs are multiple and complex and require a professional model of case management. The project, co-ordinated by the Community Support Manager, will provide fully trained volunteer mentors with a range of expertise including language/interpreting skills. Where appropriate we will work with other specialist organisations.

A personalised action plan will be created with each client to identify and progress support needs. Mentor and mentee will explore options, opportunities and choices, prepare for release and make positive steps to achieve goals. This model of person centred planning facilitates delivery of a range of services which include support with communication, making choices and decisions, personal care (including diet & nutrition), routines, money and finances, safety and health.

The Action Planning, initiated early by fully trained volunteer mentors, will explore:

- client's needs assessment prior to release,
- a realistic personalised resettlement plan, include liaison with organisations in the UK and in the client's home country for those not allowed to reside in the UK
 - through the gate services
 - liaising with families
- a holistic approach including emotional support and referral to counselling, improved behaviour and attitude, education/training.

The project mission is essentially to provide timely and appropriate information, encouragement and assistance through early intervention, consistent case management support, enabling clients to make better informed decisions in preparation for release; at the point of release; and in their resettlement in the community which in some cases might include chosen return to their country of origin or to other overseas family.

Around 14% of the female prison population in the UK are foreign nationals. Migrant prison population from EU countries in the UK have risen by 20% to 41% in 2012. Hibiscus has responded with projects to work with EU women, particularly those held under European Arrest Warrants and Roma women who experience high rates of recidivism.

The need for structured pre and post release case management support was highlighted through our current work with women released into the community where many women are destitute with no recourse to public funds or the right to work. Many women have experienced displacement as other organisations have had to cut due to funding losses.

Our volunteer and befriending project, around 40 volunteers who speak over 25 languages, has been able to help reduce the isolation experienced by our clients in prison. However,

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currently there is no structured programme of planning which facilitates working towards a release date and subsequent reintegration into the community whereby client's needs can be fully acknowledged, planned for/worked towards, through a professional case management approach. The Bridging Project seeks to fill this gap with an accredited volunteer mentoring programme and person centred planning approach.

The organisation has seen changes to the countries of origin of our clients and the reasons why migrant women are imprisoned. We meet large numbers of women who are in prison for benefit fraud, illegal working, possession of false documents/identities, and employment in illegal activities as trafficking victims.

Our work with clients who face multiple deprivations including:

- Discrimination/marginalisation
- Isolation due to language/cultural barriers, lack of family/connections in UK
- Inadequate legal representation/poor understanding of the criminal justice/immigration system
- Separation from families, especially children overseas/in care
- Inability to benefit from education/rehabilitation programmes (illiteracy/language barriers)

Our work with highly disadvantaged/destitute women makes a real difference in their lives and the life of the whole community.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Approved Provider Standard (APS) accreditation for safe and effective practice in mentoring and befriending

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

The recruitment of an Advisory Committee of 6 members, where each has experience of the prison and community work Hibiscus provides.

The recruitment and training of 45 volunteer mentors for the duration of the project, providing support to our clients in London prisons, pre and post release in the community.

Providing support to 120 women offenders (mentees) over the three years of the project. The client groups will include: BMER, migrant and non-English speaking UK residents.

Person centred planning with each client assigned a mentor three months prior to release date and ongoing commitment for six months after release. Women with a sentence shorter than three months can still be referred for support.

Ongoing evaluation and review of all elements of the project throughout its three year delivery including monitoring and evaluating outcomes as a result of Hibiscus' Initiative's intervention.

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What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Clients will have increased knowledge and understanding of their rights, the criminal justice system and how to access support services.

Clients will feel less isolated as a result of mentor interventions while in prison.

Clients will have an action plan in place with options and choices on decisions to be taken for the future.

Clients will be met on their release date by their mentor to review and progress PCP.

Community investment: providing learning opportunities for volunteer mentors and clients alike

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

The organisation recently reviewed its fundraising and income generation strategy. Accordingly as part of our risk assessment process will plan to work with our partners in ensuring that funding allows a continuation of the project. We anticipate that by 2017 the project delivery and evaluation will evidence need for continuation in the long term.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

40

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details: **Roma**

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Line Management	4,240	4,242	4,284	12,766
Community Support Manager	19,142	19,334	19,527	58,003
Volunteer training	4,500	4,500	4,500	13,500
Advisory group costs	3,000	3,000	3,000	9,000
Volunteer mentor travel & other costs	6,500	6,500	6,500	19,500
Staff travel costs	2,200	2,200	2,200	6,600
Administration costs	1,750	1,750	1,750	5,250
Advertising and publicity material	1,950	850	850	3,650
Monitoring and evaluation	500	500	3,450	4,450
TOTAL:	43,782	42,876	46,061	132,719

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Released from reserves	500	500	3,450	4,450
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
n/a	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Line Management	4,240	4,242	4,284	12,766
Community Support Team	19,142	19,334	19,527	58,003
Volunteer training	4,500	4,500	4,500	13,500
Advisory group costs	3,000	3,000	3,000	9,000
Volunteer mentor travel & other costs	6,500	6,500	6,500	19,500
Staff travel costs	2,200	2,200	2,200	6,600
Administration costs	1,750	1,750	1,750	5,250
Advertising and publicity material	1,950	850	850	3,650
Monitoring and evaluation	0	0	0	0
TOTAL:	43,282	42,376	42,611	128,269

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	111,247
Activities for generating funds	
Investment income	
Income from charitable activities	497,085
Other sources	
Total Income:	608,332

Expenditure:	£
Charitable activities	459,325
Governance costs	6,348
Cost of generating funds	8,803
Other	
Total Expenditure:	474,476
Net (deficit)/surplus:	133,856
Other Recognised Gains/(Losses):	
Net Movement in Funds:	133,856

Asset position at year end	£
Fixed assets	
Investments	
Net current assets	210,417
Long-term liabilities	
*Total Assets (A):	210,417

Reserves at year end	£
Endowment funds	
Restricted funds	33,212
Unrestricted funds	177,205
*Total Reserves (B):	210,417

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
82%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:
N/A

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	11,250	11,250	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	56,375	304,217	423,902
Other statutory bodies	101,099	92,657	73,183

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Comic relief	68,009	23,230	0
The Big Lottery	45,601	23,158	0
The Tudor Trust	30,000	20,000	40,000
Lankelly Chase	39,000	54,500	0
Esmee Fairbairn	18,000	18,000	18,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Adrienne Darragh**

Role within **Business Operations Manager**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Mentoring and Befriending Foundation (MBF)	
If your organisation is part of a larger organisation, what is its name? N/A	
In which London Borough is your organisation based? Outside London	
Contact person: Ms Deborah Fox	Position: Funding and Development Manager
Website: http://www.mandbf.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1112624
When was your organisation established? 18/12/2000	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Strengthening London's Voluntary Sector
Which of the programme outcome(s) does your application aim to achieve? More organisations with improved capabilities in monitoring, evaluation and impact reporting
Please describe the purpose of your funding request in one sentence. Increase the capability of mentoring and befriending projects to evidence impact through a clearer understanding of relevant outcomes and appropriate monitoring and evaluation techniques
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £56,834 Year 2: £59,411 Year 3: £0 Total: £116,245

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Aims of your organisation:

The Mentoring and Befriending Foundation (MBF) provides services which increase the effectiveness and quality of mentoring and befriending as methods of enabling individuals to transform their lives and/or reach their full potential.

Main activities of your organisation:

We achieve our aims by providing the following:

Training and resources - High quality training and resources to support the development and management of mentoring and befriending project

Quality assurance - We encourage organisations to achieve our quality standard, the Approved Provider Standard, as a way of promoting good practice

MBF network membership - A membership network for individuals and organisations interested in mentoring and befriending

Consultancy support - Bespoke consultancy support to organisations that wish to set up, develop and/or evaluate mentoring and befriending projects

Contract and project management - Management of mentoring and befriending contracts and projects

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
12	6	7	188

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	August 2015

Summary of grant request

NEED: Mentoring and befriending (mandb) programmes are delivered by voluntary and community sector organisations to some of the most vulnerable people. There are currently 740 mandb projects registered as MBF network members operating across London Boroughs.

From consultation/dialogue we know that collecting/interpreting outcomes data and effectively demonstrating impact is constantly highlighted as problematic.

Over the past 2yrs we have delivered a City Bridge Trust funded project supporting over 110 VCSE organisations to improve understanding and skills in relation to monitoring and evaluation.

From ongoing evaluation we know organisations are identifying the following additional issues in relation to monitoring, evaluation and impact reporting:

- Limited experience in identifying outcomes and outcome indicators relevant to their service
- Unsure where to find credible/reliable data collection tools and techniques that are effective/appropriate for use with their service users.
- A limited understanding of alternative data collections tools and techniques for use with harder to engage beneficiaries.
- Limited support that is directly relevant to mandbf practitioners
- Lack of confidence in interpretation and analysis of outcomes data.
- A lack of agreement on what constitutes best practice in relation to monitoring and evaluating mandb projects which is leading to confusion and inconsistency

DELIVERY: Building on the current City Bridge Trust funded project and operating through our existing London networks, this 2yr programme will build capacity within projects to promote confidence in the interpretation and analysis of monitoring and evaluation data, help develop a consistent approach to monitoring and evaluation through the development of a databank of outcomes, outcome indicators and monitoring tools appropriate to mandb projects working with different client groups.

This project will utilise our learning from our current project and address the issues that organisations have highlighted by providing additional support to organisations to increase confidence, knowledge and understanding of monitoring tools and data analysis.

The programme will be delivered by our London based Coordinator.

AIMS: To increase the capability of mentoring and befriending projects to evidence impact through a clearer understanding of relevant outcomes and appropriate monitoring and evaluation techniques

OBJECTIVES: The objectives of the project are to:

- Develop an online resources to identify appropriate outcomes and outcome indicators as well as provide access to and guidance on choosing suitable monitoring and evaluation tools.
- Develop and deliver training to support effectively interpret and analyse of data
- Provide bespoke one-to-one support to organisations support good practice in relation to monitoring and evaluation.

WHY MBF: We have a substantial/proven track record of developing tools and resources and providing support/building capacity building.

MBF are currently actively engaged with 740 mandb projects across London Boroughs.

PROGRAMME OUTCOMES: More organisations will have improved capabilities in monitoring, evaluation and impact reporting by;

- 400
- Enabling organisations to understand and choose more focused and relevant project outcomes/outcome indicators.
 - Developing a data bank that provides information and links to the most effective monitoring and evaluation tools for mandbf projects
 - Providing training and support to mandbf projects to enable them to better analyse and interpret data.

GOOD PRACTICE PRINCIPLES: We aim to meet the trust's good practice principals by:

- Ongoing dialogue with grass root organisations
- Sharing learning, good practice and evidence with the wider sector, funders and commissioners.
- We will value and promote diversity through actively supporting the development of interventions across ethnic communities, areas of disadvantage and for some of the most excluded people in society.
- This project will have an online presence. We will monitor online activity.
- We have ongoing carbon footprint monitoring and evaluation practice in place and promote this to the sector.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

NA

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Investors in People

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

An online database of standard outcomes and outcome indicators to enable mentoring and befriending projects to easily identify appropriate and relevant outcomes for their project(s)

A complementary databank of the most credible and reliable monitoring and evaluation tools used by mentoring and befriending projects with information about application and effectiveness.

A programme of formal training for up to 80 organisations on 'interpreting and analysing data'

One to one support for up to 120 projects needing advice and guidance on how to develop their approach to monitoring and evaluation.

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What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Participating organisations will be more confident in selecting appropriate monitoring and evaluation tools

A set of standardised outcomes and outcome indicators relevant to a wide range of mentoring and befriending projects.

Organisations better able to capture accurate and relevant monitoring information about their organisations

Organisations able to demonstrate the impact of their mentoring and befriending projects in a more consistent and reliable way to funders and commissioners.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

There will be no project activity after the project however the lasting legacy of the data banks accessed via the MBF website, once developed and established, will have minimal cost implications for upkeep and content will be maintained and updated by MBF.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

100

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Coordinator Salary	25,661	26,174	0	51,835
Project Worker Salary	13,739	14,014	0	27,753
Travel and Subsistance	1,500	1,530	0	3,030
Telephone costs	360	367	0	727
Head of Programmes and Development salay contribution	1,832	1,869	0	3,701
Training Venue Costs	4,000	5,500	0	9,500
Training resourses	1,000	1,100	0	2,100
Web based tool development	3,000	3,000	0	6,000
Overhead Costs	5,742	5,857	0	11,599
TOTAL:	56,834	59,411	0	116,245

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Coordinator Salary	25,661	26,174	0	51,835
Project Worker Salary	13,739	14,014	0	27,753
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TOTAL:	56,834	59,411	0	116,245

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	193,895
Activities for generating funds	1,126
Investment income	0
Income from charitable activities	685,623
Other sources	0
Total Income:	880,644

Expenditure:	£
Charitable activities	0
Governance costs	6,506
Cost of generating funds	933,337
Other	0
Total Expenditure:	939,843
Net (deficit)/surplus:	-59,199
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	0
Investments	100
Net current assets	364,345
Long-term liabilities	0
*Total Assets (A):	364,445

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	364,445
*Total Reserves (B):	364,445

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

405

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
BIG Lottery	0	102,776	119,800
	0	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Deborah Fox**

Role within **Head of Programmes and Development**
Organisation:

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